

# LEARNING WITHOUT WALLS 2017



LEWOWA Photography Competition Winner:

FUNG Chun Hong Sunny, 5 Grace



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## LEWOWA Vision: BE A BLESSING TO THE GLOBE

*'Jesus went through all the towns and villages, teaching in their synagogues, preaching the Good News of the Kingdom and healing every disease and sickness. When He saw the crowds, He had compassion on them, because they were harassed and helpless, like sheep without a shepherd. Then He said to His disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into His harvest field."' (Matthew 9:35 – 38)*

## LEWOWA Mission:

*We equip Pooikeinians as tomorrow's leaders with **Globalized Vision, a Serving Heart, Love and Care, High Self-esteem Courage to Embrace Life Challenges and Life-long Learning** through LEWOWA.*

## Foreword

### >>>What is your "WALL"?

This has been the 13th year for Learning Without Walls. Throughout these years with all kinds of stunning situations in the world – diseases, wars, unstable political situations, natural disasters, etc., we put the suffering regions and people in our prayers; on the other hand, we should be thankful for the unceasing opportunities to explore the world and for God's protection upon every Pooikeinian following Jesus Christ's steps to go "through all the towns and villages". (Matthew 9:35a)

In recent years, I have always been thinking about the meaning of the name "Learning Without Walls". Literally saying, we learn outside the classroom or regular classroom-setting context. This understanding echoes the educational slogans over the past few decades. However, to actualize learning without walls, it is important to ask ourselves, "What is my wall?"

### >>>My Wall of "Denial"

Pastor Jerome Ocampo pointed out that "denial" is arrogance in God's eyes as we human-beings deny and reject ourselves and the surroundings – God's wonderful creation, His gifts to us – our talents, and His plan in our life. He emphasized that only acceptance to true self can push us to full, currently unseen but to-be-revealed potential. "With man this is impossible, but not with God; all things are possible with God." (Mark 10:27 b) "I can do all this through him who gives me strength." (Philippians 4:13) So what is our excuse of saying "I can't"?

### >>>My Wall of "Hatred"

It is not easy to make a decision in this materialistic world. We have numerous choices and as a result we will filter the choices most likely with 'what I don't like' in order to reach the final decision. This thought becomes a pair of sunglasses that we usually wear to look at our surroundings, in mono-grey, brown or blue. Do we sacrifice any other nice colour behind the sunglasses? Do we miss any other inspiring scenes behind the wall of "hatred"?

### >>>My Wall of "Fear"

In one of the best-sellers "Who Moved My Cheese?", Hem was trapped in his victimized mindset, staying in the cheeseless station and blaming it for all unfairness; while Hum accepted the fact that there was no more cheese in the station and he had to head off for a new place with cheese, or else he would die of hunger. Even though Hum left his most familiar cheeseless station, walls of 'fear' were still around him that could make him stop moving. But he made a choice and asked himself, "What would you do if you weren't afraid?"

### >>>My Wall of "Laziness"

Don't you believe that people can change? People can change, but it is just easier for them not to; we can study or work to get a higher rank, but it is just easier for us not to; we can have a more fruitful life experience if we try more and do more, but it is just easier for us not to. Laziness looks very attractive, however, when the whole world is changing everyday and enjoying all kinds of achievements, we will gradually become frogs living at the bottom of a well surrounded by the high walls of "laziness". Only work can give us satisfaction.

### >>>Unwillingness VS Suitability

Every year, students make their LEWOWA programme choices with different feelings and expectations. In the school opening assembly these two years, I gave students a challenge, "The more unwilling you are to join a programme, the more suitable it is for you". From every pair of sparkling eyes in the assembly hall and the positive feedback, I could see students' maturity and all kinds of possibilities in their life. Let's uphold the values of acceptance, appreciation, courage and diligence, to break down all the shapeless walls in life, and to reveal a new world behind.

**Ms Ripple CHAN**

**Head of Learning Without Walls**



## Awarded Programmes of LEWOWA 2017



To enhance learning and teaching quality, we value opinions from teachers, students and parents. Every year in July, we collect comments and ideas through E-Class questionnaires. Prizes will be presented to the programmes with the highest average scores in August, and the awarded programmes will also be put on the election list of Classic Programmes every three years as recognition to Programme Teachers' and Education Partners' contribution as well as the well-designed curriculum.

Categories of Awards	Place	Programme Name	Average Score (out of 5)
Best Local Programmes	1st	Prog. 15: Sailing Classroom	Overall: 4.60
	2nd	Prog. 6: Summer Musical Playhouse	Overall: 4.50
	3rd	Prog. 5: Robotic & Computer Game Design	Overall: 4.30
Best Outbound Programmes	1st	Prog. 24: A Final Reveal of Hokkaido Mystery	Overall: 4.32
	2nd	Prog. 20: Seven Lessons from God in Seoul	Overall: 4.29
	3rd	Prog. 19: Post-WWII Okinawa Summer Camp	Overall: 4.26
Best Original Design (new programmes only)		Prog. 15: Sailing Classroom	Overall: 4.60
# Students' Favourite Programmes	1st	Prog. 25: Horses, Grassland, Stars: A Sojourn in Mongolia	Students: 4.39
	2nd	Prog. 7: Understanding Minorities & Refugees in Hong Kong	Students: 4.34
	3rd	Prog. 15: Sailing Classroom	Students: 4.20

#Only ratings from students' questionnaires will be calculated

## What do Pooikeinians think about LEWOWA 2017?



### Teachers:

The meal arrangement is suitable. (98.7%)

### Students:

Students are given enough encouragement and support to attempt the given learning tasks. (90.7%)

### Other Comments from over 90% of Pooikeinians:

1. The crisis management, safety measures and emergency arrangement are well-developed.
2. The learning objectives of the programme are clear and achievable.
3. During the programme, students' attendance and conduct performance meet my expectation.
4. Students complete their respective work according to the work division.
5. The programme gives participants new challenges.
6. Students are cooperative and calm in dealing with the learning tasks.
7. Students have enough reflection on his/her experience in this programme.
8. The service provider is helpful and respectful.
9. The service provider shows his/her professionalism in the collaboration.
10. The service provider observes safety issues and implements safety precautions (i.e. having fire drills).



## Prog. 02 *Eat the World in Hong Kong*

This was the first time I joined LEWOWA. I learned a lot and also enjoyed it very much.

My LEWOWA Programme was called "EAT THE WORLD IN HONG KONG". We learned about cooking skills and kitchen safety.

On the first two days, the teachers taught us how to cook delicious food, such as Fried Chicken Fillet with Lemon Juice and Black Forest Gateau. When I was frying the chicken, I was so scared that I would be hurt by the boiling oil. But luckily, it didn't happen and the chicken was crispy and delicious.

On the following two days, we had a cooking competition. We spent about one and a half hours to buy the ingredients. We made some dishes we had never tried before and also some dishes we often have at home. It was a new challenge for me and my partner, Cecilia, but we made it and the food didn't taste too bad!

After joining the LEWOWA programme, my cooking skills have improved a lot. Also, I learnt how to select some fresh ingredients and I also met some new friends.

I am so happy I joined this programme! I will cook more at home!

CHEUNG Wing Yu, 1 Love



## Prog. 03 **May Our Dream Come True - Experience on Being Lawyers and Journalists** 志願成真體驗——少年律師和全能小記者

由於我對律師和記者這兩種行業的工作深感興趣，因此便選了「志願成真——少年律師和全能小記者」這個課程。這課程讓我在五天裏體驗律師和記者的工作並學習其中一些重要的技巧，又了解成為律師和記者的專業資格，這些難得的體驗對我來說實在是寶貴的一課。

在「小律師」的部份，我們有機會參觀終審法院、地方法院、警察總部、懲教博物館及監獄等地方。其中最深刻的是到九龍城裁判法院聽審的部份，因我可以親身了解律師的工作及專業守則。走進法院，我發覺一個真正法庭的格局原來跟我在電視上看到的是相似的。另外，在聽審的過程中，我明白多一些法庭的特定程序及禮儀，例如，所有進入法庭的人必須向法官躬身行禮。我又見到一位很年輕的女犯人，她因藏毒而留有三案底，而且她並沒有申請律師為她辯護，只是靠自己向法官求情。這次聽審令我很真實地看見犯法所帶來的後果。

三天時光轉瞬即逝，很快便到了「小記者」的部份。當中最令我獲益良多的莫過於到尖沙咀鐘樓一帶採訪，這種街訪在新聞界稱之為「做扒」。面對著一位位面孔陌生的途人，實在有點不知所措，但為了體驗記者的採訪生活，只好硬著頭皮地迎難而上。隨著時間的流逝，我開始習慣並喜歡上這次採訪，因為當中能讓我學懂如何與陌生人接觸及打開話題。雖然也有不少途人拒絕接受訪問，但採訪最後也順利完成。

總括而言，這次的學習無疆界活動十分精彩且有意義，讓我明白掌握文字其實可以帶來很大的力量，因為無論是律師或記者的工作都是透過文字來表達他們的論點的。

3 Love 李日新



▲於警察總部了解保安系統的運作



▲參觀立法會大門，了解香港司法制度的歷史



▲立法會大樓門前大合照



▲同學正進行街頭訪問



▲到「九龍城裁判法院」聽審



▲同學取得最佳新聞報道大獎



▲模擬法庭辯論比賽



# Multi-intelligence Training Scheme



▲ Tram tour

The Multi-intelligence Training Scheme aims at providing students with multi-dimensional experiences in various aspects ranging from culture, art, history, community services and global issues.

On the first two days of the programme, students learned how to make traditional handicraft at St. James' Settlement. Through dedication, they all took home life-like grasshoppers and dragonflies, and delicious Hakka glutinous cakes! They also learned a lot about the history of Hong Kong through the tram tour from Kennedy Town to Happy Valley. They were all amazed by the rapid pace of modernization in Hong Kong, from a fishing village to an international financial centre.

Experiences in the Crossroads Foundation, a Hong Kong-based NGO, not only enriched their global vision but also fostered their serving hearts. Through the simulation programmes 'Blind X' and 'AIDs X', students 'walked in the shoes' of the victims of blindness and AIDs and understood more about their challenges. This is definitely a first step to eliminate discrimination. Students also learned more about complex global issues that effect tens of thousands of the people, such as poverty, civil wars and epidemics. They can help alleviate the suffering of the victims through buying products labeled as a fair trade or volunteering in the global distribution programme which provides humanitarian aid in over 90 countries.

On the last day of the programme, students learned English from the NET teacher in a fun and interactive way. They also worshipped God through fellowship and with a grateful heart.

KOO Yan Chin, 1 Joy

▼ Worship



▼ Worship



A hand-made dragonfly



Hakka glutinous cakes



Crossroads Foundation



Volunteering in Crossroads Foundation

# ROBOTIC AND COMPUTER GAME DESIGN

## 26/7 DAY1

On the first day of LEWOWA, the program started with a 'design our own computer' game. We learnt to use Clickteam Fusion 2.5 to design our game. The first thing we did was to create our hero character. We used the programs like 'the little painter' to draw our character. I set my character as Obama. Then, we moved on to create our enemy character. I set my character as Trump. I actually fell a bit behind my teammates, so I learned to do my work quicker next time.



