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News:

Interview with Macy and Michelle (Statistics Competition) Sports News: SPKC Football Team goes for glory! E1-E2 **Opinion:** The rise of 'Langmo'

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Volume 2, Issue 2

The SPKC Student Newspaper

Contact us inside

English Zone at *The Express* office!

July, 2010

School Debating Team Reaches Hong Kong Finals



-4 Joy Jacqueline Hsiao-

SPKC defeated Hoi Ping Chamber of Commerce Secondary School (HPCCSS) in the second semi-final of the NESTA-SCMP Inter-School Debating Competition. The motion was: "Boosting green energy production is a win-win solution for problems in the economy and the environment." In this debate, Dennis Ng from F.6 won Best Speaker and was complimented on being an "extraordinary speaker".

We won by arguing that boosting green energy is limited and impractical. HPCCSS argued that green energy renewable energy has its advantages and that it can boost the economy. It didn't win them the debate.

Our debaters, Roxana Li, Matthew Lo and Dennis Ng did a fantastic job in delivering their points. Adjudicators Mr. Perry Bayer Mr. Jeff Bell gave important and information to the team and they took the suggestions seriously. The Adjudicator, Ms. Karen Margetts complimented our school's team. She said, "The negative team (SPKC) has great teamwork. They repeated the same message and made it clear and strong. The problems they pointed out are well illustrated; we can see the clear picture of the team's case. They made concrete examples which very much

persuaded us in believing the team's case." She also gave some suggestions, "clarity is essential and a good pacing allowed hearing clear arguments. Timing is very important, jump to your conclusion if there is 15 seconds left, be flexible with your note cards." Our team won this debate and entered the Grand Final where the motion was: "Outsourcing is good for both developed and developing Nations." The Affirmative team was HKMA David Li Kwok Po College. Unfortunately, our team did not win the Grand Final but again, our team member, Dennis Ng from F.6, yet again, won the best speaker of the debate. Congratulations to our Debate team!



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Art Director: Phoebe Choi (4 Peace)

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Director of Entertainment: Flora Lee (4 Joy)

Entertainment Team: <u>Anson Choi</u> (2 Peace) <u>Nick Chan</u> (2 Peace) <u>Marco Siu</u> (2 Love) Natalie Ng (4 Grace)

NEWS

Editorial

<u>What is life?</u>

Recently, I saw a film called 'The Island'. It was about cloned people who were created because their owners needed their internal organs.

This shocked me, because although, I know that the technology of clones is really intelligent now and people can create people already. But I saw the evil side of humans.

What is life? What is the meaning of life to you? I do not know whether you have questioned yourself about this, but to me, life is a journey. You will meet different persons on your journey, with different moods, and every time, you will know more about yourself, every time, you will understand the world more. But to cloned people, what is their life? Waiting to be destroyed? Waiting to give up their organs? Is this all their life? Do these owners of cloned people ever consider their feelings?

People want to have a longer life, so they use cloned people as a tool to prevent dying, but I think the people do so is because they do not understand life well.

Our life belongs to us, also to God. In the years we can live, we should learn how to control it, people want to have a longer life because they thought they still have a lot of things they have not done and they still have a lot regrets or perhaps they do not know how to treasure their life. That is the saddest thing in the world since those people never know how to live, they never know what life is, and they never know how to respect life. And they even don't know how to love their life.

So, I really want to tell the people who do not want to die that, every body needs to die. So treasure your life now, respect yourself, do the things you really want to do, live for yourself and enjoy the life God gave you.

Vivian Jiang(Editor)

* The articles in this newspaper represents individual views not those of The Express team



Championship in Statistical Creative writing Competition

4 Peace Janice Chung

The Statistics Creative-Writing Competition for Secondary School Students 2009 was held Hong Kong **Statistical** bv Society and Education the The aim of this Bureau. competition is to develop interest in statistics among secondary school students. It also encouraged the students to use the creative, objective and scientific methods to studv statistics. The students can use words the to express the concept of statistics though daily life examples. Or use the concept of statistics to create a story. Michelle Lai and Macy Cheung who are in 4 Peace won 3rd the runner-up in this competition.

Their topic was "Application of Probability in School-based Drug Testing Scheme". They did a lot of research, analysis and organization. Finally they did the presentation and won the award. Moreover their project is used for the teaching material for the S6 students now.

Actually, Macy and Michelle both didn't know much about this Statistics Competition at first when Mr. Dennis Wong asked them to join, and they didn't have much interest in Mathematics, too. After an introduction from Mr. Dennis Wong and Mr. Genthew Leung, they thought the competition was interesting and they didn't join it before, so they

attended the competition.

