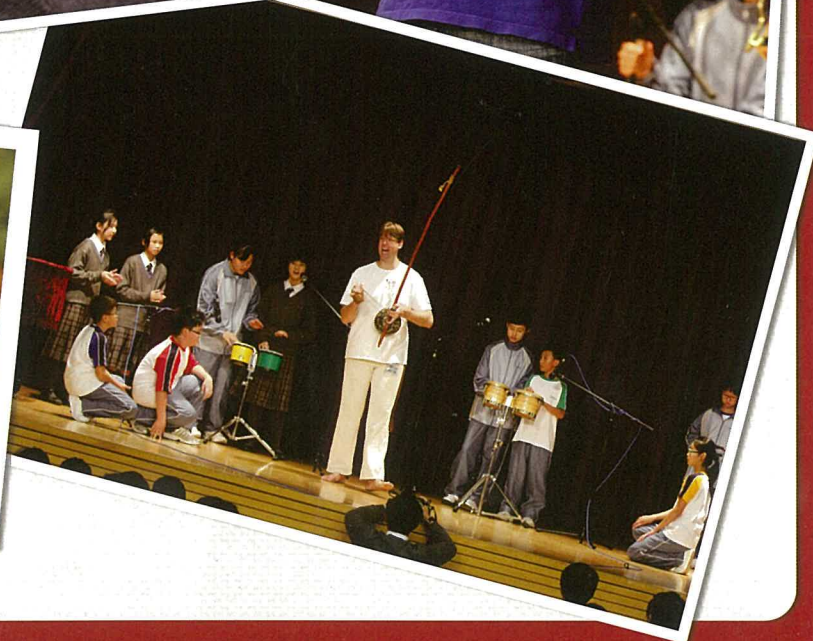


THE EXPRESS



Features:

"Being a Librarian"

*"We Love because
God First Loved us"*

Special:

*"How Far can you Go
for your Dream" —
reflection on "The Way
we Dance"*



LIBRARIAN TEAM



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HOW FAR CAN YOU GO FOR YOUR DREAM?

Katie Chow, 4 Faith

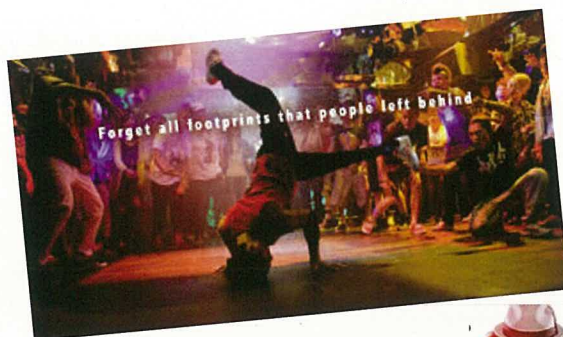
Have you ever dreamed a dream? I think everyone has his or her own dream. Many dreamers may think some of the dreams are difficult to come true. And now I am going to every one of you how to make your dreams come true by studying the film "The Way we Dance".

Every dream is special and unique. Some may dream to be a pop star, a monopoly, a sailor, etc. None of them are useless, so you don't need to worry too much about what others think because they don't know how special your dreams are. Fleur, the main character in the movie, likes street dancing a lot. Although her parents want her to inherit the bean curd shop, she still dreams of street dancing day and night and hopes to join the famous street dance group in the university. Now one day, when a dream pops up in your mind, you need to know the reason behind. For Fleur, she knows that she was born to be a dancer and she knows she truly loves dancing. These reasons give her confidence to pursue her dream.

There will be many difficulties on the way of pursuing one's dream. However, always remember NOT to give up by simply overcoming the challenges ahead with boldness. In the movie, Fleur broke her leg for some reason and she needs to be on a wheel chair for a long time. However, she knows that an important dancing competition is coming. Just at the time when she feels hopeless, the leader of her competitor's team asked her, "How far can you go for your dream?" The leader's leg was cut off after an accident. But he still worked hard on dancing. At last, he can dance the way a normal person dances with two legs. He wants Fleur to know that nothing can block the way for us to chase after our dream.