▲ First draft of Computer Game Characters

After lunch, we started our Lego Robot Program. My group was the last group to finish the Robot dog. Then we moved on to a sumo robot. We learnt from last time, and finished our robot with good teamwork. We did it a lot faster than before. We were no longer the last group to finish the robot project. We built quite a nice relationship with others in the group.



▲ The first Robotic Dog

## 27/7 DAY2

On the second day, we started the design of a 'boss' in our computer game. I drew Mao Zedong as my boss character, and this time I managed to finish my character within the time given. I even got extra time to improve my gaming, so this was an improvement. I had managed my time to finish the whole game. We also learnt to do programming on our game characters, such as causing the bullet of Obama to hurt his enemy, Trump.

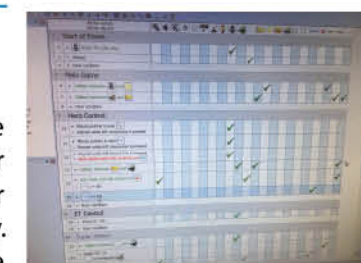


▲ Motor of the robot

In the second part of the program, we started to learn how to use different sensors, such as light and color detection. The sensors helped us to allow our sumo robot to follow the path given by us. And we also had a competition for that. We had to adjust our robot so it would be able to use the fastest speed to finish the path. As a result of the hard work our group put in, we were the fastest to finish. We were quite proud of that!

## 28/7 DAY3

On the third day, we began by improving our computer games. We did more and more programming than the previous day. As there were so many programs in the computer game, there were some errors I didn't notice, so I had to look through them over and over again. But I was glad I finally fixed the entire problem and let the game run smoothly. Today we added the life value of our main and enemy character and, then the game really started to be playable. I understood how hard it was to add the programs to a different character. I also learnt the next day, we would be doing the background. I was looking forward to it because the game would look complete.



▲ Game programming

In the afternoon, we started to build the new sumo robot that our group had decided on. We had to do the robot and programming on our own. In the beginning, all three students focused on our robot body building but then a teacher reminded us that we could do the teamwork better. Unfortunately, I faced a lot of problems with the programming; I couldn't understand why the robot couldn't push the enemy when it was detected. After a thousand times trying, we finally did the program correctly, of course with the help from the teachers. Although we faced a lot of challenges, still I really learnt a lot. It was a challenging and enjoyable day after all.



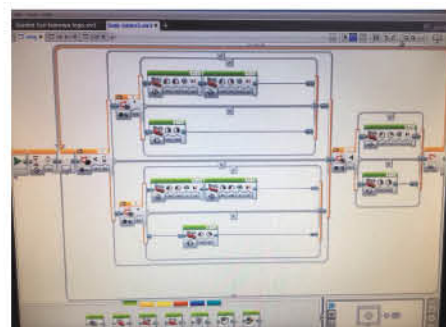
▲ The First sumo robot we've built



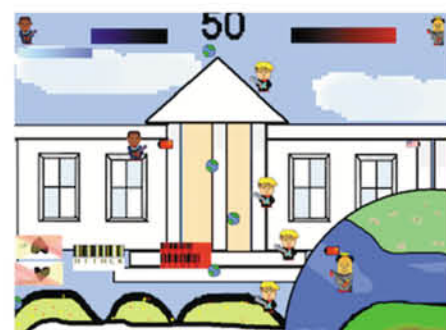
## 29/7 DAY4

Day 4 started with the designing of our video game background. I started with drawing the White House but it turned out to be too hard to draw. Therefore, at the end of the lesson, I still hadn't finished drawing it. We also added a time counter in the game, it ran well. Next, we added the support character for our enemy character, I drew Trump's wife as his support. The supporting character would pop out every 5-10 seconds; it was really fun to play. I felt really great that I could design something like that because before this LEOWA, I literally had known nothing about game programming.

In the second part of the LEOWA program, we kept improving our sumo robot. We had a few problems, such as the sumo robot being too light, too easy to push away and problems like the programming not being fast enough to support our sumo robot to react. This caused our robot to be pushed away too soon and easily. We faced a lot of problems so our group got a bit disappointed. We even wanted to give up. But then we got ourselves together, and kept trying to solve the problems. Even though in the end we still didn't achieve a perfect sumo robot, we had fun and the relationship we built couldn't be compared. I'm so glad our group got along so well. This was the best thing about the whole experience!



▲ Robot programming



▲ My first Computer Game Design

## 30/7 DAYS

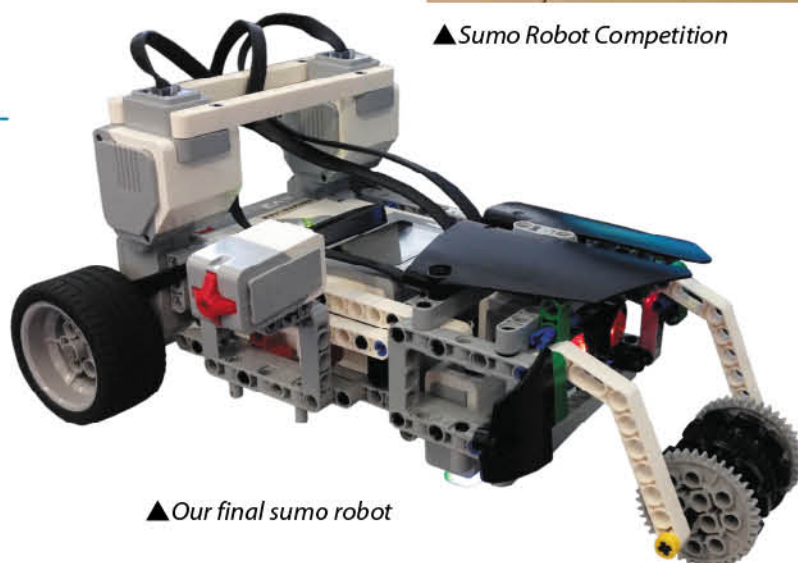
Today was the final day of our practical lesson. In the morning, we added some products that could add up the HP of Obama, who was my game's main character. I also finished the background of my game -- the White House and a garden. We made a starting sensor so that after pressing a start button, the player could go straight to play the game. After adding so many things, the game was finally completed and submitted to the teachers. Seeing myself from knowing nothing to designing a game myself, I was really amazed. I learnt so much about game programming, game character design, different frames and different game levels. I can see how much work is put into the games in the market.

In the afternoon, we had our robot design. Today's robot lesson was all about the competition between our sumo robots. At first, a teacher told me that actually, our group's robot had something better than another group. The body of our sumo robot was longer than the other groups' so we had our advantage. But it turned out our group never got the chance to compete in the third game, so that was a bit unfortunate. Our group lost so easily with the first competition we had, but then unexpectedly we won the second competition. That was the amazing moment for our entire group! Even though our group lost in the competition, it was a great experience for us.

FAN Sin Yan, 3 Love



▲ Sumo Robot Competition



▲ Our final sumo robot

## Prog.06

# Summer Musical Playhouse



## It's all a lot of FUN!

After finishing the musical play with only five days of practice, I feel like we accomplished everything. It was not an easy job to act, sing and dance as different characters in a public performance, so I think we did an amazing job.

"Footloose" is the story we performed in the musical. It was about a Chicago teenager, Ren, who arrived at a small town called Bomont. However, Mayor Shaw banned everything including dancing and all the teens in the town could only follow all the town rules, keeping their emotions only in their heart. One day, Ren understood the reason for the banning of dancing. It was because of a tragic accident that caused the loss of the Mayor's son. With the help of the other teenagers in the town, Ben found himself in the same shoes as the Mayor and finally pulled his walls down. The Mayor then realized how much he missed his son and how it had caused the loss of freedom of the whole town.

It was a really touching story and it brought a strong message to everyone -- 'FREEDOM'. It is not wrong to fight for your own right. My favourite line in the musical is "If there is one thing worth fighting for, it is freedom." In the journey of practicing and performing this 80's story, we needed to wear different costumes. Dancing along with the music was amazing and fun, especially when we did it as a team! Thanks to the backstage, and the soundtrack in the background, everything worked perfectly.

This is one of the most unforgettable memories of this year. I would love to join the program again or perform in more musicals in the future. The teachers were friendly and kind to all of us. We enjoyed the play without worrying, therefore, I am really thankful to have our beloved teachers!

Keona WONG, 1 Love



After all, no one is a real villain



We are liking every single moment of it



Let's open a brand new world of our own!



Dance! Dance! Dance!



Look! We've got poise



We have fun!



Making Friends



a peep into our rehearsal scene

Look at our cute actresses and actors!





# Prog. 07

## Understanding Minorities and Refugees in Hong Kong

This is the best LEOWA programme I have ever joined. I learnt so much in these few days. On top of giving me a fun experience, this programme gave me some memorable lessons.

At the beginning of this programme, I knew none of the others in the programme, so I felt awkward and isolated. During the ice-breaking game, I was so passive and felt hopeless towards the coming days. There was a game about world religions. At first, I thought I knew them all correctly, but I ended up only getting 6 out of 10 correct. I was totally frustrated as I realized I still didn't know much about the place where I lived. It aroused my interest towards the lives of the ethnic minorities in Hong Kong.

In these seven days, we not only learned about the religions of the ethnic minorities of Hong Kong, but their way of life. We learnt about their cultural traditions and habits, for example, the 5K's that are so important to the Sikhs, which are the 5 items that they always keep with them. We had a chance to meet and bond with those from the Filipino and Indonesian communities. We got to hear real life stories from refugees and asylum seekers, to understand why they were forced to come to Hong Kong and what their difficulties were when they got here.

On the last day, I felt a bit depressed because I did not want the programme to end. Meeting so many new friends gave new meaning to my life. I was so proud of all the refugees and asylum seekers as they chose to forget their past and tried to make a new start for their lives. They did not mind how others viewed them, but bravely lived their lives the way they are. All they want is to be accepted and understood by others. This programme also reflects the importance of communication. If we can continue to communicate and understand more about these underrepresented groups, then we stand a better chance to give them the help that they need.

This programme helped turn a new page in my life, and I hope that later on I will have more opportunities to meet, greet and help these minority groups in our community.