Photo from the School Website



This project took them a whole month with two teachers' help. During that month, they spent every morning doing the project, searching information, doing calculations and practicing presentations. They tried their very best and didn't give up. Eventually, they got a satisfactory result; of course they have room for advancement. To begin with, both of them thought it was difficult because Statistics is new and profound to them, so they felt great pressure. However, the difficult Mathematics became exciting and fun to them through experience day by day and the teaching from two patient and knowledgeable teachers. Macy and Michelle said the competition was so

meaningful to them, they learnt a lot from that, and now they love Statistics. They thought statistics is useful. Firstly, they knew more about Statistics.

They can apply it to M1 Mathematics and

improve their thinking skills. After this project, they knew how to present well and it also increased their confidence.

Secondly, they said it can also be applied in life. Statisticians improve the quality of data with the design of experiments and survey sampling. Statistics also provides tools for prediction and forecasting using data and statistical models. Statistics is applicable to a wide variety of academic disciplines, including natural and social sciences, government, and business.



Finally, they thought that this was a good chance to learn more in their life.

An Astounding Championship

-4 Joy Vivian Jiang Jiawei

February 8th and 9th 2010, was our school's fourth Sports Day. This time Priest House won the championship of the whole athletics meet. While everyone thought that King House was going to get another championship this year, Priest house worked and tried their best. And finally, got the championship they deserved.



Sports Day! Highlight 1:



Priest House Cheering Team:

This year, the Cheering Team of Priest House changed their style. They started to focus more on the cooperation between the Cheering Team members.

Also, their slogan was really brilliant, and they displayed good slogan designing and cooperation. They could really inspire their team members.

Sports Day! Highlight 2:

Christ House Cheering Team

The cheering team strategy of Christ house was really creative, they yelled out '1234,5678' to show their team work. They tried not just to use the back ground music, but to sing it . (Song name: Ding Ding Dong)

It shocked other cheering team members, as SPKC never had this kind of performance before. Although this performance did not win the championship, but it must be a break though in SPKC cheering team history.

"All of you are winners" our Principal said



Sport Day! Highlight 3:

Boys Grade B 800m

If you remember, this year the boys Grade B 800 was really an astounding race. Two competitors, almost finished in a dead heat.

NEWS

No matter who were the champions, but what we can clearly see is the spirit they showed. They never gave up, they tried to do their best. What they cared about most, is the time they used and whether they could reach others expectation.

"When I went to see whether Frazer was okay, all he asked was what his lap time was." Mr. Gerald Li said





Photo from school website

"It is my honor to serve the others!" a Red Cross member said





Red Cross

While everyone is cheering for their own house and house members, there is a group of students could not join the activities, they are Red Cross members.

Red Cross members were responsible for taking of care the ones who got hurt and helping the competitors who are not feeling well. Their responsibility was the most important through the whole Sports Day. When I asked a member of the Red Cross, what is her feeling that she cannot join the house activities? She says: 'We also cheer for our own house. No matter what, I will support my house.'

Expo -- 2010 Shanghai China

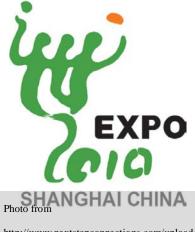
4 Grace Natalie Ng

'Expo' is the short term for 'exposition'. It is a tremendous World

Fair where different countries build their own national pavilions to show their national achievements. The pavilions present new inventions, cultural exchange facilitate based on a theme, and are used for city, region and nation branding.

Expo 2010 Shanghai Expo is being held from 1st May until 31st October this year. The theme of the Expo is 'Better City – Better Life' which represents the common wish of the whole of humankind for better living in future urban environments. More than 190 countries and 50 international organizations are participating in this big event .100 foreign leaders and 70 million visitors are expected to engage in such a grand celebration.

The emblem of Expo 2010 is green in colour with three people holding hands together. This portrays the images of three people-you, me, and him/her, symbolizing the big family of mankind.



http://www.nextstepconnections.com/upload/im age/expo2010.jpg

Expo 2010 Shanghai China centres innovation and on interaction. Innovation is the soul, while cultural interaction is an important mission of the World Expositions. In the new era, Expo 2010 Shanghai China will contribute to human-centred scientific development, and technological innovation, cultural diversity and win-win cooperation for а better future. thus composing a melody with the key notes of highlighting innovation interaction in and the new century.

