

# THE X PRESS

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NOT FOR  
SALE

## SHOW TIME!



### Features

- Dance competition
- Exchange at DBS

### Specials

- Overseas alumni
- Guess whose babies?





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*"Life is an opportunity, benefit from it.*

*Life is beauty, admire it.*

*Life is a dream, realize it.*

*Life is a challenge, meet it.*

*Life is a duty, complete it.*

*Life is a game, play it.*

*Life is a promise, fulfill it.*

*Life is sorrow, overcome it.*

*Life is a song, sing it.*

*Life is a struggle, accept it.*

*Life is a tragedy, confront it.*

*Life is an adventure, dare it.*

*Life is luck, make it.*

*Life is too precious, do not destroy it.*

*Life is life, fight for it."*

*Mother Teresa*



*Do you think that English is difficult to learn? In fact, it is! However, if you treat it as a part of your daily life, it is not that hard to improve your English skills. Remember, you can if you think you can!*

## WE NEED NEW BLOOD

*Since there are not enough junior members in our team, we are looking for both senior and junior members to join. Let's experience the joy of making our students newsletter! If you are interested, please approach Ms Michelle Ho and Ms Queenie Tong before September, 2013.*



# Prefect exchange at DBS

Our first ever DBS prefect team exchange was held on 22 April, 2013. It was a very valuable experience.



After the exchange with the prefect team of DBS, I gained more experience and ideas on problem solving. This trip made me reflect more on the role of a prefect and the importance of team spirit. Hopefully, what I learned through this exchange can be applied when I carry out my duties from now on.

*Sarah Hui (4J), Senior Prefect*

After sharing with the DBS prefects, I found that they are given a lot of authority to discipline their schoolmates. Also, they are in charge of more school activities. For example, they will stay until 10 or 11 pm just to make a banner in order to show their support towards their schoolmates and will even form a cheering team to cheer for their schoolmates in inter-school competitions. This trip encouraged me to contribute more to our school; not to ask what the school can do for me, but to ask what I can do for the school.

*Stephen Ching (5F), Senior Prefect*



The trip to DBS was more than I expected! DBS prefects are self-motivated and show a strong sense of leadership. Even though they may encounter problems when carrying out duties, the strong bond between them forms a force which allows them to tackle difficulties. Nevertheless, I hope that one day when I return to my alma mater, looking at the splendid accomplishments of my brothers and sisters, I can shout out proudly: **I was a SPKC prefect!**

*Joey Wong (5F), Senior Prefect*



**“Students perform well on the stage!” -Ms. Diana CHUNG**

The dance club has hit their goals by getting prizes in *The 49th Schools Dance Festival (Jazz)* and *The 41st Open Dance Contest (Jazz)*. Ms. Diana Chung, the teacher in charge of the club, was pleased with the performance of the club at this stage and is optimistic about the prospects of the club.

Ms. Chung was the teacher-manager of the dancing team in her previous school, and therefore she is experienced in organizing and dealing with various problems experienced by the club. At that time, she set up goals for the team, and achieved them every year, up until the year she left, they almost always got every prize they wanted. She hopes she could do the same with this school's dance club. What they have done and received recently means that they have achieved the first step towards their target.

Not at all like other competitions with exclusive prizes, the competitions that the dance club are participating in comprised various prizes to cater for teams or clubs with different levels and skills. Accordingly, teams or clubs have better chance to earn a prize. Similar to computer games, players achieve their goals step by step, the difficulties go up with increasing levels. As long as the players keep attaining the goals, their skills will improve. This rationale benefits players as it enables them to gain their sense of accomplishment effortlessly. This analogy could concretely expound the rationales and the positive repercussions behind the competition.

The dance club of our school mainly focuses on the thematic dance, which is a type of dance with themes and messages behind and throughout the plot. Dancers involved in a particular dance do not share the same movement, instead, each dancer has their own role and movements, outpouring their own emotions, with collaboration between dancers, unique patterns will be formed.



Ms. Chung is pleased with the team members' performances. She has said that members in the club are hardworking and devoted to dance, therefore, they have received heartening results on their first step.

### Difficulties and limitations

Hiring a suitable tutor was a difficulty in setting up a dance club. With Ms. Chung's experience, she noticed that the tutor of the club should not be too strict, or connive with members, otherwise, members wouldn't find it interesting and would either leave the club or just become desultory in lessons. Fortunately, she recruited a benevolent tutor who is eager to instruct in the dance club of our school and made it his first priority in his schedule. Another difficulty owed to members' attendance. Ms. Chung explained that members of this school are always busy, especially during holidays. If there are not enough members attending a class, it is not possible to practice in choreography even if the teachers and tutors are present, the class should be cancelled. Hence, extra classes should be added before competitions. The classes added should also be accommodating to all members, so that members could be familiar with their movements.