Lincoln WONG, 5 Faith

DAY 3



Understanding the Southeast Asian and Nepalese community

DAY 4



Cricket introduction by refugee and asylum seekers

DAY 5



Chungking Mansion and Refugee visits

DAY 6



Refugee Focus groups

DAY 2



Understanding the Filipino and Indonesian communities

DAY 1



Religious Walk

DAY 7

Cross-cultural BBQ at Mui Wo





## Prog. 08 Upcycling - Green Exploration 星級再造——綠識漫遊

於這次的學習無疆界活動中，我有很多不一樣的新嘗試，例如到農田體驗農夫的勞苦、參觀設計精密的新界西堆填區、自製藍染圍巾、於新城市廣場完成街頭訪問及探訪老人中心。當中有很多人和事都令我十分難忘，其中兩樣事情我認為最有趣。

第一件令我認為最有趣的事是體驗藍染。這是我的初次接觸，我覺得藍染的過程十分有趣。我把各種彈珠、橡筋和夾子綁在潔白無瑕的圍巾上後，便把整條圍巾放在充滿染料的大桶內，然後靜待十五分鐘。本來染料的顏色和第一次取出的圍巾的顏色都是綠色的，但經過氧化後，最終成品卻是一條以暗藍色為主色，並有各種白色小花和白色圓圈花紋的手工圍巾。看著圍巾由白色轉為綠色，最後氧化成藍色，令我感受到大自然的奧妙和人類智慧的偉大之處，並明白到只要好好運用隨處可見的材料，便能完成不同的漂染效果，根本毋須使用化學染料，傷害環境。或許用化學物料能夠令日常生活更為便利，但為了方便而破壞環境，便是本末倒置、得不償失。

在另一個活動——參觀堆填區之中，我也有很大得著。經過這次參觀，我對堆填區有一個更深入的了解，明白堆填區的結構是運用了很多人力、物力來設計的，而且運送垃圾的過程也是精心設計的。從中，我學懂了一個道理：「一粥一飯，當思來處不易；半絲半縷，恆念物力維艱」，堆填區這地方就如我們的食物和衣服，都是得來不易的，我們隨意丟的一件垃圾，也會佔據了堆填區的地方。如果那件垃圾沒被完全利用，我們便把它丟棄，這便是浪費，不但浪費了自己的資產，也浪費了堆填區的地方。我們除了要明白我們的資源來之不易，也要明白資源是去之不易的。

在這次學習無疆界的活動中，我所學到的多不勝數，我會把學到的銘記於心，待將來加以運用。

3 Love 周子悅



在長者中心和公公婆婆玩遊戲



在街頭進行環保議題訪問



收集賣剩的蔬果、蔬菜



動手體驗移植通菜



藍染圍巾製作



製造環保肥皂



▲同學投入地為社企設計比賽作準備



▲黑暗中的對話體驗

## Prog. 09 Young Social Changemakers' Camp 「社企——小想法 大改變」計劃日營

本計劃以協助學生了解香港社會的切實問題，以及不同社會企業的運作及理念為目標。學生在活動後能明白不同群體的需要及關心他人的重要，為自己未來訂立發展方向。

活動協助學生深入了解多項社會議題，認識不同的弱勢社群，當中最令他們深刻的是參與「黑暗中對話體驗館」的活動，讓他們親身感受視障人士的限制，增加他們對殘障人士的同理心。更重要的是從他們身上，學生學懂積極的人生態度。在社企YM Balloon聽障導師教授扭氣球技巧的過程中，學生發現他們即使身體有障礙，亦無阻他們勇於面對困難，以及投入社會的決心。學生因此學會了如何以樂觀的心態迎接挑戰，當他們成功用氣球扭成「蛋黃哥」，也不禁興奮地歡呼起來，可見學生被聽障導師感染，整個課室瀰漫著歡樂氣氛。



▲學生扭氣球的製成品

另一個激發學生鬥志的是模擬人生體驗，透過互動遊戲，讓他們明白賺錢不易，向上流困難重重，從而學懂珍惜學習機會，裝備自己努力向上。

一個對學生體力極大挑戰的活動是野外定向，在烈日當空的炎熱天氣下要學生遊走天水圍各個屋苑，他們表示最初也苦不堪言，但他們卻因眼界大開而能逐漸投入。學生誤以為天水圍是一個以中產家庭聚居為主的地區，但當他們到訪不同公共屋苑，訪問街坊和在「街坊市集」天秀墟購物後，便了解天水圍的真實狀況，終於明白天水圍為何被標籤為悲情城市，以及社企的出現又如何能有效令居民改善生活。



▲學生到訪天水圍天秀墟了解社區墟市文化

學生最後要設計一個社企計劃參賽，這任務不但能激發創意，學生更有機會學習營運一盤生意的技巧，當他們計算如何才能令開支平衡時，對「離地」的學生而言，實在摸不著頭腦，他們總算明白社企的營運困難。他們更從不同社企的使命中明白由政府協助弱勢社群之餘，市民也可自救，社企協助他們自力更新，這種由下而上的經濟模式也能提升弱勢社群的生活素質。

在活動完結後，學生皆表示願意參與義工，協助弱勢社群，更會以良心消費形式幫助他們，亦會向家人介紹社企，讓他們認識社企助人的精神，有些學生更不排除將來成立社企，以回饋社會，相信在這活動中撒下服務弱勢社群的種子，香港公民社會的發展會更趨成熟。



▲學生體驗盲人的生活

▼學生在天水圍街市了解當區的物價



▼學生進行模擬人生遊戲以了解未來發展方向





## Prog. 10 Career Planning and Experience

### The Journey of Life

"Life is like a box of chocolates, you never know what you're going to get." So, if you don't get prepared for the bitter taste, you'll never be able to savor the taste of sweetness. That's what this programme is for, a nibble of life that prepares for the days ahead, ensuring your life will be vibrant and unpredictable.

"Breakthrough" is a very appropriate word for the first day in Breakthrough Youth Village. It all stems from first knowing one's personality with the Personality Dimension Test, and learning to work with those who share similar strengths and weaknesses, and to those who do not. It has been a most stimulating experience, and refreshing to know the major differences in working with comparable and dissimilar people.

And that is only the tip of the iceberg.

Career Planning and Experience not only equips one with the knowledge and information necessary to plan one's future, but also important qualities that one must possess for a better pursuit of a brighter future. Filled with work related experiences from hotel visits to internships; and life-long learning activities from leadership training to communication practices, this programme guarantees a fruitful outcome and a sense of satisfaction.

Speaking of satisfaction, we all felt accomplished as we completed our internship. Some earned the satisfaction brought by determination in serving restaurant customers, knowing that their lunch would be filled with delicacies; some discovered the bliss of employing creativity in rehabilitation centers, and witnessing a change in environment; some had fun organizing activities that made children smile; and some understood the toils and burdens of work in a hotel, sighing that studying was less stressful.

It was such satisfaction brought by eye-opening events that caused us to breakthrough our comfort zone into the wilder places beyond, learning of the wonders of the adult world, stepping into the path of self-awareness, and discovering a buried talent beneath the constraining limits one had set for ourselves. The journey of life is waiting for you in this programme, bringing millions of possibilities and delightful surprises.

Joseph LUI, 5 Peace



▲ Be persistent and fly high



▲ Drawing our dream school with groupmates



▲ Good friends will show you the way no matter where you are



▲ Group photo taken before leaving the campsite

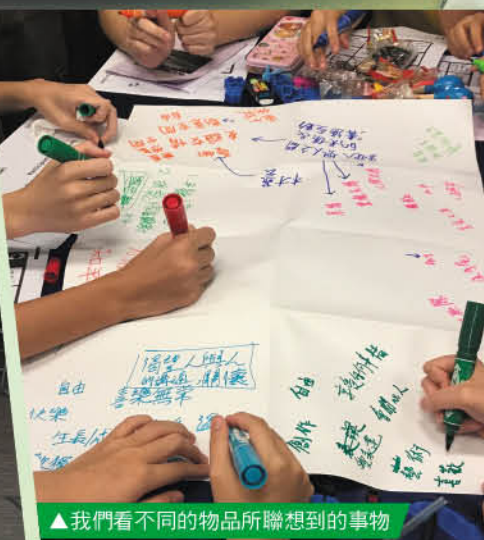


▲ Debriefing

## Prog. 11 Embrace Your Life - SIM JOURNEY 擁抱生命·模擬人生



▲和「真人圖書館」嘉賓大合照



▲我們看不同的物品所聯想到的事物



▲盼望我們的夢想會像飛機般飛得遠



▲除了參與活動外，認真處理每一件事都是我們的強項。



▲要把西瓜皮砌成一個「保齡球」絕對不容易

「擁抱生命·模擬人生」顧名思義就是一個幫助我們同學更了解自己、尋找人生目標的課程。在5位導師的帶領之下，我們了解各人的性格，並因應自己的性格訂立人生目標。在這4日3夜的課程裡，令我最感欣慰的就是同學們認真和積極的態度。在第一天的活動中，雖然同學們並不太熟悉對方，但我們都會豁出去，絞盡腦汁和用盡精力去完成所有遊戲，例如Run Run Run、巨型競技疊杯和巨型冰壺等等，令當天所獲甚豐。

整個課程中令我最深刻的是第二天的活動。在「西瓜保齡球」中，不同同學擔任不同的崗位，有的負責把西瓜劈開，有的負責吃掉西瓜肉，還有的想辦法把西瓜皮重組起來。有一組同學最後沒法把西瓜完整的拼好，但他們依然抱著永不言敗的精神，最後也得到不錯的成績。在這個任務中，我體驗到同學們之間分工合作和堅持到底的重要性，同時間也增進了大家的感情。

我在今年學習無疆界中最大的得著就是發現了自己的個人特徵、喜好、需要、技能以及強弱項。進行「性格透視」這個心理測試後，我們得知自己到底屬於研究型、組織型、真我型還是多謀型。找到自己所屬的類型後，我們被分到與自己同類型的人一組，進行一整天的活動。在與組員一起活動的過程中，我觀察到我們有很多的共同點，包括強項和弱項。與他們相處的時候，我更了解到自己，醒覺到自己有什麼地方可以改進，如何成為一個更完善的人。

參與這個課程，讓我對自己的人生有更明確的目標。很感激導師們悉心的領導，啟發了我們去尋找夢想和教導我們如何實踐夢想，也多得多同學們積極的參與，樂意分享自己的看法，令今次的學習無疆界課程進行得十分順利。希望所有同學在參與這個課程後都更了解自己，能為未來和夢想奮鬥下去！



▲這個課程讓我們認識了更多的朋友

4 Peace 陳灝晴



## Prog. 12 Rainbow Touch – Holistic Leadership Training Journey

This year, the LEWOWA programme that I joined was Rainbow Touch – Holistic Leadership Training Journey. There were outdoor activities and also community service.

On the first day, we arrived at school at 9:00 a.m. and played some warm up games, such as building the lego by following instructions. They gave us a soft toy and we needed to pass it to our group members as fast as we could. My group won those games and got \$730 to buy food for dinner, breakfast and lunch for another day. Then, we arrived at the campsite at Fei Ngo Shan, cooked our meals and set up our tents. At night, we felt very hot and that was a memorable night.

On the second day, we woke up at 5:30 a.m. and we cooked macaroni with ham and prepared hot chocolate. The taste was great and we enjoyed the breakfast very much. After that, we tried the high wire event. It was high but I was not scared. Then, we went back to school by coach.

On the third day, we went to Sai Kung by coach and started to hike there. We walked 8 km for 5.5 hours. It was super tiring and we wanted to give up but finally we completed this mission and arrived at the campsite which was beside the road. Afterwards, we cooked our dinner without any street light and needed to use torches. I think that was the most tiring and unforgettable day in this programme because although it was tiring, the experience was valuable, and not many people have this experience.

On the fourth day, we went to the seashore and did canoeing. I fell into the sea twice because it was difficult to control the canoe. After that, we went into the water again and did snorkeling. I saw many fish and corals. The view was wonderful. Then we walked to the campsite and had a shower. I realized that my scalp was a little bit burnt by the sun and I felt painful. We had a bed to sleep in so that night was great and comfortable.

On the fifth day, we went back to school and cleaned our tents and bags. Then, we went up to the second floor of the school building and used ropes to return to the ground floor.

On the sixth day, we did community service. We went to visit the elderly. At the beginning, the instructors gave us some equipment to help experience the feelings of the elderly. Then, we went to visit the elderly and played some games with them. Before we left, we chatted with them happily. They were not as quiet as I thought they would be and I enjoyed chatting with them.