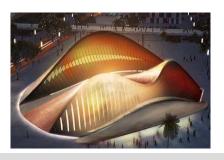


Photo from

http://4.bp.blogspot.com/_Odu7eqW6gAY/SdkCmU0jdYI/AAAAAAAAGqY/wZ VdnMQ74g0/s400/UAE+pavillion+at+EXPO+2010+by+Foster+%2B+Partners+01 More than 190 countries and more than 50 international organizations have registered to participate in the Shanghai World Expo.

China expects to receive almost 100 foreign leaders and millions of people from across the world to come and visit the World Expo. 70 million visitors are expected, the largest in history.

Expo 2010 Shanghai China will offer a wonderful opportunity for cross-cultural dialogues.



http://www.pandaphone.com/expoblog/wp-content/upl oads/2010/02/China-Pavilion.jpg

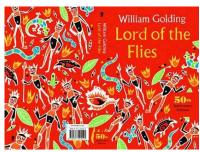
Before the conclusion of the "Shanghai Exposition, а Declaration" will be issued. This declaration, hopefully a milestone in the history of the World Exposition, will epitomize the insights to be offered by the participants and embody people's ideas for future cooperation and development and extensive common aspirations. thereby leaving a rich spiritual legacy of urban development to people throughout the world.

FEELINGS TOWARDS NSS COURSES

-From F.4 Students

Literature in English

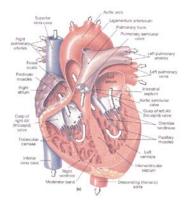
Do you like reading English books? If you like this, I encourage you to study Literature. I am one of the students studying Literature and



let me introduce you to this subject. Literature in English is mainly the study of classical and modern literature, such as novels, poems, poetry, short stories,

Biology

Biology is a very interesting subject. It includes topics: such as movement of substances across membranes, respiration, discovering the environment, transpiration, transport and support in plants etc. Biology is the study of organisms and can also help you to know more about Nature in the



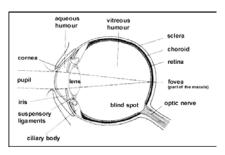
drama and film. We study each poet and author about what they want to express in their works, and we learn a lot from them. For example, we finished a famous novel" Lord of the Flies", the story is about a group of schoolboys who arrived on an tropical island because of a plane crash, there are no adults, so they have to take care of themselves. As the story develops, violence, cruelty and fear, all part of human, nature exist on this island. I very much appreciate the dark side of human nature that Golding describes. Now, we are studying

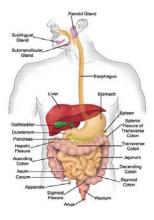
another famous play "Othello" by William Shakespeare. This is also a great story of classic literature.

I think Lit improves my English because there are many essays to write, and this is helpful for my writing skills. Also, I think spelling and grammar mistakes are not the most important in studying Literature, but the most important part is your personal opinions and how you express your own ideas. It is also good for your thinking and analytical skills, too.

world.

This year I choose Biology to study and I think Biology is a really good subject to choose. Although sometimes I find many difficulties in spelling the words, it is easy to overcome. The most important thing is that if you study Biology, you can relate it to some of the subjects at university. For example, you can study to be a doctor, nurse, biology teacher etc.





Would you like to know how plants do respiration? The function and structure of the lung, heart, brain...

Don't hesitate come and join us to study Biology!

FEELINGS TOWARDS NSS COURSES

-From F.4 Students

Economics

I chose the subject Economics because it is a kind of social science. I can know more about how people make their decisions, how different factors change people's decisions. In the course we will also learn about the basic business theories. Furthermore, we can understand more about how the market works and how people allocate limited resources. I'm glad I have chosen the subject. It would definitely help if I want to work in a Bank in the future.

Business, Accounting and Financial Studies

In this subject, what we learn is very close to what happens around us. Did you ever think of how a business runs? In this subject, it clearly shows how to run a business, for example, how to write a business plan, how to get the raw material from different parts of the world.

In the course, you also need to look at all the company's financial report, and then, you will discover that actually, have a lot money or cash, or there are lot profits for one year, does not means that this company is very stable, may be it will have financial crisis.

In the accounting module, you need to learn basic knowledge of bookkeeping, how to write a balance sheet, some concepts about business, etc. In the business module, you need to learn the history of economic growth in Hong Kong, form of business, the communication system, etc.

After studying this subject, you will know more about why the business beside you are running in that way, and knowing more about what is the best for the business and best for the customers.

Chinese History

What we need for this subject is to remember and apply what we learnt from the text book. From the courses, we can see that why the wars happened, and what strategies they used to win the wars.

Actually, after studying this subject, it totally changed my view on Chinese history before. Before, I thought Chinese history is just memorization, but instead, it also needs application, not just for one or two questions, but for most questions. It is different from how we study Chinese history in junior forms.