Dear all dreamers, there is no time for you to hesitate! Just go ahead and start thinking about how to make your dreams come true and then work hard to reach your goal. Always ask yourself: "How far can you go for your dream?" and be brave to get on your way towards achieving your dream.

May God bless all dreamers!



Living an extraordinary life!

Thomas Ho, 4 Peace

In the Student Leader Inauguration Ceremony, Carlton Wan (chairperson of our school Student Union last year) said, 'Live your life extraordinarily.'

Our school set up Form themes for each Form every year, aimed at preparing tomorrow's leaders with character and intelligence. This year, the Form theme for Form four students is Serving Heart and Responsibility. That's a bit abstract for us, so let me show you some examples.

First, form themes are guidelines for every prefect because it develops better characters among them. In my view, Form four is a challenging year because we have to cope with so many difficulties. One of the Form four prefects shared a realistic story to me as an encouragement.

This year, he is responsible for overseeing the Form two classes. One day, when he was on duty in a class in Form two, a student came up behind him. The boy asked the prefect skillfully, 'What is the meaning of "S-c-u-l-p-t-o-r"?' Since the prefect was not very sure of the meaning; therefore, he replied, 'Could I reply you tomorrow?' The boy teased him and was happy in successfully challenging the prefect. After school, the prefect still remembered the question that the boy asked. So when he went home, he checked the dictionary and marked the meaning (the people who makes sculpture) on a piece of paper. On the next day, he went to find the boy deliberately and gave the paper to him. The student was very shocked because he was just making fun of the prefect and didn't assume that he would really help him. After this event, the boy always respects the prefect and says 'hi!' whenever he sees the prefect.

That's Serving Heart and Responsibility! He served a Form two

student and is responsible for his job by answering the schoolmate's question seriously. If you love and care about other people, people will respect you and you will be the leader of them. Not only prefects can do it, we can do it also!

I have an experience recently. One day when I got off the bus and walked hurriedly worrying about the pile of homework, a man came behind me and asked in Mandarin, 'Do you know how to go to a nearby pharmacy?'

'Oh come with me!' I said.

After I guided him to the pharmacy, he thanked me a lot. I was so happy for serving the tourist although I needed to finish my work later.

Although we may dislike mainlanders, we are responsible for serving tourists. It is because we are Hong Kong citizens and we should help Hong Kong to establish a better reputation.

Form themes are very important for us as they are not only guidelines for teaching us to be leader or prefect, they are also guidelines for us to be better citizens and can make our life extraordinary.





School Life

Cheer up, Pooikeian!

Carmen Chan, 3 Faith

On our way to school, we usually have this thought in our mind: "I haven't done my homework yet. I don't want to have lessons!" Physically, we are having lessons in the classrooms, but mentally, we are daydreaming, playing mobile phone secretly, or even falling asleep. By doing so, we will end up learning nothing. So why do we even bother going to school? The truth is that we have the responsibility to study. So let's suppose lessons are boring and try to change our mindset in order to have more fun in learning in the classroom.

Here are some tips on how to have a wonderful learning experience in lessons:

First, we should have a good attitude. Having a decent academic result depends on your attitudes. If we work hard, we can get high marks in the exam and UT. Second, we need to understand the idiom "No pain, no gain" and "Work before play". When you are willing to pay extra efforts to earn the prize, even though the process may be painful, I'm sure you will earn the "sweetness" of the painful labor in the end. Also, we need to work first before we think about playing. Next, we should think positive and keep calm. This means we should not give up when challenges and failures appear. Continue to work hard until you see the light of success. Mostly importantly, treasure your time of learning. We ought to know that we are already very lucky to have the opportunities to learn at school.