On the last day, we went to Ma On Shan Country Park. We needed to walk on the rocks and they were super slippery. We needed to slide down the rocks and use ropes to traverse down a large rock. We swam in a natural swimming pool under that rock. At last, we went back to school and had a debriefing. I think that day was the most exciting.

This programme was great although sometimes I felt tired. I learnt many things such as how to work with others as a group. Although sometimes we had different ideas, we were able to solve the problems. I will recommend other students to join this programme to gain some experiences that others do not have. Last but not least, I want to thank all teachers and instructors who have taught me and encouraged me so that I can complete all these challenging tasks.



▲ Abseiling at school

LAU Ming Yan, 1 Joy



▲ Look how high up I can climb



▼ Canoeing at the seashore



▼ Abseiling at school



▼ Cooking in the rain



▼ Hiking under the hot sun



▲ We formed circle of support!

## Prog. 13 Outward Bound® Hong Kong - Teen Explorers

This year was my first time to join the LEOWWA program of SPKC, and I am happy to have been chosen to join Outward Bound®. It was an amazing and great experience for me. Since the activities were highly demanding, both physically and mentally, I faced a lot of challenges. For example, I rowed a kayak, jumped off a pier, joined the high event adventure, cooked in the wild, etc. These events were challenging, and I could not believe that I could step out of my comfort zone.

The second day of the program was really challenging and unforgettable. After our lunch, we started to ride our kayak and went to our campsite. This camp site was in a village with a good sea view. There were only a few villagers living there. However, there were a lot of mosquitoes and cockroaches. To be honest, I was terrified of the insects before, but now I became braver, and I was not scared of them anymore! After our dinner, we started to wash our dishes and bowls. I learnt that sand and sea water could be used as detergent! It was amazing! While we were washing the dishes, we suddenly saw a house full of red candles and the light was flashing inside. We were shocked and scared. We went to look carefully and we saw there was a person standing behind the window and the person did not move. We were terrified and we tried to encourage one another to be brave. Although we did not know the answer why the person was standing there, we overcame our fear.



▲ Hiking in the early morning

This journey helped me become more self-reliant and self-motivated. Also, the program provided opportunities for me to reach my full potential. As a group leader, I had a lot of opportunities to practise leadership. I have learnt that teammates should encourage each other in hard times and help each other when we face difficulties. We should always be supportive and cooperative with others. These traits made a good team. I think this program was excellent and fantastic. I really learnt a lot from it.

WONG Wing Nam, 1 Joy

▼ 1-2-3! Let's move that kayak to the island!



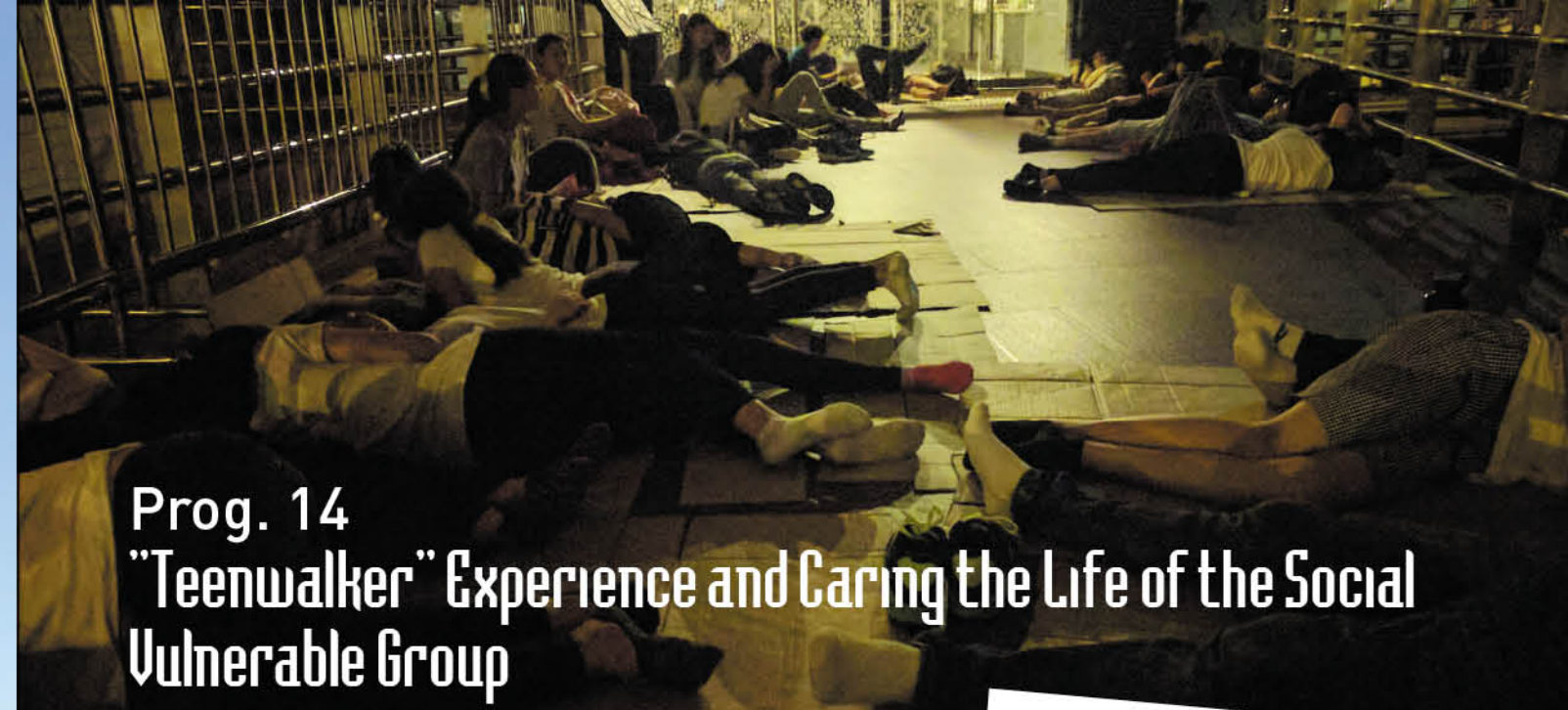
▼ My lovely teammates







▲ Nice weather and beautiful pier



## Prog. 14 "Teenwalker" Experience and Caring the Life of the Social Vulnerable Group

### Day 1

On the first day, we played games for building team spirit.

In this picture, my teammates and I are playing the first game. We were required to throw one pack of paper handkerchief up and catch it back. Of course, we needed to do some other actions with our teammates.



Catch the handkerchief if you can!



What a challenging task!

Here comes my favourite game on Day 1. We needed to lift up the water pipe until it reached the shortest person's height. It really required the team spirit among my teammates. If some of us lift it too fast or too slowly, the pipe will fall down. Luckily, our members worked well as a team.

### Days 2 - 4

During these three days, we visited different places and played games to experience the difficulties of vulnerable groups.

On Day 2, some people with intellectual disabilities came to visit our school. I found that many things that we could do easily in our life were indeed very difficult to be done by them. Also, we needed to communicate with them as if we were talking to a 3-year-old child. This was quite challenging.



Having fun with the elderly!



On Day 3, we visited the home for the elderly. We also experienced their life by trying to take the drinks with some powder added, walking with our legs tied up and wearing shoes with small marbles inside.



Yuck! I don't want to try this again!



Are you strong enough to break the gap?

On Day 4, we played games about the wealth gap in Hong Kong. I learnt that the difference between the rich and the poor was really big. Also, we visited the home of the poor.



Time for rest! We've had an exhausting day.

## Day 5

The last day of the programme was also the climax of the whole programme.

We travelled a long way from Mong Kok to Tsim Sha Tsui. We didn't have much money to take any transport so we walked a lot. At night, although we slept at the entrance of the Hong Kong Space Museum, most of us were so tired that we fell asleep quickly.

I like this programme a lot. It offered me a chance to experience the difficulties of the vulnerable groups.



▲ Trying to find routes to complete our journey



▲ Play games with lots of obstacles



▲ Introducing our IH room to our guest



▲ Group photo



▲ Visit home of the elderly



▲ We are Captain Cool!

## Prog. 15 Sailing Classroom

Sailing used to be a major form of transportation and trading. Now, sailing represents mostly recreation. Little do we know, sailing is way more popular than we thought. Other than racing and cruising, some people actually live on a sailboat. Their mobile home brings them a lot of freedom. They can also travel around the sea areas.

The downside perhaps is the unpredictable weather – the force of wind isn't always in your favour. A violent storm can sweep anytime under the scorching sun. These are what we experienced in these days.

It is a rare opportunity for students to run a ship. Our team spirit and perseverance was put to test. Each sailor on boat was assigned a position; and we took turns. There was a lot of pulling, shouting, climbing, navigating, map reading while maintaining balance. Despite all the hardships, we enjoyed the trip thoroughly.

Ms Pinky NG

### Sharing



▲ Let's cherish this moment.

We were very cooperative and we helped each other all the time. We traveled to Shelter Island twice. I tried to be the person to measure the wind. It was quite fun! We swam in the center of the sea with the crews of Spitoli and the crews of our boat.

We started to prepare some food for our dinner. You can't imagine that we cooked curry meatballs, fried vegetables, fried eggs with tomatoes, and even soup with chicken legs and mushrooms with limited utensils. An hour later, everything was ready. We shared our food with each other.

MAK Lee Yi, 1 Peace



▲ We cooked soup!

▼ We were learning to read sea map

▼ Taking a small boat to the camp site





# Our Sailing classroom



▲成功在日出前登頂，完成了課程的終極目標

## Prog. 16 Strive for Sunrise 追日少年

在今年LEWOWA的第一天，我們先回到學校，然後去購買我們在這五日四夜中所需要的食物，再回校收拾好自己的背包，準備出發。我們去了位於大尾篤的白普理青年旅舍，要在那裏住宿一晚。而在那一晚，我們需要自行預備晚餐。一到煮晚餐時，大家都有點不知所措，大概是因為平時沒有這麼做，一開始有些組員選擇靜坐等待晚餐，但最後也會去幫忙其他預備晚餐的組員。

第二天我們一早就起床，吃完早餐就出發乘搭快艇出海，前往一些偏遠的島嶼，我們還能自己按著地圖的建議路線選擇去登上甚麼島。那些小島都景色壯麗，而且絕非一般的公共交通能到達之處，我們更能嘗試爬上燈塔拍照留念。傍晚時份，經過約一小時的遠足，我們到達了灣仔南營地露營，看見明亮的星空上有著無數一閃一閃的星星，那景象實在是太美麗了。

我們一到早上就得知要去玩獨木橋和跳碼頭。在玩獨木橋時大家都十分害怕，但是組員們也不斷鼓勵和支持對方，令大家都有勇氣踏出更前一步。在跳碼頭時，大家都很享受在跳下去時的快感，但有些組員對那高度感到有點慌張，一時不敢跳下去。在其他的組員一直的安慰和鼓勵下，他們有些成功克服恐懼跳了下去，但仍有些未能成功。於中午時份，我們三組同學要一起划橡皮艇到下一個目的地，我們十分齊心，有節奏地擺槳，一起喊著口號，終於到達目的地。那晚我們坐在碼頭上享受著海風吃晚餐，享受美好時光。