In this course, we can know more about Chinese traditional culture and have a better and deeper knowledge in China. Also, we can have a better knowledge about our own nation.

Physics

Physics is about exploring and studying things we encounter in our daily life. I chose this subject not just because it is interesting; it is also close to our daily lives. Unlike any other subjects, the things we learned can be applied to our daily life easily.

For example, the buildings you live in contain of a lot of the basic physical theories of Physics. The desk you are using, the chair you are sitting on, and all have their basis in Physics.

If you want to keep a good result in this subject, you need to keep studying it along with joy and surprise. I'm glad that I have chosen this subject; it gives me wisdom and a wide range of job opportunities when I grow up.

FEELINGS TOWARDS NSS COURSES

-From F.4 Students

Geography

Geography is a combined science. For example, it is related to Chemistry, Physic and Economics... In the NSS curriculum, it is separated into two parts, compulsory and elective. If you want to choose this subject, you need common sense, passion, need to work hard, and have a good sensibility for observing the natural environment. It seems that this subject is relatively easy, but you need to spend time on writing essays, doing exercises, and studying hard. In this subject, you will learn the important role of tropical rainforest, global warming, the harmful effect of GM foods, different countries with different situations.



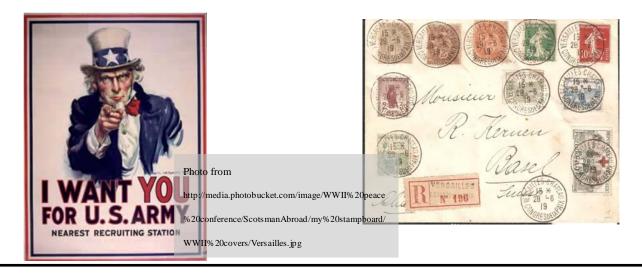
History

If we do not comprehend history, we do not know why we live in our world. This is the reason behind why I study History. In the following paragraph, I will tell you more about History.

First of all, I was curious about the past of the world, such as the two big World Wars. What was the result and impact, many things I want to know and discover.

Secondly, we can learn from History and be informed on the nature and methods of History as a distinct intellectual discipline.

Thirdly, we can learn different cultures and Art from different countries. Take the European Renaissance of the 14th–16th centuries as an illustration with a lot of literature, art and inventions at that period. At that time, there was artistic developments with the contributions of Leonardo da Vinci and Michelangelo who inspired the term "Renaissance Man". It shows us different cultures at that time which interests me a lot.



ICT

ICT is related to information, communication and technology.

We can learn the basic knowledge of using software, number and character coding systems, the method of data control, difference between data and information, many kinds of multimedia, etc.

The reason why I study ICT is because these skills are useful in the future, you can make use of the knowledge that you have learnt from this subject to make your work more flexible and systematic.

Chemistry

Chemistry is an interesting subject. This is a subject where we need to have a lot of imagination. Although it is an interesting subject, but it can be hard to understand. We need to put effort into this subject, so that we can get a good result. The most interesting part of this subject is experiments. We can do experiments with our group mate and we can learn many skills. This is the most exciting part. Topics include: Acid and Base, Microscope World, Metals etc...

Visual Arts

It seems like a very relaxing subject, but it actually is not.

On the surface, it seems like a lot of work we done is very relaxing, but what we need to do is try our best to create things.

In this subject, we also have written exams. So, do not think studying Art needs little work, it is really a hard subject some times, but once you enjoy the process of creating, this subject becomes really fun and interesting. I really enjoy studying VA, although it sometimes makes me really tired.

OLE (Other Learning Experience)

Visiting the Elderly

For the Other Learning Experience of Secondary 4 students, our school held a visitation day few months ago, when we went to the Kwong Yuen Estate class by class to visit the elderly. Our teachers and social workers also bought some gifts for those who live alone. We asked the elderly some questions and had a better understanding of them and we now know more about their daily life. We asked the elderly some questions to know more about their daily life. We asked the elderly some questions to know more about their daily life. We asked the elderly some questions to know more about their daily life. We asked the elderly some questions to know more about their daily life. We asked about health, what she/ he do every day, Does he or she go out with friends everyday, what they do when they have time or are feeling bored and what their feelings about the living conditions is. Not every elderly person answered questions, some of them were scared and nervous when we visited them whereas some of them were active and kind. They answered our questions patiently. Through the interviews, we could find that most of the elderly are unhappy with their living conditions. More than 60% of them wanted their son and daughter to live with him/ her. And about 50% of the elderly want social workers or their sons and daughters to visit them regularly. They are lonely and feel empty all the time. It is also a good chance for us to reflect on our behavior. We emphasize too much on luxuries but ignore the relationship between the generations.