To conclude, in order to have a wonderful school life, having a good attitude is essential. Next time you feel like having no mood to participate in lessons or to study, remind yourself to "Keep calm", "Stay positive", and "No pain, No gain". Rewards will lie ahead for those who are willing to pay the efforts.

Hope you will enjoy learning in lessons.



Let's work hard together!

Grace Li, 3 Faith

I would like to suggest two methods that may help us to enjoy every single lesson whether they are interesting at all or not.

Firstly, prepare your lesson well at home. You can read the textbooks a few times and try to find out the meaning and the usage of the words that you do not know. It would help you to enrich your vocabulary and to understand more about the articles. Therefore, when your teachers ask questions about the passages, you will be more confidence to answer, and you will be more enjoyable in lessons.

Next, try to jot some notes down in lessons. You can prepare notebooks for every subject and 3 different color pens (such as blue, pink and purple) for different usages. You may use the blue ball pen to write down the main point of the text, the pink pen to write examples given by teachers and use a purple pen to circle those things that you do not understand. You should ask your teacher or classmate to explain to you again when things are unclear to ensure that you know everything that is taught every day. This may help you to be active in classes and not fall asleep. And it even helps you to memorize the knowledge in an easier and faster way.

Exam is quickly approaching. Let us try our very best to honor our beloved parents and teachers with an improving result. Add oil and good luck!

Perseverance

Harrison Chiu, 4 Love



"Brethren, I could not myself yet to have laid hold: but one thing I do, forgetting the things which are behind, and stretching forward to the things which are before, I press on toward the goal unto the prize of the high calling of God in Christ Jesus. (Philippians 3:13-14)"

I believe most of you have heard of this famous Bible verse before. Or maybe you've read it in Chinese. In these few verses, the most important lesson for me is: PERSEVERANCE. What does it mean? It means never give up! I am writing this

article at the end of the first Uniform Test when I have just received the result from the teachers. As you are reading this article, the First UT would already have passed a while ago. I was not particularly pleased with my results, yet God reminds me not to give up and that I need to pay extra attention to all my weaknesses in order to strive for higher goals in the coming exam. You may have forgotten how you failed in UT; however, I encourage you to learn from the past mistakes and move forward. How are you going to prepare for the coming exam? Well, let us start the preparation earlier. Nevertheless, we also need to maintain a healthy lifestyle as it's very important to persevere through the entire exam revision process and the exam period.

Let us endure and persevere during hard times. I believe that God is watching us when we are preparing for and having exams.

"In the day that I called thou answered me, Thou didst encourage me with strength in my soul. (Psalms 138:3)"

ENGLISH FUN TIME

Learning English in an amusing way

Chan Yuet Ting, 4 Faith



Many people say that English is not easy to learn. So how can we learn English in an amusing way? To me, listening to English pop songs is definitely a good idea.

First, you can learn a lot of new vocabulary through listening to pop songs. I am an English song lover and I love listening to different kinds of English music. Therefore, I can learn vocabulary from love songs, encouraging songs, as well as other different kinds of categories. I remember one time while I was listening to Miley Cyrus' song, I saw the word 'kaleidoscope' and I was really curious to know what it meant. So I immediately checked the dictionary. From then on, I can remember clearly what this word means.

Second, you can learn so many literary devices through listening to English pop music. Song writers usually love to use so many literary devices to express their feeling. It is really fun to learn these English skills and it can improve your English writing skills too. For example, in Justin Bieber's song 'Baby', the line 'you are my love, you are my heart' is a metaphor used to describe the depth of love. One more example is in Linkin Park's song 'Shadow of the day', the line 'And the shadow of the day will embrace the world in grey' is where personification is used.

In short, when you open your ears and eyes and pay attention to the lyrics in English songs, you will find the experience very enriching.

Do people appreciate Miley Cyrus's new look?

Katherine Law, 2 Peace

This year, Miley Cyrus, an American singer, changes her style and shocks everyone. Comparing to 'Party in the USA', people, especially Americans, gave her thumb down in YouTube. Is it really necessary that she cuts her hair and acts like a crazy person?