▲我們一行三十多人浩浩蕩蕩整裝待發





我們是：

# 追·日·少·年！

來到了最後一天，凌晨二時半，大家從睡夢中醒來，三時正正式出發上牛耳石山。經過兩個多小時的努力，三個小組終於在五時半全部到達，感受日出的美。終於太陽於五時五十分左右出來，日出的景象振奮人心，使人感到之前所有的辛苦和疲累都是值得的，我們也終於真真正正名副其實的成為『追日少年』。

我們親眼看到自己組員五天裡的成長，由第一日小組做事散慢，沒有團隊合作性，只顧自己，到最後與組員一起完成所有挑戰，每人都明白到合作的重要性。我們經歷了不少的挫折才走到這一步，經過導師三番四次的懲罰和提醒，自己浪費自己的休息時間和多次失敗後，我們一步一步成長，慢慢趕上時間和進度，找到默契，完成團隊橡皮艇挑戰，清潔和起居飲食，到最後完成登山看日出。在背後有更多大家看不到的改變，我們變得不像從前般自私，懂得做好自己的本分，學習為事情負責任等，這些都是成長的重點。



「我們登上了一個個人迹罕至但景色壯麗的島嶼」



Prog. 17

## A Real Life-traveler in Taiwan 電波少年流浪記



▲離港前來一張團友大合照。

電波少年流浪記一開始給我的感覺是很辛苦的，不過經歷這七天後，我發現並不如我想像中那麼辛苦，我亦十分享受這次的流浪旅程，不但因為我有一班好隊友，還有很多在背後默默付出的台灣人。雖然一開始我們看不見，但他們對我們默默付出，不求回報。最初我們不懂感恩，但到最後，我們賣藝不單是為了賺錢，而是向台灣人表達我們對他們的愛。他們的熱情和他們的愛令我們團結起來。

此外，我亦很想感激我的一班好隊友，一班「傻仔」。他們一直在背後支持着我，遇到挫折時並不會 辦法追夢，可能對其他人來說一個小小的心願不算是什麼，但對我們來說一碗牛肉麵已經是一個很大的滿足。

另外，我也很想向我們的導師說聲謝謝，在這七天裏一直在我們背後跟隨着我們，他們並不知道我們將會去哪裏，但也會無條件地信任我們，讓我們發揮。在晚上的檢討會上願意聆聽我們內心的感受，還教會我們很多人生的道理，願意成為我們的聆聽者，聆聽我們發洩不滿。此外，他們還願意陪我們一起追求夢想、一起到處去闖、陪我們一起瘋癲。十分感激我的組員及導師，在最後一日一起不睡覺，四點多到海濱公園一起看日出，令我在今年的「學習無疆界」留下深刻的印象，以及畫上一個完美的句號。

在這七天裏，我們從不相識到現在能夠交心，這個過程並不容易，我相信這是神的恩典，是神讓我們一同參與這個課程，牽引我們在同一組裏面，分享我們內心的世界，一同經歷喜與悲。參加這次「學習無疆界」課程後，我的確成長了很多，亦學會常存感恩的心。

4 Hope 廖紫鈞



在長遠的路程中，能停下來與美景融為一體，多幸福呀！



一張張獨特的染布，構成了一幅美麗的圖畫。





第一組賣藝中。

在這個旅程中，到處都能體會人生道理。到底這個旅程是否有價值，有意義，就取決於一個人看事物的心態和敏感度。

#### 石頭

在岸灘上的石頭，經過海水的不斷沖刷和打磨，才能變得圓滑。我們的人生也是如此，沒有洗刷就沒有磨練，沒有批評就沒有進步，沒有失敗就沒有改善。

日常生活中，我們面對著不同的困難和挑戰，我們以什麼的心態來面對，就是邁向成功的關鍵。當人們給予意見時，我們是否認真聆聽，認真思考，都取決於我們。

一些看似微不足道的事情，久而久之就會形成很大分別，每天一小步的改變，都會成就未來的一大步。

#### 金錢財富

整個旅程中金錢都是一個課題，我們嘗試運用有限的金錢完成七日的旅程。在旅程中，我們難免有迷失的時候，為金錢而煩惱。可是其實有很多事是不能以金錢衡量的。

聖經馬太福音6:26-32：「你們看那天上的飛鳥，也不種，也不收，也不積蓄在倉裡，你們的天父尚且養活他。你們不比飛鳥貴重得多嗎？你們哪一個能用思

慮使壽數多加一刻呢？何必為衣裳憂慮呢？你想野地裡的百合花怎麼長起來；他也不勞苦，也不紡線。然而我告訴你們，就是所羅門極榮華的時候，他所穿戴的，還不如這花一朵呢！你們這小信的人哪！野地裡的草今天還在，明天就丟在爐裡，神還給他這樣的妝飾，何況你們呢！所以，不要憂慮說：吃什麼？喝什麼？穿什麼？這都是外邦人所求的，你們需用的這一切東西，你們的天父是知道的。」聖經中正正指出我們根本不需要為生活擔憂，因為我們所需的一切，上帝都為我們準備。

#### 貧富懸殊——水向低流

為什麼世上有貧富懸殊？為什麼水向低流？在旅程中，我們物質缺乏，承受不同人的恩典，不同人的幫助，感覺實在美好。在香港，我們並不缺乏，生活無憂，卻為什麼在台灣才能感受到愛，感受到關懷？

當世上沒有缺少，就沒有豐盛；沒有缺乏的一方，豐盛的一方就不能給予幫助，人就不能感受到愛。

肯不肯去改變在於自己，肯不肯去關懷也在於自己，人生怎樣走由自己決定。那麼你想有一個枯燥的人生，還是一個無憾的人生？

4 Peace 尹令愉



因為載便車而認識，並且請第二組吃晚飯的一家人。



第一組在公園中實現自己的願望。



是恰巧還是上帝安排？  
我們又遇上那家人了！



當第三組遇上熱情的警察。

▼與布農族原住民的大合照。



▼第三組賣藝中。



▼在夜市再巧遇了我們昨天認識的那家人。其實事後知道不是巧遇，而是他們專程來找我們的。





## Prog. 18 Cycling for Touching Taiwan



Our alumnus, Anson, now becomes our coach.

This year, I participated in an overseas program, 'Cycling for Touching Taiwan'. Even though I had been to Taiwan for more than five times, I still saw, ate and learnt new things on the way and it was a very unforgettable experience for me.

Our first cycling trip in Taiwan was on the second day, and it was my first time to ride on a bike for a long distance. It was not bad for the first kilometer. But as time went by, it got hotter and hotter without a single cloud in the sky, the journey became much harder even though it was the shortest distance trip in the days that we cycled. I am glad that I did not give up as the destination that we headed to was famous with a

lot of delicious food of large portions which I almost could not finish. Overall I learnt that if you never give up, there would be something good waiting for you.

On the fifth day, we went to two places. One of them was full of traditions and customs of old Taiwan. There was a lot of cool stuff that I did not often see in daily life, such as wooden artifacts, dolls made of flour, etc. I bought some of those and they looked fantastic and were carved very precisely. Unfortunately, no food caught my eye; it was mostly traditional sweets that tasted average.

In this program, I learnt that whatever we are working on, even if it is just helping with the housework or studying, we should not give up despite the hardship as it will be paid off in the end. Also, I learnt that, sometimes, not every task could be finished on my own, and we might need a team to back us up. If I did not have my teammates to support me along this trip, I think I could never make it to our destination so quickly.

CHEUNG Wang Ngai, 3 Grace

Mission completed! I caught to the train.



Even though there is no bike shop, we can still repair bikes on our own.

The museum emerges from the ground in a similar fashion to that of a cuesta!



We are one!



Let's head to Yilan, hometown of Jimmy Liao!



No worries! I got you, my brother.

*Beautiful*  
view with cool buddies!





The field in the camp.

## Prog. 19 Post-WWII Okinawa Summer Camp

This year, I joined "Post-WWII Okinawa Summer Camp" as my LEOWA programme and I really enjoyed the 7 days I had in Okinawa.

On 25/6, we went to visit a church called Okinawa 611 Bread of Life World Mission Church. We attended the bilingual service and sang many songs to worship God. I had never attended a church service in Hong Kong so this was a brand new experience for me. During the two-and-a-half-hour service, we spent most of the time standing. It was so different from the worship in our school.

We visited the Okinawa Churaumi Aquarium on 26/6. I had already visited this aquarium during my last trip to Okinawa, which was 9 years ago. I could still remember the touch pool at the very beginning of the visit inside the aquarium and those whale sharks. It seemed as if not much had changed.



Cape Manzamo and the East China Sea.

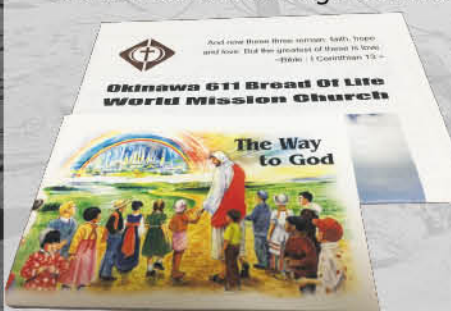
Some animals inside the aquarium were endangered and they might become extinct soon because of human destruction of the environment. This greatly harmed and affected the habitat of the animals. We should stop destroying their habitat and avoid dumping rubbish and toxic water directly into the sea.

On 27/6, we visited a tourist attraction called Cape Manzamo. Facing the East China Sea, Cape Manzamo was a rock that looked like the trunk of an elephant. The scenery there was very beautiful. The ocean and the sky were blue and you could clearly see the line where they met. The sound when waves hit the rock was relaxing. My friends and I enjoyed the time we had there. We could hardly see this kind of views in Hong Kong due to heavy air pollution and water pollution. The visit to Cape Manzamo raised my attention towards the serious water pollution that had long existed in Hong Kong. Not many seas looked as blue as Cape Manzamo. Everyone has the responsibility to keep the seas clean as the nature belongs to all of us.

I was in a camp from 28/6 to 30/6 with Japanese students at Hokuzanso Nakijin Baptist Camp. The campsite was beautiful and the house where we lived in was big and wonderful. Although the house would get very hot without air conditioning, I enjoyed spending hours chatting with my friends on the attic. There's a beach near the camp and I was amazed by the blue sea and the smooth sand when I first visited the beach. Despite the fact that I was wearing jeans and T-shirt, I rolled my jeans up to my knees and ran into the sea. At the very end of the camp, when we were leaving the campsite, the Japanese students and teachers waved to us. This made me really sad as I really enjoyed the time we had together and I didn't know if I would have the chance to meet them again in the future.

I found these seven days in Okinawa fabulous. I've met a lot of new friends from other forms or even from Japan. I got to know more about the cultural differences between Japan and Hong Kong and went to many places that normal tourists wouldn't go. This programme is meaningful and I would like to join the programme again if I have the chance.

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The gift that Okinawa 611 Bread Of Life World Mission Church distributed to us during the church service.



The whale shark in Okinawa Churaumi Aquarium.



The beautiful beach close to the camp.

Prog. 20

## Seven Lessons from God in Seoul

This year, I joined the LEOWA programme number 20, "Seven Lessons from God in Seoul", from 25 June to 1 July 2017. Through wondering we learn our lessons from God. Even though this was a bit too demanding for me, I still enjoyed it. I would like to share my experiences with you in this article.