Last but not least, this visiting day was meaningful. It did not only train our speaking skills but also our confidence. It is a good experience to take care about the elderly. If there is a chance to visit the elderly, do not miss it and participate actively. It is worthwhile for us to do so and benefits us so much.

End of School Year Service

Date: 12th July 2010 Time: 14:00-16:30

Venue: School Hall

Come together to give a perfect conclusion

on this school year

C1

"Filmmaker inspired by echoes of the past"

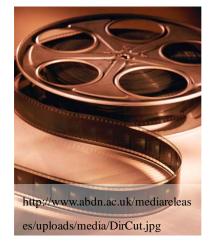
Recently at the 60th Berlin International Film Festival, a Hong-Kong-made film won the honour of the "Crystal Bear Award". The movie called "Echoes of the Rainbow" was directed by Alex Law Kai-yui. This movie was set in the 1960s in the historical place of Wing Lee Street in Sheung Wan and was about a family going through difficulties and challenges under the colonial regime and how they overcome them with a positive attitude.

This news clipping tells us about the glorious victory of the movie in an international film festival. and it reminds us about the preservation of the historical site. the Wing Lee Street. The winning of the Crystal Bear award was an inspiration for the local film-making industry which also let us local citizens feel that there is still hope in the Hong Kong film industry to take part in an international festival.

On the other hand, when the director, Alex Law, talked about his inspiration for this film, he told us it was all from his childhood. He would like to take this opportunity to show the public. especially the new

generation the hardship Hong Kong people had been through during that time and how they stood still against the storm, which reminds me that in fact, this was a real contrast between back then and nowadays.

Μv mother is а post-50s generation, and similarly, she had been through what Law had mentioned, that is people back never complained and then would just come up with an alternative solution, which it was a kind of life style back then, and so it explains the strong will of each person and the low death rate caused by suicide.



In the old Hong Kong, people wished to be rich and wished to make their own million dollars, which was their goal--to be rich. However, this thought might have been twisted throughout these years, and has become

- by Vivienne Chow

what we known as "materialism". When people are able to get whatever they want only if they got money, they do not tend to let their children suffer, instead, they hope to provide the best for them and don't need to go through anv "unnecessary" obstacles. From this, we know that people are getting used to being "provided" for and not fending for themselves, and when they're used to it, they can not cope with any challenges in life immediately and that causes pressure. Now, here shows the difference of how people deal with pressure between 1960s and 1980s, the 1960s generation would strive to figure out an alternative solution to problems, whereas the 1980s generation would simply hide away from the problems by jeopardising their very own lives.

As part of the post-90s generation, I feel a strong sensation brought by the story of the movie and having a mother who would always share her own childhood experience to make me understand the importance of being mentally strong against pressure.

Should animals be used for scientific research? Is it humane?

Research involving animals has played a vital role in virtually every major medical advance of the last century. Even today, there is no complete alternative to biomedical research with animals. Which means animals are required if we want medical progress. Here comes the next question, 'is it humane to use animals for scientific research?'

According to the Overview of Animals in Scientific Research Fact Sheet published in CDC News, the vast majority of research animals are mice and rats bred for this purpose. Dogs, cats and non-human primates together account for less than one-half of one percent of the total. Now we know that the animals chosen for scientific research were totally reasonable. But what people are concerned about mostly, is how they are treated, will they experience considerable pain or distress.

The 2004 USDA Annual Report reveals that 57% of all research procedures with animals involved no more that slight or momentary pain to distress (i.e., an injection). In 34% of research procedures anesthesia and postoperative painkillers were used. In 9% of the procedures, neither anesthesia nor pain medication could be used, as they would have interfered with research results. This proved that science is using the best methods to alleviate or even prevent pain. It is a totally humane action which also answers the first question, since it's humane, it is absolutely acceptable. Tested animals can help boost our medical level and simultaneously animals won't feel any pain or distress.

Furthermore, animal research gives us numerous tangible benefits. For 1919. example, in scientists the discovered mechanism of immunity by using guinea pigs, horses and rabbits. In 1956, open heart surgery and cardiac pacemakers were developed by using dogs for research. These discoveries using animal research gave a huge impetus to our study of medicine which saves and prolongs human life.

On the other hand, some people's attitude towards it is quite negative. They claim that this is selfish and cruel behavior. They think every life on the planet is equal. We should not just take away the other's (animals') freedom to satisfy our wants. It is no different from imperialism and slavery.

