

To students, adventurers and knowledge-seekers,

Welcome back from the expeditions! We have heard exciting exchanges of LEWOWA anecdotes among you and your fellows. Your stories and photos fascinated us and we are curious about your unique experiences --- What did you witness? What did you try? What enlightened your minds and touched your hearts? What did you learn?

Learning is sometimes a process of "wall-breaking". Along your journey you may find that at times you are breaking a wall built earlier by prejudices and biases which separated you from a place or a people; you may also have to break some walls built by false knowledge in the past before you could finally see the facts and the truths. Leaving your familiar classrooms this time some of you definitely tried breaking that thick wall called "Fear" which blocked you from experiencing unfamiliar learning. Amidst friends and other strangers, you may also have broken that wall that represents the differences between us, which used to blind you from knowing yourselves and others genuinely.

Read these stories brought back by SPKC schoolmates from far and near. Discover each other's journeys of learning without walls.

Ms. Christina TUNG LEWOWA Committee

Index 目録

從圖像到文字-我的第一本韓國遊記	3
小說創作與文化	4
Huang Bu 7-Day Military Training	
Loving Beijing, Loving Mathematics	5
The Study of Si Chuans Post-Earthquake Relief Service and the study of Post-quake Town Re-development The Exploration of the Sino-Japanese War	6
Leadership and Team Building Scheme- Study Tour in Sabah	7
Taiwan Geotour Southern Taiwan Ecology Study Tour	8
Taiwan Environmental Conservation, Resources and Technology Program	9
Bejing Tour - Experiencing Sports and Culture on the Mainland Fun Adventure to Expo 2010 Shanghai	10
A study of the Logistic Industry in Dalian	11
To the Heart of Vietnam - a Cultural Heritage Tour	12 - 13
LEGO and Game Maker LEGO Community Walk - Photography Workshop	14
Caring Performing Art School	15
3D Modeling and Flash Web Design	16
Joseph and the Amazing Technicolor Coat Musical Training	17
Get set! Ready? Go! Marine Corps Outward Bound Training Programme	18
Rainbow Touch 2010	19
Understanding Minority groups in HK	20
One Globe, One Village Multiple Intelligences Training Program (MIT)	21
Rummikub party Gourmet Guide	22



邇啓〒繼忙許世寨颺

「A Nor Ha Sae Yo(你好)」、「Kam San Ha Mi Da(謝謝)」、「Qi Moo Yi So Yo(我有一個問題)」……上述一句句本來陌生異常的韓語,隨著是次課程完結而再次「陌生」起來,惟這五天又驚又喜的過程和經歷,教我與另外三位老師感受良多,許多場景依然歷歷在目。

甫下機,一位中二學生驚恐徬徨走到楊老



師跟前,說:「我的護照不見了」;有一位女生因患感冒須在晚上看急症;到當地警署報案——因一位女同學把相機丢失了;走過清溪川時,有同學不慎把眼鏡掉進河裏去……這些「意料之外」的經歷,怎不教老師們驚惶失措起來?

的確,是次課程——「從圖象到文字——我的第一本韓國遊記」——是一個很好的開端:既豐富學生的學習體驗,又能提升他們的寫作能力。期望這部「遊記」能愈走愈遠,走遍世界每一個角落,使這部「遊記」成為培基的一個傳統,給同學的學習經歷留下繽紛精彩的一頁。

蕭春霖老師





相傳只要圍繞聚星樓走三個 圈,便能學業猛進!

4 Peace 李穎心

了我對寫作方面的興趣 段獲益良多,希望以後

我們在香港鐵路博物館認識了香港 鐵路發展的歷史



屏山文物徑讓我們有機會了解 古人學習的情況



海防博物館讓我們大開眼界



三楝屋博物館裏的展品「眼看手 可動」,真有趣!