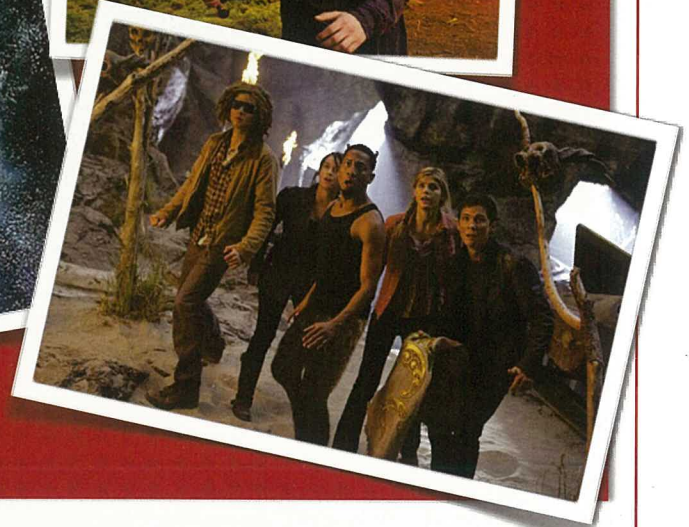
As everyone knows, Lady Gaga is a music lover. She can do anything for music. Many music videos that she took part in are very sexy, open and she got a high reputation because of them. As for Miley Cyrus, she is a pretty girl. Could people accept her new look in her recent MVs?

Her new look is weird and even fans start to doubt if she's that great and worth for their appreciation. Everyone misses the old Miley Cyrus. What do you think?



Film review - Percy Jackson: Sea of Monsters

Stephanie Tse, 4Faith



I believe that most of you have heard about 'Percy Jackson' before. In the summer holiday, I went to the cinema with my friends and watched 'Percy Jackson: The Sea of Monster'. This movie is based on a fantasy-adventure novel, written by Rick Riordan and published in 2006. It is the second novel and second movie in the Percy Jackson and the Olympians series and the sequel to the lightning thief. This movie is based on three 13-year-old half-blood teenagers. They are Percy Jackson, the son of Poseidon, Annabeth Chase, the daughter of Athena, and Grover Underwood, the guard of Percy Jackson.

In the movie, Percy Jackson encounters his half-brother Tyson. He is a Cyclops disguised as a human. Percy Jackson doesn't believe that he has a brother that is a Cyclops. But Percy doesn't want to leave him alone. Percy Jackson embarks on a journey to retrieve the Golden Fleece to save their training ground, camp Half-Blood. So Percy, his friends and his brother Tyson go on a journey. They must travel to the Sea of

Monsters. They also must face the giant Cyclops who holds the Golden Fleece. Can they finally get the fleece and rescue the Camp Half-Blood? Let me keep this as a secret and let you find out on your own.

No matter the novel or the movie, this series is also great and exciting. This story is different from other Greek mythologies. This story is more like a science fiction that is based on a Greek mythology. So these two interesting topics cross over. This makes the Percy Jackson series become attractive. It allows the film watchers and readers want to read or watch the next part of the series. I also think that the way this science fiction crosses over with Greek mythology can really draw my attention. It is more fascinating than pure Greek mythology and pure science fiction. Hope you can enjoy the film or novel of the Percy Jackson and the Olympians series.



Do you like the library? I do, and I frequently visit it.

Do you know how hard a librarian works? Don't think that it is an easy job. It is actually quite difficult. How do I know? Well...I work at the school library as a librarian! However, being a librarian is really fun and never boring. It usually gets me as busy as a bee, but I still enjoy the work. No matter how hard or boring the task is, I get it done.

Being a librarian at our school is pretty hard work, and it's time consuming too! Do you know that we have to work at least one day in every school week? We work during lunch breaks and after school for a total of 2 hours. That's right; we work 2 HOURS to help you in the library. I usually have to stay from 4:30-5:30 p.m. on Tuesdays, but that's not important right now.