The most commonly held perception of animal testing is that it is necessary for the development of cures, vaccines and other treatments for human illness. There is a rapidly

-4 F- Alex Chan

growing movement of healthcare professionals that includes scientists, doctors and even some educated members of the public who are extremely opposed to animal based testing, specifically on scientific and medical grounds. They are of the opinion that animal testing and research is completely based on false premises, that the results that are obtained from such experimentation cannot be applied to the human body. Not only do animals react differently from humans where drugs, experiments and vaccines are concerned, but they also tend to react differently from each other, ignoring these differences has been and will continue to be extremely costly to human health.

So to conclude what they are saying is: there is no basic connection between animal testing and humans where drugs, experiments and vaccines are concerned, animal research is not necessary or can be even surplus. Animals should not be used for scientific research.

Now we can see, there are both agreements and disagreements towards animal research. It is hard to define whether it should or should not be done. It is important to maintain a balance between the two opposing parties

Suggestions for our Dear Student Union

This is the end of the year. As remembered last year, we were excited waiting for the establishment of the first Student Union. This year, we disappointment. feel some Stewards Pooi Kei College is a new school; there can be some loop holes in its daily operation, no matter whether we admit it or not. These loop holes could block our school from achieving its high goal and reaching its purpose of all round education and building up students' positive characters.



Photo are refer the School Website The Student Union here plays a very important role as it was established to help express students' views and maintain teacher-student relationships. Its existence is a guarantee for a better school life for students. The Student Union Promised to make changes in school.



Photo are refer the School Website

Looking back to what the Student Union has done. Inter-class football competition, 3 on 3 basketball competition, Inter-house badminton...and so on. This has clearly shown that our Student Union has done an excellent job in organizing activities and competitions. But we need more.

The first Student Union has not achieved its most important purpose, to "express students' views in our school." Throughout the whole year, there was not a time to have a students' comment collection or something similar. This would be great to develop communication and help improve things at school



Photo are refer the School Website

It is hoped that the Student Union next year will be able to develop improved ways to express students' views This we hope will make SPKC a school we can truly proud of.

Please, can we have...?

- LS Park to be open to all students at all times
- Scholarships for awards winners
- A half day routine during UT period
- Better service from Tea Box, students queue up too long
- Permission to use the back gate
- Permission to leave books in drawers
- To have larger lockers
- Exchange programs with other EMI Band 1 schools in our area



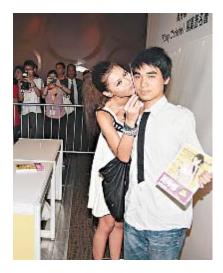
C3

Photo from the School Website

A New Type Model for History

-6 Joy Karen

During the last summer vacation, there was a new wave of so-called young models, 'Langmo', splashing across Hong Kong. The 'Langmo' were just not as tall and professional as the supermodels, but they had something that really enticed the males—sexy bodies. They simply took suggestive photos with sexy pictures and wearing bikinis for the photo album.



http://hk.news.yahoo.com/event/fc/2010 0624/hkbookfair10.html

It is true that this new wave took a piece of the market in Hong Kong, but the public has already felt disgusted on seeing their faces and photos in newspapers everyday. 'Langmo' such as Kama Lau, Yumi Wan and Melody Chan were already fading back into obscurity. However, Chrissie Chau, one of the 'Langmos' has become Hong Kong's sex symbol.

You may wonder why she is so different from other 'Langmo'. It is mainly because of a good 'model maker', Roy Kwong, who saw the opportunity following the rise of the first generation of 'Langmos', Janice Man and Angelababy. He keeps on maintaining the Chrissie brand even though 'Langmo' are no longer so popular now. Therefore, he is looking for a piece of the Japanese market.



http://www.akzone.com.hk/reply.php?zone=photo&id=27

You may think that most people in Hong Kong like but Chrissie's face and body but criticism, indeed, is everywhere. Once she received an invitation from the University of Science and Technology to a seminar, where she did not know how to answer difficult questions with professional words and sentences, as her knowledge is limited. That means she does not have much substance in her. Later, someone insulted her that she had big breasts but no brain.



http://www.chinareviewnews.com/doc/1013/6/2/6/10136 2666.html?coluid=48&kindid=0&docid=101362666&md

After this experience, Chrissie said that she had learnt from the experience and hoped that she could study in a university one day. I also learnt something from her. In this practical and competitive society, degrees, knowledge and experience are equally important. A graduate from University definitely has an advantage in getting a higher paid job when compared with Form 5 graduates. Teenagers, be wise and do not let yourself feel any regret in the future!