這一年,我因為有一個好奇的心而報名參加了中山國防教育訓練基地的七天軍訓團。雖然我不是第一次接受單訓,可是我仍然認為我可能會在訓練的幾天中倒下來,支撑不住自己疲勞的身軀。第一天,我們順利地來到了目的地—中山國防教育訓練基地,那一刻,大家也抱着一腔熱誠和興奮的心情迎接未來的訓練和挑戰。

認真的想一想,若我不是參加了中山這個學團,我未必能同一時間學到這麼多東西,我 也不會為過去的自己作出反思。因此,我真 的很感恩,能到中山國防教育訓練基地體驗 一下成為軍人的感受。

4 Grace 楊文諾

今年我參加了學習無疆界遊北京愛上數學的課程。在這五天,我既開心又難忘。每 天也有不同的任務,很具挑戰性,也能讓我 們知道數學與生活息息相關,無論任何地方 亦能用上數學。這次課程已不是在細小的課 室內,而是在外面學習。這次更是我第一次 自己到其他地方學習,所以我十分期待這次 到北京的課程。

第一天的任務竟然在飛機上,我們要找出飛機的飛行高度與機外溫度的關係,還要找出與數學有關的東西。我原本以為到了北京才有數學問題,原來飛機上已經有了。到了北京後便坐人力車到四合院學包餃子,晚上還有餃子宴,吃了很多餃子,肚子滿得連一粒米也再盛不下了。

第二天,我們來到北京鋼鐵學院附屬中學上課,學

習用相似三角形計數,也參觀了校社 ,發現校社非常大,設備優良,獎項 更是多不勝數,令我十分驚訝。

到了王府井大街,我們的任務是 找出整條街的人數,我那組把王府井 大街分開很多格,再找出一格的人數 ,最後找出整條街的人數。任務完成 後便能購物,買手信。

第三天,我們很早便出發到天安 門廣場看升旗,那時天還沒亮呢!當 日出的時候,奏出國歌,國旗慢慢上 升,我馬上把它錄下來。後來,我們

便向故宮出發。故宮非常大,佔地七十二萬平方米,沿途也不斷拍照。到了保和殿,就是第三個任務,我們要量度它,返回香港便要按1:150再造出來,難度很高,數據一定要準確才能造出來。

第四天早上,我們來到有名的北京大學參觀,並與學生 交流。首先他們介紹北京大學的一榻糊塗(一塔湖圖),即 是塔子、湖和圖書館。之後和我們交流一些讀書的事。下午

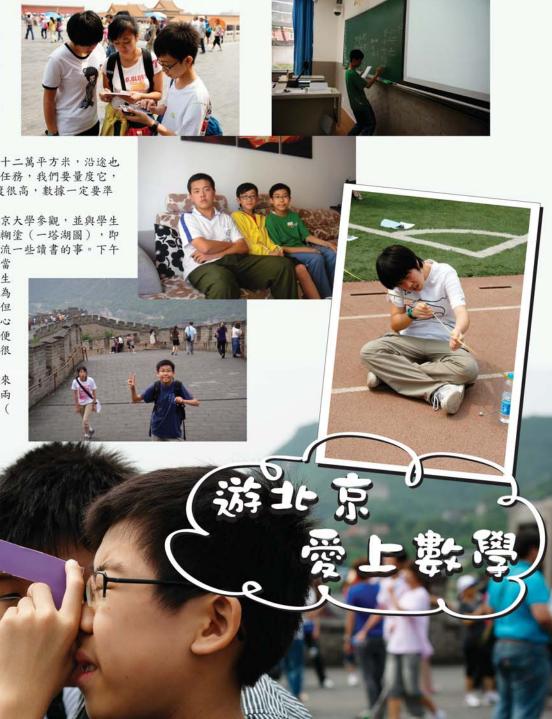
,我們再到北京鋼鐵學院附屬中學與當 地的學生一齊上課,並兩人一組到學生 的家做家訪。開始時沒怎樣說話,因 我的普通話說得不太好,有點害怕, 不久也說多了,因為那北京學生也用心 聆聽,亦明白我說甚麼。我們吃完飯便 返回北京鋼鐵學院附屬中學,晚餐也很 好吃。