We student librarians have quite a number of jobs to do no matter whether it's counter duty, shelving duty, SUTBD (Straitening Up The Books Duty----note that this is not the exact name for it), patrolling the library, or even helping out the teacher librarians with simple tasks like sticking barcodes, number labels (for your convenience), wrapping up the books and stamping them with the correct stamps. Each task takes a lot of efforts and energy to complete.

We also have to join the librarian team (this is optional), which helps promote the

library. The three (though there are 4) teams mainly focus on design, book sharing and videos. They are the Design Team 1&2, The Book Sharing Team, and the Video Team. The Design Team's work is to design billboards and notices that you see around the library, for example, the billboards you see outside the library. They focus on the art design that makes the library beautiful. The Book Sharing Team's work is that they promote books that are donated by either visitors or teachers. For example, the book "The Cover" was given by Miss. Susette from the Ric O'Barry' Dolphin Project was put on the counter of the school library. The Video Team's work is to make videos for promoting special library events. For example, promotion videos that were made for the 'Ex-Libris' competition in November.

Whenever I am on duty, I feel happy because I get to help people a lot, especially during counter duty. When I help people I know to return and borrow books, I see them smile, and so I smile at them too. This is the fun of it all, and helping people with their books is challenging but fun.

Whenever you see a student librarian on duty or a teacher librarian doing their work, take the time to smile at them when you can or give them your thanks to show your appreciation.

Being a librarian is hard work, but the work is worthwhile. Why don't you sign up to be a librarian next year?

Student Fellowship

We love because God first loved us.

Anne Wong, 4 Grace

There are different kinds of co-curricular activities in our school. I would like to introduce the Student Fellowship to all of you. Do you enjoy the Friday Worship every other week? For me, I really treasure the moment of worship whether it is Friday Worship, or Fellowship worship time or worship at my own church. It gives me a moment of peace in the midst of busy school life.

Student Worship Team is here to lead us closer to God in forms of worship at school. Worship is an act to serve God and honor God in our lives. When you are paying attention in lessons and completing your homework on time, you are also serving God. However, school life maybe very tiring and busy at SPKC. Therefore, the Worship Team is here to lead us sing and have some spiritual sharing to uplift our exhausted spirit. Although every student shows tiredness on their face when they meet some challenges in academic results, Worship Team will help them to recharge and heal their soul by hymns and God's words. The hymns and God's words can

awake us and guide us to praise God with our sweet voice. Each time we have Friday Worship, we need to treasure the peaceful moment and gain strength from God during busy days.

Some may think that Student Fellowship is not as interesting as other CCA activities and sports. However, I can tell you that you are completely wrong. Student Fellowship is a place full of love, care and happiness. Student Fellowship will organize different activities related to our life situations all year round. They have topics like "life survival skills in SPKC", "interpersonal relationship", etc. When you feel lost at school, Student Fellowship is the spiritual home for all Pooikenians. You can also play exciting games and worship in this home. At the end, you will be assigned to a small group for intimate sharing and someone will pray for you there. So what are you waiting for? Whether you are a registered member or not, you are always welcome to come to SPC every Friday afternoon at 4:00pm.

God loves you for life!



Are you ready to see Jesus?

Elizabeth Tai, 2 Grace

These days, many people are interested in topics like the end of the world / end times. In 2012, people said it was the year of 'The End of The World'. Have you heard some of your friends or news that talked about this topic before? At that time, my family, friends and even myself were very interested in this topic. Some people said that 21st December, 2012 was the last day, but this day didn't come and why?

According to the Bible Matthew 24:36-37, "But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. As it was in the days of Noah, so it will be at the coming of the Son of Man." In the Bible, the word "thief" is used to describe how that day will come when nobody notices (1 Thessalonians 5:2, 2 Peter 3:10) Jesus Christ will come to earth again and judge all the people here. Since nobody can predict when the end

time is, we have to live each and every day as our last day on earth.