Meaning of LOVE @ A love lesson to learn by 3 Joy(27) To Chin Ching Chris

First, Love is Physics, Two people need to 'electrify', So they can go to next the step.

Second, Love is Philosophy, When you talk about anything, You need to think carefully, Think about how to speak smartly, Think about the first impression, How to make the her/him to remember you... Until, you say 'I Love You'

Third, Love is Biology, Two people will want to know The other's body or scent, And the other's temperature will Produce chemistry in your body, You want the other's hand, You want the other's hug, You want the other's kiss...

Fourth, when they are close, Love is Mathematics. You will think about or count How many days you saw the other last week, How many gifts the other gave you, How many... How many...

Fifth, Love is Psychology, You will believe what your friends say, You will buy some books about 'Rescue LOVE', You will ask him or her some stupid questions, e.g. "Who will you help first if I and your mother fall into the sea?"

Sixth, when you don't love him or her anymore, Then Love is History.



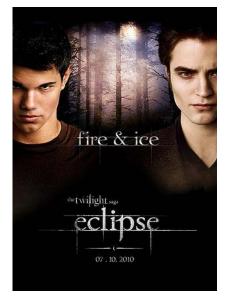
http://richardwiseman.files.wordpress.com/2010/01/thing-called-love.jpg

LAST, Love is Astronomy, which is like space exploding. When all hopes and love are gone, Then Love will be Physics again And be Philosophy again, And be Biology again and again. And it will be another cycle.

Film Review on "Eclipse"

Natalie Ng (4 Grace)

In "Eclipse," Bella once again finds herself surrounded by danger as Seattle is ravaged by a string of mysterious killings and a malicious vampire continues her quest for revenge.



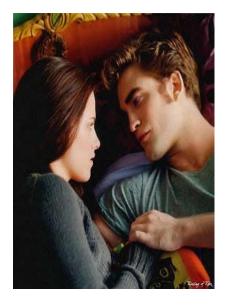
In the midst of it all, she is forced to choose between her love for Edward and her friendship with Jacob — knowing that her decision has the potential to ignite the ageless struggle between vampire and werewolf. With her graduation quickly approaching, Bella is confronted with the most important decision of her life.

Among the "Twilight" saga, "Eclipse" has the highest expectations from people. As a love triangle will be presented as a main storyline in the film.

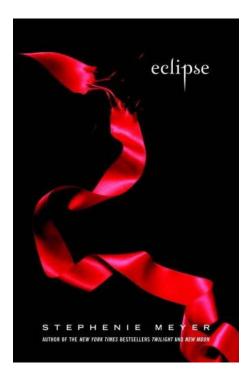
A Hollywood reporter said about "Eclipse":

'It took three films, but "The

Twilight Saga" finally nails just the right tone in "Eclipse," a film that neatly balances the teenage dramatic passions from Stephanie Meyer's novels with the movies' supernatural trappings. "



However, those who have also read the book may think that the book is much better than the movie. The movie seems to cut out important parts due to time restrictions. But overall, it is a entertaining but I think it is worth think female, especially teenagers would like this movie.



http://letterstotwilight.files.wordpress.com/20 09/12/eclipse.jpg

Likeness:





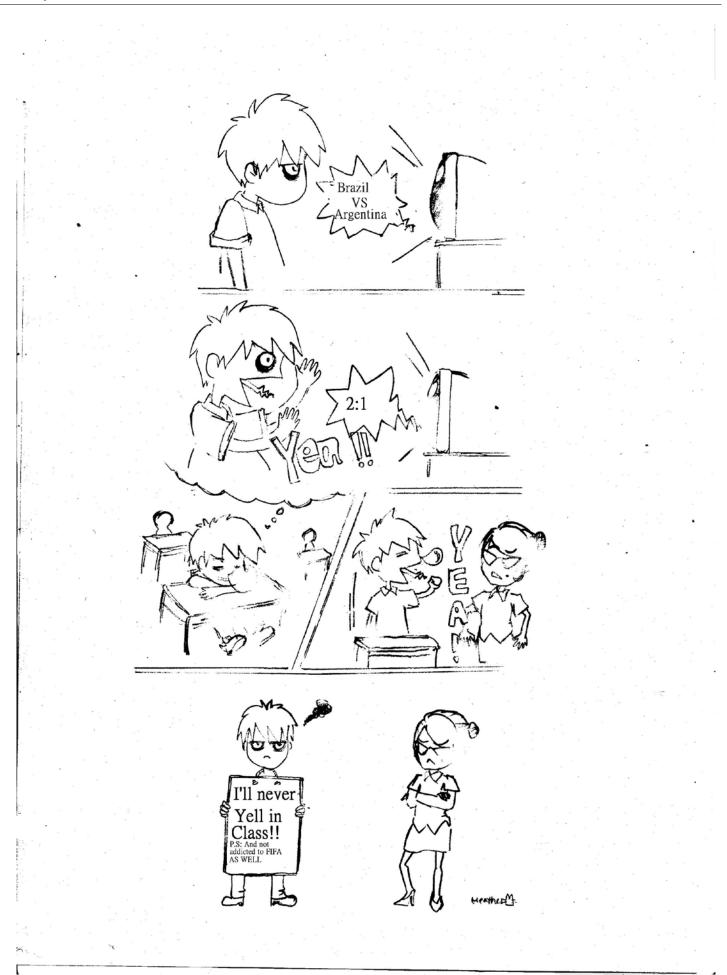
http://twilight-review.com/wp-content/uploads/2010/06/Xavier-water.jpg