### Day 1 : Hong Kong to Seoul

We flew from Hong Kong to Seoul. However, there was a delay of the flight time, so we gathered and had an additional briefing before the programme. We knew some basic information about one another and had some warm-up tasks before the programme started. After we arrived in Seoul, we used around 25 minutes to find out the location of our hostel and thanks to our group-mates who had been to Seoul before, unlike other groups, we got there without any obstacles.



### Days 2-3 : Learning the History behind Seoul



On Day 2, we learnt about the history and culture by visiting the old palace of Seoul noble, and went to a museum that showcased some traditions of Seoul.

On Day 3, we visited the war memorial to learn about the war history of Korea under the occupation of Japan. Personally, I'm not a fan of history, but still, I learned a lot through these activities.







## Day 4 : Relight the Fire of Seoul

We went to Nami Island. We met Mr. Kim who was a butler of the church during our worship in the morning. He accompanied us during the journey because he said this was the job our Lord wanted him to do. In my experience, we learnt how beautifully God does his work through the people we meet.



## Days 5-7, The Power of Silence and Back to Our Home

On Day 5, we kept silent to let ourselves get closer to God for an hour. Although this was exhausting, I successfully shortened the distance between God and myself through the silence. We went to Hang Gang for cycling the day after, which was memorable for me.



Day 7 was the last day of our trip. We bid farewell to Seoul and came back to our home.

YEUNG Kai Yan Karen, 5 Love





# Prog. 21

## The Exploration of Sino-Japanese War

### 中日戰爭探索之旅



▲準備出發



▲崖上的波兒靈感原地



▲與當地學生一起玩集體遊戲



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▲到當地高中進行交流

這個中日戰爭探索之旅使我們具體地感受到二戰的歷史，例如參觀原爆博物館，了解原子彈的威力，參觀大和號，了解日本海軍和造船業的科技，如何令日本在太平洋戰爭取得壓倒性的優勢，參觀毒氣博物館，使我們感受到戰爭罪行的可怕，從而珍惜和保持和平的重要性。

此外，我們在這六天也加深了對日本文化的認識。還記得「返尋味」的中學交流，傾談間了解二戰對廣島市民的長遠影響。除了認識朋友，我們發現日本學生需要自行打理課室，以訓練自理能力，這是香港學生缺乏的一環。

我們同組的組員都守望相助，每天早上叫鄰房起床，照顧同房的室友，提醒組員帶齊物品，都令我們更感受到的是人與人之間的聯繫。我們經過這星期，學會了關心他人和有耐性。於分組活動中，學到了解難能力和時間分配等，例如一起逛本通商店街，要分配時間選就不同組員的需要，這些都是我們難以忘懷的經歷。

除了中日戰爭外，我們還可接觸有關太平洋戰爭和體驗日本生活文化。無論是對歷史着迷或完全沒有興趣的同學，也希望他們能有所得著，並把中日戰爭的殘酷銘記於心，避免再次開戰。

5 Love 林俊濤

我們這一組



在大久野島餵兔子



他們是宮島神社的守護者



▲學習摺紙鶴



# Prog. 22

## Exploration for Further Study in Taiwan and Macau



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▼平靜的池水與樹林的倒影構成一幅美麗的圖畫。

## Prog. 23 From Pictures to Words – The 2nd Travel Journal of Hokkaido 從圖像到文字—第二本北海道遊記

In this LEOWOW programme, we visited the universities in Taiwan and Macau to get a more detailed concept about our future path.

In Macau, I visited the Institute of Tourism Studies. We were amazed by the facilities and services provided by this institute. There was even a master programme for wine and tea connoisseurship. The University of Macau was bigger than I expected. The campus environment was fascinating. Furthermore, through visiting the historical buildings in Macau, we got a better understanding of the Portuguese culture.

In Taiwan, I was amazed by the natural environment of the universities there. In DonHai University, 70% of their campus was covered by trees. They even had their own farm with cows, chickens and peacocks. They focused on preparation for work more than the studying of theories. This programme has helped me focus on my future field of interest, which is Life Science.

During this trip, I had more quality time with my best friends. We became sisters to support one another in our future paths. I am glad to have participated in this programme in my last year of LEOWOW.

SIN Lok Hang, 5 Love



旅行讓人呼吸每座城市的空氣，接觸每座城市的人兒，觀看每座城市的風景。身在香港，這個渺小似沙粒的城市，在這兒學習、在這兒工作、在這兒生活……如果你不出去走走，你就會以為這就是世界。有緣之下，我參加了「第二本北海道遊記」，展開了五天四夜的旅程，在旅程中釋放一直綑綁著我的生活壓力。

拖着沉重的行李走進飯店，踏上數級小樓梯，服務員不忘在旁邊擺放小斜坡，讓旅客輕鬆地拉着行李上台階；在女性廁所裏，擺放著適合四歲以下男童使用的小馬桶，好讓母親攜帶孩子如廁；候機室旁，設立了一間「授乳室」，方便媽媽在隱蔽的地方哺餵母乳……這些貼心的設施，反映出日本人的細心；他們的細心，反映出他們對生活的認真。擁有認真的生活態度，能改變一個地方的氣質。

安置好行李，前往登別溫泉地獄谷。剛下了車就能感受到刺骨的寒風和聞到撲鼻的硫磺味。抬首一看，一片原始森林被切割成一半，它的右邊是幾座光禿禿的山丘，土黃色的泥土表露在外，旁邊豎立了一塊孤獨的木匾，還有那些零零碎碎的灰色石塊，密鋪在山丘周圍。那裏白煙飄逸，它們跑到天上，化在烏雲之間。一條人工搭建的小木橋延伸到山丘盡頭，數條又黃又灰的支流迂迴曲折，不時交錯橋下。走到盡頭，有一個圓形小溫泉，不斷湧出沸騰的地下泉水，形成數個聚集在一起的小水泡，四周的霧氣模糊了鏡頭，為景物添加了一份仙意。伸手接近小溫泉，能感受到一道又一道貼近手心的暖氣，驅逐我身上的寒。寒中帶暖，這是大自然取長補短的真實姿態。它是一道夢幻、壯麗的景致，令人心神俱醉。

▼小樽運河旁邊的荒廢房子原來是昔日的倉庫，但是現在卻成為了市民常去的餐廳。



▼花未盛開已很美，可以想像盛開時會更美。

▼同學在體驗古人鑽木取火。





隔天走進薰衣草花田，期望看到的是被紫色渲染的大地、濃郁的花香、燦爛的日照、蜂蝶交舞……但映入眼簾的是一排排花苗、還沒穿上完整花衣的泥土、死靜的昆蟲和灰暗的天空。與照片相較，顯然有點黯然失色。前方一座晶瑩剔透的玻璃小屋，我走前，探頭屋內一看，是一塊一塊分割好的小花田，上面種植了艷麗悅目的被子植物。粉色、紅色、黃色、橘色……它們長得幼嫩，每天被園丁小心翼翼地保護着，澆水、施肥、打理，被陽光養育。一道玻璃格檔了外面的寒風寒雨，無比溫暖和平靜，像父母的愛。用一雙有力的臂膀抱着子女，為他們遮風擋雨，隔開外頭的危險，好讓他們茁壯成長，我帶着心頭的暖意走出屋子。走過一條樹影婆娑的小道，到另一座山丘後的花園。這次眼前的是一道道排列整齊的花朵，開始略有姿色。這些初長成的花兒，練習着如何展示婀娜多姿的形態，它們為大地添色，形成地面上的彩虹。靠前一嗅，清淡而低調的香氣。在寧靜的花田間漫步，是心靈上的治療。把心思帶離煩囂的城市，閉目養神，這是一種療癒。它們沒有百花爭艷，競相逞美，而是群居和一，魚水相投，令人看得舒服，心曠神怡。

在半小時的路程外，是片青池。池水經過時間的沖洗和陽光的照耀，池底的礦物質漂染出美麗的青藍色，白木如一支支牙籤豎立在池間，與身後的高山及天空合併，是一幅人工油畫。

時間如白駒過隙，來到旅程的最後幾站。在和風麗日的商店街道漫步，踏在這片杳無塵埃的土地上，乾爽的微風輕輕帶過，使人怡然自得。距隔十里的垃圾桶，乾淨的街道，是日本人對生活環境約定俗成的習慣，是值得提倡的自覺精神。

離開了那片整潔的土地，到達了唯美的小樽運河，那裏有日本威尼斯的頭銜。充足的陽光，照射着屋子和河流，人們或整個城市，暖而不熱，河面上閃爍着無數金光。小船上的人向我們歡呼，從他們的面容，我感受到喜悅。坐在河畔的人，靜靜地描繪運河的景態，把六月三十日的那些景、那些人、那些事，都記錄在筆下。可能我們成為了其中的角色，在畫紙上停留。我在那兒渡過了一個愜意的下午。

日本人營造出一個安閒舒適的生活環境，使旅客能在此處小憩一下。在香港，也有具特色的遺址和自然景觀，但基於競爭激烈的社會風氣，人們漸漸忽視本土物質與非物質文化，忘記了香港的美。大部份文物與景觀已遷拆，開發或沒落。相反，日本人對本土文化的尊重與呵護，實在值得我們仿效。

旅行就是如此奇妙，漫步他鄉，放下平日的千斤重擔。又從感受異國文化、風情延伸到回憶個人情感，以及對比各地的風俗差異，途中我們會產生許多自己的想法，這是只有旅行才能教會我的課堂。

4 Hope 侯文迪

▼ 烈日當空，這隻北極熊會否感到炎熱呢？



▼ 旭川動物園有很多不同的動物，同學忙於捕捉牠們不同的神態。



▼ 小樽運河旁邊的行人路有不少的小攤。這個小攤賣的是北海道著名景色的圖畫，包括美瑛青池、富良野等等。



▼ 海豚的表演真的很吸引，令人拍案叫絕。



▼ 在登別地獄谷不難看到白煙瀰漫



## Prog. 24 A Final Reveal of Hokkaido Mystery

There is so much that we would like to share about the five-day-trip to Hokkaido.

There were several interesting experiences during the trip. First and foremost, all of us experienced an earthquake. Although it was just a very minor earthquake, no one was injured; we still think it was special. None of us had ever experienced an earthquake, but fortunately all of us were safe. After this little accident, we were able to appreciate Japanese people even more; their calm, preventive measures for earthquakes, all deserve admiration from all around the globe. In addition, we had a short interview with local Japanese which was also a fun experience. Even though we could not speak Japanese and they could not really speak English, we still managed to communicate by using body language, and it was a fun experience.

We believe that the most unforgettable activity was visiting the museum about volcanoes. There is never any huge natural disaster in Hong Kong, so it is hard for us to know what it is like. We know a lot more about how the warning system works in Japan, how the residents can leave their homes efficiently and safely, it really broadened our horizons.







## Prog. 25 Horses, Grassland, Stars: a Sojourn in Mongolia 野馬、草原、繁星： 漫遊蒙古國

All of us found this trip meaningful and useful for our daily lives. We have learned to be punctual and polite. We found that the Japanese are a group of people who are very logical. They put a lot of attention into details; for example, they ask customers several questions before they buy something, which can really allow the customers to make sure they want that product.

In addition, we should be thankful for what we are given: drivers, tour leaders, our parents, our friends; even our safety and our health. We should not take these for granted. There was a lot that the tour guides did for us – they helped us check in, made sure that we were safe. The driver had to wake up even earlier than us but probably slept later than us. However, he couldn't sleep in the car and had to pay so much attention during driving to ensure that all of us were safe. He worked so hard but seldom did we thank him. Sometimes students were naughty and didn't follow instructions, however, the tour guides were so kind and still spoke to us politely.