不到長城非好漢。第五天,我們來 到長城的居庸關。首先,我們要找出兩 個烽火台的距離,完成後便能開始行(應該說是爬)長城。我們要行過五個烽火台 ,到達終點。看來很近,其實很遠,但最難 的是高高的梯級,非常難行,十分辛苦呢! 下午,我們來到水立方和鳥巢,它們也較想 象中還要大,建築獨特。最後我們到機場結

東這五天的課程。

在這五天,我獲益良多。 我學習了怎樣把數學在日常學習了怎樣把數學在日鄉學習用出來,也透過和習學 交流了解北京人的生活和記算學 ,亦能嘗試用普通話與北京 生講通。希望下次學習無疆界 也能學更多。

2 Grace周仲



中日戰爭探索之旅

廣島是日本著名的軍港 · 次大戰時·美國於當地投下 第一枚原子彈・把廣島幾乎 夷為平地。這次廣島之旅. 便是要從中認識中日戰爭的 歷史,亦感受日本文化。 在歷史方面,我們參觀了吳 市大和號戰艦博物館、廣島 和平資料館等、認識了不少 中日戰爭的經過·尤其對戰 --原子彈的影響 爭的破壞-有深刻的體驗,看到那些爆 後的片段·實在令人心傷。 在日本文化方面・我們有幸 與凌峰女子高中交流,可以 與一眾日本學生面對面傾談 · 亦看到她們的茶道示範 · 實在大開眼界。而參觀方面 · 我們亦去到被封為世界文 化遺產的宮島「海中大鳥居 」・在宮島・除了拍照・當 然少不了大肆購物,大家都 拿著大包小包的手信離開。 這次學習團真是一個珍貴的 機會·能親身感受中日戰爭 的歷史,體驗日本文化, 收獲」真豐富呢!

²地震後的北川遺址,沿途只有瓦滅群人和



四川地震災後實地考察及義工服務



城市和住在其中的人的關係是 怎樣的?

帶著這個看似簡單卻耐人思考 的問題,培基中六的同學走到 四川城都和512地震重災區之 的綿陽市·用了共六天的時間 在考察和義工服務過程中觀 察、接觸、經歷、反思、學習 。走進大街小巷、民區、旅遊 區、災區·停下來讀一遍政府 的標語、街上的廣告、然後回 想目睹的民生情況;我們一行 十多人每天遊走於這個經過 古戰、農村、現代化、旅遊發 展、天災・和苦難的城市・每 晚小休後再投入小組研討和義 工服務的準備。城市的建設發 展和公共空間的設計背後有甚 麼考慮因素?現代化的市鎮規 劃和地方歷史古蹟的保存是個 矛盾還是一對不可割裂的議題 ? 這地方的繁華也是這地人的 寫照嗎?災後美麗的新房子重 建了·心靈的破碎和需要卻有 人記起嗎?我們到四川學習和 服侍·在四川的經歷中重新再 思「學習」和「服侍」。

董洛昕老師

Leadership and Team Building Scheme -Study Tour in Sabah

By Vicky Tse (6F)

Sabah is truly a magnificent place to visit if you are looking for a vacation getaway. Renowned for its sunshine and beautiful beaches, would Sabah also be the place for us to develop leadership and team building skills? Apparently, the two teachers leading the program, Mr Alex Ng and Miss Stephanie Chung, believed so, as they took the initiative to propose this trip.

Prior to the 6-day trip, everyone in the program were literally strangers to me. I did not feel uneasy but it's kind of weird travelling with people you don't know, especially when you are the eldest among all participants (among students to be exact).

That 'weird' feeling didn't last long though. With such nice weather and foreseeable exciting trip, I instantly found myself sharing the same excitement with everyone at the airport.