Swim like vegetables in the sink?!



Oh! My Lady!



SPKC Grade B Soccer Team

Our Awards

In the Shatin and Sai Kung District Inter School Football competition, our football team got second runners up. Compared with the last few years, our football team has improved a lot.

	Place	Win	Draw	Loss
2008-09	Second runner up.	4	1	2
2009-10	Semi Quarter Final	1		2

Our Team members

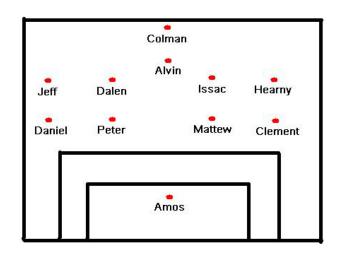
- 1. Amos (1)
- 2. Daniel (6)
- 3. Clement (12)
- 4. Peter (26)
- 5. Matthew (5)
- 6. Jeff (7)
- 7. Dalen (18)
- 8. Issac (15)
- 9. Alvin (Captain) (28)
- 10. Colman (9)

Our Bio and Roles

*Name: Alvin Ho Age: F.4 (15) Place: SS / CF Seniority: 10 years

* Name: Jamie Chan Age: F.4 (16) Place: SB / SMF Seniority: 1 year

* Name: Dalen Tay Age: F.4 (16) Place: CMF Seniority: 8 years





http://www.facebook.com/#!/photo.php?pid=4286451&op=1&o=global&view=global&subj=662033935& id=662033935&fbid=406086293935

SPORT

A Great Victory for our Football Team

4 Joy Flora Lee 4 Grace Derek Tam 4 Peace Norman Wong The referee had blown the whistle. Our opponents got a penalty kick. This is the SEMI-FINAL. We have had a hard time to defeat other school football teams to get here. All the players were waiting for the MOST CRUCIAL moment. We hoped that the ball would not go into our net. Our hearts were beating as FAST as a galloping horse! Choop!! The ball is in the net...Everyone's hearts sank. There were only 7 minutes left. It was just a tiny step before victory, no matter whether it was the players sitting on the beach or those ready to go for the equalizer. In the LAST minutes, we were full of despair and we thought that it was time for us to force our path to victory.

I CANNOT BELIEVE MY EYES !!! We got a free kick 30 yards from the opponent's goal. The ball flew into the net. The indescribable feeling of happiness and excitement erupted throughout our team. THANK YOU GOD !! We won the match. Most important of all, we won for ourselves! This is because we broke through our limits and wrote a new record for the SPKC Grade B Soccer Team.

We interviewed some of the teammates. They said: NOTHNG IS IMPOSSIBLE!!!!!!!!! We are the best and God will do the rest. Stewards Pooi Kei College marked its FIRST SEMI-FINAL. On May 20th, our fabulous football team did a magnificent job. They got the Second Runner Up in the Inter-school Football Competition organized by the Hong Kong Schools Sports Federation.

This was a great honor for the football team and they got the medal they deserved. They had trained twice a week, did morning jogging once a week and a huge amount of friendly matches organized by Mr. Alex Ng. The football team deserves our appreciation for all the sacrifices they made. And we shall give them all our best wishes for making progress next year in the Inter--Schools Competition, hoping to get first runner up or even champions. We should continue to give them our support.

I am looking forward to reporting the news that our team is the next champions!



http://www.facebook.com/#!/photo.php?pid=4286451&op=1&o=global&view=glo bal&subj=662033935&id=662033935&fbid=406086293935

Hope all of you have a great summer holiday!

By SPKC Newspaper Team