Treasure every moment you spend with your loved ones. Tell people about the love of God. Jesus is waiting for all of us to repent and live our lives with holiness. It is really scary if I haven't completed my assignments when end time comes. I'd better make use of my time wisely. Hope you will too.



New School, New Life

Michael Tsang, 1 Faith



If you ask me about my school life this year, I would like to tell you that I enjoy my school life this year a lot because I am in 1 Faith. 1 Faith is a class that is full of happiness.

This year, I have joined 2 CCAs. One of them is Red Cross, and the other is Student Fellowship. I really have fun in these CCAs. For me, I think Red Cross is a bit tiring yet meaningful. We can help our school and also our community on some special occasions. In Student Fellowship, you can learn more about God and have fun. You can also relax in fellowship.

Now, I would like to talk about my class. My class is just like a family. If someone feels sad or angry, we will try our best to calm him/her down. If someone is happy, he/she will share his/her happiness with everyone in our class. On Multi-task Learning Day, most of our classmates played "Running Man" together. We played happily. We care about each other a lot. We often chat happily together during recess. If someone didn't understand something that was taught in lessons, we would teach each other.

Finally, I would like to express my gratitude to my classmates and my class teachers Ms Queenie Tong and Mr. Hing-Lok Leung.

Diligence - Work hard, with your heart

Joyce Jiang, 2 Faith

As a student, our lives are all filled with the pressure of quizzes, tests and exams, and it was said that if you want a good mark in all these quizzes, tests and exams, you are going to stick to the word 'diligence'. Our lives are closely tied to the word 'diligence'. But have you ever thought about what exactly the word 'diligence' means to you? Well, I guess you may have the following answers :

1. hardworking
2. the attitude or behavior of someone who works very hard and very carefully

(which is exactly what's from the dictionary)

or ...

3. let me Google it

Well, I guess the answer of this question in your mind is a lot more than the above. Have you ever tried this? Be diligent on your studies by trying to find out which is the best way to study? Maybe I'm just a bit too crazy but I have once tried all the methods of studying in one academic year. I tried 3 different ways:

1. Start studying at a long time before the exam.
2. Study right before the exam starts.
3. Just do all my homework seriously every day for 3 exams and UT throughout the whole year

Two results of these 3 methods were quite similar to what I had expected, yet there's one result that really shocked me. Firstly, studying for a long time before the exam do make your marks and grades higher, as you are well-prepared for the exam. However, you may still forget some small details if you don't study the notes again before the exam. Secondly, studying right before the

exam starts is probably a good way for those who have great memory. But if you don't, I suggest you not to do this. Lastly, the method of just doing my homework seriously every day gives me the most unexpected result of all 3 of them. I was quite shocked that I actually got the highest marks by this method.

When I investigated the reason why I would have the highest marks this way, I found that since I did every single piece of work with my heart, I got to understand each lesson more. This definitely helped me to do well in my exam papers.

I'm not sure if this method only fits me or anyone else, but at least I am pretty sure that if you do your work with your heart, the result you are going to get will be pretty awesome. Actually, even if you start your revision years before the exam, if you don't pay great effort on it, you won't get a good result.

Like what the bible said, 'whatever you do, work it with your heart, as working for the Lord, not for human masters.' Treat every single piece of work, no matter how important, how it related to you or not, how difficult it is, treat it well---do it with all your heart . People always think that successful people must be really talented, well, have you ever noticed that many successful people are actually just doing the work they want to do with their heart and pay their efforts on it?

Therefore, if someone asks me, 'What exactly does the word 'diligence' mean to you?' My answer would certainly be 'work hard with all your heart '. We don't have to spend centuries to study for a quiz , but just study with your full attention and stay focus!

PHOTOS FROM S.5 ENDEAVOUR CAMP