Our teachers guided us to learn systematically. They had to mark our homework, and all those questions in the homework booklet strengthened our memories of what we experienced and learned.

In short, we found this trip so meaningful and we would love to recommend it to our classmates. We learnt about Japanese culture, but at the same time, this trip reminded us to be thankful for what we have got.

TAM Yeuk, 5 Love  
LAM Man Yee, 4 Peace  
KO Tsz Cheuk, 3 Faith  
LIU Wai Ting, 3 Grace



老師們都坐在蒙古包內的上位呢！

今年的學習無疆界絕對是我中學四年來最難忘的一次。目的地並不是常去的台灣、日本、韓國……而是去蒙古國（外蒙古）——一個培基書院從來沒有去過的國家。原本沒有太大期望的我，經過七日的洗禮，我對蒙古國的看法有著180度的轉變。

從第一日起，在領隊姐姐小艾清楚的講解下，坐了一小時又一小時的車程，看過一個又一個的景點，令我更加喜歡蒙古國。蒙古人非常特別，蒙古國三分之一的人口在首都烏蘭巴托居住，三分之二就是在草原和其他區域居住。但在我短短七日的觀察中，草原和城市的生活融合得天衣無縫。有高聳入雲的摩天大廈，也有傳統的蒙古包。城市人和鄉下人互相交流，城市人每有空就會探望在草原生活的家人。相反在香港，人們即使在郊野公園也只會低頭看手機，卻忘記大自然的存在，忽略身邊的花草樹木。我很佩服蒙古人，他們對大自然的熱愛令他們變得獨一無二。

大合照





蒙古牧民很熱情的招呼我們



七日的行程中，夜宿蒙古包的經歷最令我難忘。我們有三大需要住在蒙古包中，但有兩晚下大雨，令我非常懊惱。有一夜度假村停電數小時，我所住的蒙古包更浸了水，我和朋友要把床移東移西。在蒙古包的三夜，洗澡的水如預期中是冰冷的，在寒冷的天氣下，我可不想再在淋浴間多留一分鐘！

看馬和星星是這個團的賣點！草原上，馬和我的距離就只有數公分；雖然星星和我的距離是以光年計算，但那一顆一顆的行星卻在我眼前像鑽石般閃亮。

最後，能夠與好老師和同學們一起在旅遊巴上唱着無伴奏的聖詩，玩black magic遊戲打發時間，令我心滿意足。要是沒有你們——小艾姐、導遊Ken、三位老師、一班瘋癲的同學朋友——的陪伴，沒有上帝的帶領，這七天也只是平平無奇的七天。最後多謝所有人的付出，希望這段記憶留在我們的心裏，永遠不滅！

4 Hope 潘建章



悠閒的馬



風吹草低見牛羊



睡了三晚蒙古包，親親大自然



Prog. 26

## KOREAN MUSIC CULTURAL EXCHANGE (FROM TRADITIONAL MUSIC TO K-POP)

Frankly, I didn't have much expectation about this programme as I was not interested in music, especially traditional ones. However, I am pleased to have had such an opportunity to visit Seoul and performed music at different venues.

This programme provided many opportunities for us to exchange ideas with local youngsters in music and youth culture and perform in Korea.

I had lots of amazing experiences, such as K-pop dancing, playing the traditional Korean music instruments, wearing traditional Korean costumes and preparing Kimchi at a home for the elderly. We also visited the KBS TV station. We knew more about show productions.

Besides visiting places related to music and Korean culture, we also went to a mega church in Yeouido which was very different to the ones in Hong Kong. The church was as big as a stadium. There were more than a thousand worshippers having service together every Wednesday morning. They sang and prayed loudly in every session actively. Besides, it was quite common for Koreans to have morning prayers at 5 o'clock in the morning.

We also went to Hongik University to visit an alumnus of SPKC who was studying in Seoul. After the sharing, I knew more about the U-life in Korea. In Hangik University, there were many different performing groups who performed music and dancing. There were many different art demonstrations on the campus.

The most unforgettable moment for me was visiting Jeongdong Theatre. We appreciated a traditional Korean show there. The performers expressed their feelings through their movements and music. I appreciated and enjoyed their performance.

One thing which flattered me was that I was able to play my violin with some school orchestra members for the local music teachers. A Korean teacher was moved by our passion and tears were rolling in her eyes after we played our school song and some traditional Chinese tunings.

I will never regret choosing this programme as my last LEOWA programme before I graduate. It is much more interesting than the other programmes that I have joined before.

TANDIONO Evelyn, 5 Love





## Prog. 27 Love, Service, Guests 愛·服侍·客



▲ 學生與匠愛家人在烈日下一齊祈禱



▲ 學生與匠愛家人傾談

「主耶穌，求祢讓我體會到十架犧牲的愛，並且差遣我把你的愛傳開去，阿門。」這是我早陣子領受聖餐時的禱告。沒想到，我會被神安排參加「愛·服侍·客」的學習無疆界課程，於高雄的「匠愛家園」作服侍，意義非凡。

「匠愛家園」在台灣擔當了生命導師、生活教練及工作夥伴的角色，24小時與弱勢無依者共同生活，以基督無私的愛，為有需要的人開創一條能解決M型社會多元化問題及跨代貧窮的出路。

最令我反思的，莫過於匠愛家園中的優質生活和家人的故事

### 從哪裏跌倒，就要從哪裡起來——燒柴婆婆

婆婆年輕時是在飯店工作的，從她眼中縫上的眼線，就知道她為節省化妝時間和跟子女說多幾句話，就忍痛縫上眼線。可是上天不垂憐，他兒子因想創業而向人借錢，到頭來被騙了一大筆金錢，丈夫又不願分擔欠債，結果與丈夫離婚，一人含辛茹苦地養大三個兒女。為養家而披星戴月的她最終忍受不到這沉重的生活壓力，最後被送到匠愛家園尋找「第二人生」，從鬱鬱寡歡變得逍遙自得。還記得她告訴我，她曾經常在操場的椅子上掉眼淚，是從燒柴中尋到人生意義，忘記過去。她特別感恩自己在年輕時不怕受苦，年老了就自然不怕困難接踵而來。

從匠愛的椅子上跌倒，就要從旁邊的燒柴爐站起來！



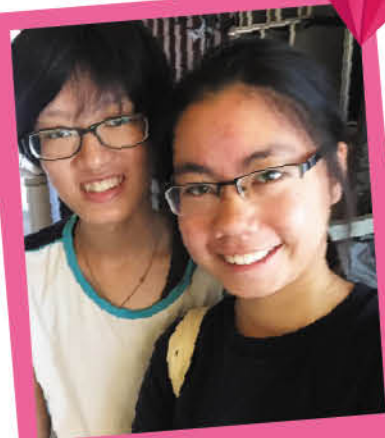
### 如若人在基督裡，一切都變成新的了——婷妮

婷妮是我在匠愛家園最投契的人，她不只是我的服務對象，還是我的老師和家人。她的故事與我很相似，不論在讀書、人際關係、家庭和跳舞上都有很多共鳴。她曾是主修中國舞及現代舞的大學生，在台灣的演藝學校畢業，精通舞蹈，夢想是當舞蹈老師。但一場車禍使她腦部嚴重受創，手術過後更患上了腦部血管硬化症，經常抽筋，使她的跳舞夢成空，頃刻陷入人生低谷。後來她經親友介紹來到匠愛家園，認識了主耶穌，並且決定一生跟隨祂，忘記過去的慘痛經歷。當我問她：「你不會因不再能跳舞而感到絕望嗎？」她堅定的回答我說：「都是以前的事了！神要我經歷如此的慘痛，必會把我從絕望中拯救出來，給予我無盡的恩典！」這句話使我愣住了，更讓我不斷反思，若我們無法擺脫枷鎖，便會停滯不前，原地踏步，自怨自艾便會錯過神的恩典，凡事向前看才是正確的人生態度！



### 有夢想便要拼命去追——靜瑩

「夢想看似不切實際，但其實很有意義。」這短短的兩句話，便是歷屆文憑試的中文作文題目，也是我的作文功課。寫作時，我找過不少成功人物的例子，有美國總統林肯、浪風帆選手李麗珊、為女生爭取學習機會的馬拉松等，誰會想到靜瑩也是例子之一？靜瑩是個愛讀書的女孩，從她循規蹈矩的個性便可知她一定是高材生，是個勤奮用功的學生。可是，她因年幼時發高燒，燒壞了身體的酶，因而細胞不能正常運作，尤其是腦部，使她的學習和記憶大不如從前。對她而言，讀書是遠不可及的，在旁人眼中都是不切實際，何必強迫自己埋頭苦幹？即使別人怎樣質疑她的夢想，她從來也沒想過要放棄。在我們的分享會中，她的目標終於被牧師認同，並且已經戒掉割手腕的習慣，找到人生意義。當一個人擁有夢想，即使有著身體障礙，生命也會活得精彩。



### 鏗而不捨——健閔

我與健閔是在台南玩歷奇時認識的。雖然他是個矮個子，但有著比任何人寬容及溫暖的心，他的笑容是在所有匠愛家人中最燦爛的。還記得當我被安排要跟殘疾人士玩歷奇遊戲時，我不情不願，因為灼熱的太陽正盡情蒸烤大地。當我在埋怨時，抬頭一看，健閔正拼命地攀過一塊又一塊的石頭，向終點一往無前。對腳短的他而言，攀石是無比的艱辛，過程中他不斷失敗，努力不果。匠愛家人們積極打氣，大聲吶喊「不要放棄健閔！」我也在不知不覺間投入其中，渾然忘記了刺眼的陽光。「鏗而不捨」這四字成語早就在小學學過了，但沒想到這是匠愛家人們的生命素質。看著健閔咬緊牙關，強迫自己拖著沉重的步子，心裏有個念頭：「堅持！堅持！」當他手接觸到終點的一剎那，我突然覺悟到：這豈是簡單的攀石考驗？這分明是對我們意志和毅力的雙重考驗！健閔的故事讓我明白到人生有太多的起跑線，有勇氣踏上去坦然面對它的，才是勇者；而能夠堅定信念不移，頑強拼搏到底，最終達到終點線，才是強者！



匠愛家人的故事雖然很坎坷，但正正使我明白到這類的人比比皆是，很需要我們的關心。我與他們臨別時，燒柴婆婆突然哭著拉著我的手，說捨不得我們，即使只與他們相處了四天，我們已成為了他們的家人。領他們走過黑暗的路、為他們打飯、回收資源、與他們聊天，對我們而言是舉手之勞，但足以令他們快樂一整天。「有時候一個意外臨到，足以摧毀人的一生，面對這不完全的人生，有否完美的演繹方法？」這是匠愛家園執行長孔牧師的理念，深得我們的反省。

5 Hope 張莘蕊



▲ 學生在匠愛家園服侍之垃圾分類



▲ 舊廠房為藝術園區



▼ 學生在匠愛家園服侍之推輪椅





▲與「匠愛家人」們一起攀石



▲韓國科學之旅團體照

## Prog. 28 Science in South Korea 韓國科學之旅

說實話，我也沒想到今年學習無疆界會是我在中學五年生涯中最精彩的一個。在我得知這個課程的學生名單後，發現沒有幾個相熟的，活動安排也不具吸引力，於是對這次旅程沒抱太大的期望，沒想到……