Limitation of budget is also a difficulty. As most of the budget is retrieved from the club fee, the budget set should be careful enough in order to operate practices and to purchase suitable costumes. If members are not performing well, extra classes should be added so that members can be familiar with the dance. The extra classes cost more in hiring the tutor, which may add a burden to the club's budget.

### “Even the janitors support us!”

Despite the difficulties which have emerged in the establishment of the club, they have received support, especially from our school, which has driven up their morale. Ms. Chung has depicted that the support from the school was overwhelming. She is grateful that some teachers had paid visits to practices, some even exerted strength in making and embellishing the costumes before competitions. In addition, teachers are so anxious about the results after the club had participated in competitions, and shared enthusiasm when they had heard it.

We all hope that the dance club in our school continues to strive for excellence, and not be discouraged when they encounter hindrances. We wish them all the best in their upcoming matches and in pursuing their dreams!





When I was in F.1, I dreamed of wearing the senior form's uniform, acting as a Form 5 student, which at that time was the highest form in our school. However, after I actually reached Form 5, I strive to be one of the 18% who can have a seat at one of the universities in Hong Kong. It's already stressed-out for being a Form 5, I wonder how our current Form 6 students feel about the DSE?

### **Stressed? Somehow I get used to it.**

"I started pushing myself in the summer before Form 6. Actually there was no time for relaxation at all during the tutorial classes. Sometimes I have a tutor for 6 hours straight and I'm usually stressed out after the whole day. Nevertheless, you are expected to be hard-working enough as a Form 6 student. I used to be stressful but somehow I got used to its existences," said Kitty Lee, a Form 6 student. I knew Kitty when I was in Form 1; she was serious in almost everything which inspired me a lot. She also wanted to encourage students not to give up and to treasure their time wisely.

### **Nothing to be afraid of**

The 2013 HKDSE examination has passed. Many of us may wonder how difficult the test is, I am not an exception. I started collecting the papers of different subjects in order to see how challenging the questions were. In the past, we might think DSE was a pretty hard examination. However, for the one who has enough preparation, there's nothing to be afraid of. If you have done a thousand questions, you may find the questions in the public exam a bit similar to the questions you've done before. Therefore, there's nothing to be afraid of!

*Do your best, GOD will do the rest!*

## My first year in SPKC

We go to school not just for learning the knowledge from our textbooks; we also learn how to communicate with others. This year, I have had a really joyful year with 1 Joy. Although my class is not the best class in our form, I think we have a better relationship with one another than other classes.

When I was in primary school, I didn't have many friends. I was shy and did not take the initiative in making acquaintances. I seldom talked to people. Even when people discussed with me, I went away immediately because I didn't know how to answer them. I often thought that I needed to prepare well before I started to talk. Therefore, I did not really enjoy my primary school life.

When I started studying in SPKC, everything changed. At the beginning, I thought that the interpersonal relationship between me and my schoolmates would be worse than before. Now, I know that I was wrong. Many people said that I was so quiet and so lonely at the beginning of the secondary school life. But now, people say that I am becoming another person. I am totally different. There are two reasons for my changes.

First, my 1 Joy classmates are really joyful. They always tell jokes to make the lessons lively. This is the first time that I can feel the happiness of having lessons. Second, 1 Joy classmates also care about others. They even care about the classmates who are not so close to them.

One day, I felt so uncomfortable. Then, many girls wanted to help me to go to the medical room and some boys tried their best to comfort me. After a while, I felt better and I went back to my classroom. I was so touched that many people cared about me. They greeted me and helped me to carry many heavy things. I felt so warm and joyful with them. Therefore, I relaxed myself and started to communicate with them.

1 Joy classmates have changed my personality in the past 12 years! In this secondary school, I understand that if each person does little things, we can overcome many difficult things.







**Ariel Law**  
2012-2013 5P

VICTORIA, BC  
CANADA

I left SPKC in January this year and now I'm studying in Canada. The education system is so different from HK. We don't have our homeroom but we go to different rooms for lessons. Students of different ages might mix together to study. Here I enjoy a lot of freedom. For me, it is much more relaxing here, because we don't have a lot of homework. However, it requires students to have enough self-discipline to study and I have learnt to be more independent. I enjoy the school life in Canada, however, I still miss SPKC. All of you, fellow schoolmates and teachers meant a lot to me. I miss you guys so much!