在這次的韓國科學之旅中，我們一眾前往韓國燃料公司KOGAS及廢物處理中心，參觀韓國的環保科技，發現韓國的綠色技術遠比香港先進。韓國人利用土壤將廢物覆蓋以革除臭氣，盡量減少對附近民居的滋擾，還在堆填區建造遊樂場，一改堆填區骯髒的形象。

另外，韓國也進一步研發LNG燃料技術，此項技術所排放的污染遠比天然氣等燃料要低，是一種潔淨能源，能有效減低空氣污染。

經過這次的韓國科學之旅，使我反思香港的環保技術尚有改進的空間，例如市民仍然對將軍澳堆填區有所顧忌。香港政府須參考韓國政府的堆填區優化措施，改善市民對堆填區的形象。

而且，這次旅程是我在中學生涯中最後一次的機會，但我仍然有幸認識一眾好友，陪伴我渡過最後一次的活動，留下最深刻的回憶。還記得我和一眾朋友到玩具店夾玩偶，某同學花5000韓元也無法獲得一隻玩偶，相反我只嘗試一次便成功，當我沾沾自喜的炫耀時，那同學過於激動，不停搖晃夾玩偶機，場面非常搞笑。雖然這次活動結束後再也無法一起參與，但我期待著下一次的聚會。

在這次課程中，我既能擴闊眼界，又能認識一班好友，魚與熊掌可以兼得。實在非常感謝一眾老師、領隊和導遊的付出。

我永遠會記得這個中五的學習無疆界課程。

5 Love 黃雋朗



▲食石鍋拌飯的合照



▲與一眾朋友試穿韓服



▲汽車安全測試



▼參加仁川大學



▼最後一天於仁川的合照



說起台灣，不少人可能會提到十里洋場的西門町，或是居於半山上古色古香的九份。那麼說到桃園呢？無非是機場吧，至少在參與這個學習無疆界活動前，我對台灣的想法也大同小異。就是因為我曾經被侷限在這種既定的印象中，這次的旅行才能讓我如此的大開眼界。

不負「商戰桃園」這個主題，這個旅程中，我們參觀了總共九所觀光工廠，所謂觀光工廠，就是台灣政府為了突破工廠的經濟瓶頸而提出的工廠轉型方案。以我們第四天參觀的宏亞巧克力共和國為例，與其說她是工廠，不如說是一個大型的巧克力博物館，有各種關於巧克力的歷史介紹，還有巧克力製作過程的展示區。其中最令我印象深刻的是介紹室裡有一個介紹巧克力原材料的環節，只要靠近在牆上的小機器就可以嗅到原材料的味道，十分有趣。不但如此，共和國裡還有一個小小的溫室，裡面培植了六棵可可樹，一些宏亞製作的巧克力也是用這些溫室可可作原材料的。

而另一樣讓我覺得十分新奇的，是第二天參觀南僑桃園觀光工廠，雖然她是一間食品公司，但我們卻體驗了肥皂和小籠包的製作過程，別看小籠包小小一個看起來不費工夫就可以做到，實際上我們光是把適量的餡兒和已經推好的皮包起來做成小籠包的形狀，也遇上很多困難，比如皮破掉，餡太多，最後大多我的成品都是「小籠包不成小籠包形」，看著師傅行云流水的一個又一個包起來，我只能佩服！

最後一天的拉拉山民宿也是一個很棒的體驗，雖然說蚊子蟲子滿天飛滿地爬，但能換來看到一大片的星空，又何樂而不為呢？說來羞愧，我去之前還不知道牛郎星和織女星之間的距離便是星河，多浪漫啊！真不懂那些嚷著「為了看星而住在這麼爛（蟲子又多）的民宿真的很討人厭！」的女生是怎麼想的……



老師學生試做金工吊飾

對於我這個未來要選企會財當選修課的學生，這趟旅程真的太有意思了，雖然上面我提到的不過是一大堆遊樂的體驗，但其實還有許多數不清在工廠裡面學到的商業知識，希望這些知識將來也可以派上用場，讓這次的體驗更有價值！

3 Peace 游社湊

觀光工廠留影



手搖紡織瓶子套



小廚師大考驗



型男與開心妹



用心製作巧克力甜點



小鳥來吊橋上的勝利手勢





# Hunting for Aurora - A Journey with 尋找極光——新西蘭感恩之旅



庫克山下大合照

今次新西蘭之旅中，我學到了很多東西，亦都體會了很多，這是我參與學習無疆界的第一次出國，所以我出發前很興奮。在第一天乘搭飛機的時候，我們遇上氣流，這次是我第一次遇上氣流，所以很緊張，當我到達新西蘭的時候，我非常感恩平安渡過。我們首先去坎特伯雷博物館，認識了很多以前紐西蘭人的生活模式、文化和歷史。然後便去了基督城植物園，在那裡有很多前所未見的植物，加上美麗的晚霞，令我心曠神怡。

第二天到Riccarton High School上課體驗。那間學校的地方很大，而且上課氣氛輕鬆愉快，在那裡我認識了兩位友善的新朋友，和他們交談，我認識多了關於他們的生活文化。我非常感恩，因為我從來沒想過我可以在那間學校認識新的朋友，如果有機會的話，我希望可以到新西蘭上課。之後，我們便去City Hunt。我們組要自行計劃如何去第七個景點，並且管理金錢和時間，雖然在途中我們多付了錢，但是最後我們也順利解決了問題，我很感恩我有一群很好的組員，因為那個問題是我引起的，但是他們並沒有怪責我，反而還繼續幫助我，而且在組長的領導之下我們組變得非常有默契和士氣高昂。

第三天我們去了羊駝農場餵羊駝，當我第一眼看見他們的時候我已經喜歡上了，在那裏每一隻羊駝也有自己的名字，雖然地面骯髒，但是我仍然很樂意踏上去接觸羊駝。之後參觀牧羊犬石像時，我覺得牧羊犬很偉大，如果沒有他們的話，羊群便會周圍走，那就很麻煩了。我非常之高興並且感恩可以趁這次機會去接觸和嘗試新的事物。

第四天是我在旅程中最喜歡的一天，因為我可以看見星空和銀河，星星是我從小最喜歡的東西，因為它們一閃一閃很獨特。在那天晚上，我們上山

看見很多很多星星和銀河，導師向我們講解南十字星的意思和如何分辨真正的南十字星，南十字星是可以定位的，而且在南十字星的旁邊有兩顆人馬座的星星，可助我們尋找方向和辨別真正的南十字星。我十五年來從來也沒用過望遠鏡真正看過土星、木星和月亮，以前只是在書本上看過，所以說「讀萬卷書不如行萬里路」真有道理，其實可以說和一群朋友一起看星星銀河是我的夢想，如今終於達成了，所以我非常感恩。

終於來到第五日了，也是這趟新西蘭之旅最後的一天，我們這天去了國際南極中心體驗。這天我們去體驗南極的暴風雪，當時溫度由-8度降至-17度，我們所有人都圍成一團，我非常印象深刻，因為這是我第一次感受暴風雪的威力，暴風雪可以有足夠的威力吹走人們，所以一定要好好防備。我們也學到了很多關於南極的知識，例如南極最低溫度為-82.5度。之後我們有機會觸摸雪橇狗。我以前認為雪橇狗會很恐怖，但是我發現原來雪橇狗是非常可愛的，有一隻還反轉了肚子給我們摸。還有在軍車乘坐體驗時，我們組在車裡不停尖叫，非常刺激。真的很感恩可以有這些經歷，很可惜我們要離開新西蘭回香港了。

經過這次的新西蘭之旅，我學會了很多東西，亦都有一些前所未有的體驗，例如觸摸羊駝、雪橇狗、觀看星星銀河、體驗南極等等。全部經歷我也非常喜歡，亦很感恩我的父母給我這個出國的機會去嘗試獨立、自己一個人打理自己的行李、管理時間及和別人相處。我亦很感謝我的室友，因為他會時常提點我，亦會在生活細節上幫助我。最後也很多謝老師給予機會。如果再有機會，我必定再到新西蘭去。

3 Love 曾煦雯

## Grateful Hearts in New Zealand



地震後復修中的教堂



在約翰山天文台夜間觀星



從山下遠眺雪山



地震後待復修樓宇上的壁畫



農場裡的羊駝



庫克山冰河的大合照



Prog. 31

# Mathematics Everywhere @

# SYDNEY



Group photo in front of the Sydney University



Finding the angle of elevation of Sydney Harbour Bridge



We were all very happy to enjoy our dinner

This year we joined the LEWOWA programme "Mathematics Everywhere @ Sydney". It was a fruitful and unforgettable experience. We have learnt a lot during the program -- about Mathematics and life.

I was quite surprised that we learnt Mathematics through many unusual ways in the program. The learning mode was totally different from what we used to have in the classroom. It was really interesting and enjoyable.

First, we learnt about the idea of golden ratio through the famous Sydney Opera House and Sydney Harbor Bridge. And we tried to apply the golden ratio in taking photos. I was so glad that the golden ratio camera worked and I could get some beautiful pictures through the composition of golden ratio. Second, we learnt how to measure the distance between two mountains through the speed of sound by visiting the echo point in the Blue Mountains. We also learnt how to estimate the area of the campsite with a given map and our feet.

One of the highlights of this program was the two-day-camp in NRMA Sydney Lakeside Holiday Park. It was worth taking a 1.5 hour bus ride from Sydney. The view there was stunning and we had a good time with our group-mates. We had deep sharing about ourselves at night and knew each other more, so we could finish the assigned tasks together with team spirit. We liked the cooking activity very much. Although we only had limited money and ingredients to cook for 3 meals, we managed to enjoy lots of tasty meals. We really thanked Chef Ilsa for cooking a lot of delicious food for us.

To conclude, I gained a lot by joining this program. Apart from the Mathematics knowledge, we also learnt how to improve our time management; how to be thankful for the good weather, the excellent group-mates and program teachers.

HO Cheuk Lai James, 4 Peace  
CHOI Man Hei, 2 Faith  
NG Wing Suet, 2 Faith

TAI Sin Tung, 4 Joy  
YEUNG Tsz Tung, 4 Joy  
CHUNG Nathan Rhys, 4 Peace

HUNG Man Hong, 4 Peace  
YUEN Ho Yi, 2 Peace  
Ilsa CHAN, 3 Love



Ahhhh...! Hearing the echoes from the echo point



Our professional chef



Comparing the scale of the map and our campsite



Winner



FUNG Chun Hong Sunny, 5 Grace  
(Horses, Grassland, Stars: a Sojourn in Mongolia)

Other Excellent Photos with Merit



FUNG Chun Hong Sunny, 5 Grace  
(Horses, Grassland, Stars: a Sojourn in Mongolia)



## Other Excellent Photos with Merit

**CHENG Yeuk Man, 4 Grace**

(Hunting for Aurora – A Journey with Grateful Hearts in New Zealand)

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**CHEUK Chun Hei, 4 Love**

(Love, Service, Guests)

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**LEE Ting Hei, 5 Faith**  
(Hunting for Aurora – A Journey with Grateful Hearts in New Zealand)

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**TO Chak Tony, 4 Peace**  
(A Real Life-traveler in Taiwan)

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