Life here in Italy is just completely different from Hong Kong in terms of lifestyle, culture, habits, and ways of communication. I didn't simply learn their language here, but I learnt how to accept and respect different cultures. Here I met a lot of amazing people from all over the world, being a part of them enriched my knowledge of the world. I just enjoy every moment here :)



**Sammi Cheung**  
(middle)  
2012-2013 5G

ROME  
ITALY

Hi SPKC, how are you guys recently? I believe you all are facing great pressure because of your schoolwork. May God bless you all!!! I am now studying in a Christian school in Canada. Luckily, the education here is not that stressful compared to Hong Kong's. Canada is a multi-cultural country. I have friends that are from Egypt, India and Vietnam. I even have a friend who is a mix of German, Persian, Russian and Azerbaijani. All my friends are so nice and they sometimes even make fun of my English ^\_\_\_\_^



**Pansy Kwan**  
(left)  
2012-2013 5G

TORONTO, ON  
CANADA





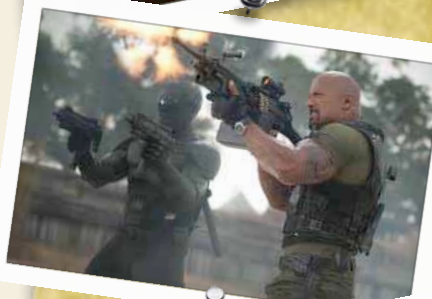
G.I. Joe is back in 2013! This time the crew is not only fighting against their mortal enemy Cobra, they are forced to contend with the threats from within the government that jeopardize them.

Same as last time, the cast of the film is very strong. Dwayne Johnson, Bruce Willis, Jonathan Pryce and all-great Korean actor Byung Hun Lee become a new spotlight in this episode. All of them show their talent of fighting very well.

As an action film, it provides a lot of fighting scenes, but this time, Byung Hun Lee acts as a ninja to perform a fight which is more vivid. If you are a martial arts lover, this will definitely make you satisfied!

Apart from appreciating the heroic stars, this film also tells us about how terrible war is. Once Cobra presses the button to fire the missiles, it will cause a massive destruction. So to a certain extent, the film presents the importance of preserving peace.

The strong cast, fierce combat and meaningful lessons assemble G.I. Joe perfectly. Do you have an excuse for not watching this wonderful film?



# Cream brûlée (4 servings)

## Equipments:

small containers	X 1
sift	X 1
wet towel	X 1
Burner torch	X 1
oven (with baking basin)	

## Ingredient:

Cream	2 cups (500 ml)
Milk	1/2 cup (125ml)
Sugar	1/3 cup (65g)
Egg yolk	x 4
vanilla bean	x 1

## Procedures:

- 1) Boil the cream and milk with vanilla bean slowly
- 2) Mix the egg yolk with sugar gently
- 3) Mix the boiled milk with egg yolk, gradually
- 5) Filter the mixture with a sift
- 6) Pour the mixture equally into 4 small containers
- 7) Put a wet towel on a baking basin
- 8) Place the containers on the wet towel
- 9) Fill some hot water in the baking basin
- 10) Put the baking basin in the oven and bake at 300 ° C for 35 mins.
- 11) After baking, put a thin cover of brown sugar on the surface of the baked Cream brûlée
- 12) Melt the brown sugar layer by using a burner
- 13) Enjoy it!!!





# Cats the Musical

## THE ULTIMATE, INCREDIBLE MEOW

Cats began its life when the composer Andrew Lloyd Webber was looking for a new challenge. In late 1977, he started thinking about one of his favourite books from his childhood, the Old Possum's Book of Practical Cats by

T. S. Eliot. Cats first opened in the West End in 1981.



### SYNOPSIS

The musical starts at midnight, not a sound from the pavement. Suddenly, an explosion of music and lights reveals an enormous junkyard. Jellicle cats reunite to celebrate who they are. The Jellicle cats meet annually at the Jellicle Ball. Victoria, one of the Jellicle cats, dances to signal the invitation to the Jellicle Ball. Old

Deuteronomy, who will be at the ball, will then decide which cat will ascend to the Heaviside Layer and come back to a new life. They sing and dance contentedly. Once Old Deuteronomy arrived to the ball, the cats entertain him with a special show.

Grizabella appears twice, wishing to rejoin and be a part of this cheerful celebration. She is left to contemplate her memory of time before she left the tribe. After the Jellicle Ball, the cats contemplate the movement of happiness. Finally, it's time for Old Deuteronomy to make the 'Jellicle choice' and decide which cat will come back to a new life. Grizabella is chosen to the Heaviside Layer and comes back to a new life.

Cats is an amazing musical play. Every dance is elegant and well-structured. The background is so detailed and realistic, which makes me feel like I'm one of the cats as well. The make-up of each cat and the background is astounding. The adventurous atmosphere and the stimulating songs bring the musical to life.

This striking musical has won tons of awards. In 1981, the Laurence Olivier Award was held, it was awarded as the Best New Musical and Outstanding Achievement in a Musical. In 1983, it was awarded Best Musical, Best Book of a Musical, Best Original Score, Best Direction of a Musical, Best Costume Design, Best Lighting Design in the Tony Awards. I highly recommend everyone to see this musical!

1



Joelle, Jovi, Jude

2



Rody

3



Atina

4



Paul Marcus

5



Man Yat Hei

6



Joshua

## Comics - by Niki Wong, 5J



Answers:

1. Ms Siu Nam Yeung
2. Ms Maggie Wong
3. Ms June Tang
4. Ms Joey Chow
5. Ms Joanna Leung
6. Mr Jimmy Tse