We arrived at the capital of Sabah, Kota Kinabalu, at night. We didn't do much on the first day other than eating and sleeping. (Or maybe we were gradually being 'infected' by Malaysia's laid-back and relaxed habits!)

We headed to KK Adventure Park on the second day. Below is a group photo with the banner before we got on the coach.



After separating ourselves into two groups, we started off with some warm-up team building games, namely Human Knot and Hula Hoop.



We had Rock Climbing, High Ropes Course and Kayaking later - all perspiring activities under the





The highlight of the program is the homestay with the locals. A stay with the retired head-hunter tribe is truly an unforgettable experience. (Some of the houses are really primitive.)



On the third day, the girls explored the jungle for edible plants while the boys dug for worms for fishing. We enjoyed this very local 'gourmet food'. It may not taste the best but the effort that everyone paid in preparing it had made this lunch a nice and special one. The girls did such a good job for being brave and patient in the jungle. (The mosquitoes and insects were HUGE.) And the boys - fishing!



They are such nice people, we miss them even we just spent a day or so with them!



We went to an asylum afterwards. Smiling is the international language being used. Spread the love my friends!



River rafting on the fourth day, simply loved it! Here I am sure everyone developed their leadership and team building skills!



The fifth day of the program was devoted to sight-seeing. Mount Kinabalu is the highest peak in South-east Asia. The upper part of the mountain is covered by fog and mist. And the canopy walk gave us a bird's eye view of the forest.



Finally the sixth day, we went to a chocolatier named Beryl's before we had our flight.

And we miss our local tourguide, Alvin (aka LokLok)!

Southern Taiwan Ecology Study Trip

Group photo in Cheng Ching Lake



"My favorite friends, my favorite teachers, my favorite place, all were included in this learning program, Southern Taiwan Ecology Study Tour." -Chris To "On the fourth day, another very memorable place was the Ts'ai-liao fossil museum. There we learnt how the ancient animals including humans turned into a fossil stone after millions of years. That was really interesting and I also learnt to compared the prehistoric animals and the animals which those living here now by the fossil stone ,most of the prehistoric animals were huge and bigger than the animals that are living now. That was so interesting!!"

- Winnie Lo



1

A tall tower in Cheng Ching Lake! It is quite funny



"I enjoyed in Cheng Ching Lake very much and it is very beautiful! However, human beings don't treasure their belongings and destroy the environment severely! We must protect our environment and let our sons and grandsons enjoy this beautiful scenery, too!

- Tommy Fan

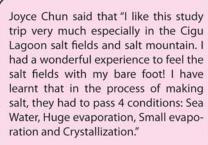


"We saw the monkeys on Wu Mountain, we rode bicycles in Tanshin Ecological Farm, we had bought the gift to our teachers in Dream age shopping center, etc. The nice memories are much more than the poor memories."

-Jacklyn Lam



Cigu Salt mountain





Nick Tsang and Annie Lo said that "One of the great experiences is that we were the teacher assistants in this programme. Teacher assistant is a job that has more authority than ordinary student. It is like a mini student union that can help to express the feeling of the other students in the programme to the teachers. There are also other duties, like helping the students to line-up, checking the rooms in the hotel at night to check whether there are students are still playing. We enjoyed this position very much, although it was a little bit tiring."



"In this Learning Without Walls programme, I learnt a lot of things about ecology. For example, we went to the Black-Faced Spoonbill Centre. I learnt many things about the Black-Faced Spoonbill. This kind of bird is an endangered species. It is called "spoonbill" because it has a spoon-like mouth. I learnt about their habitats and the varieties of this kind of bird. Also, Taiwan Orchid Plantation is one of the main points of this programme. In the centre, there were a lot of orchids."

- Nick Tsang





這六天的旅程裡,在欣賞美麗的台灣生態風光的同時,亦學習了不少有關台灣 的生態環境保育,資源和科技的運用以 及對人們生活的影響。

第一天,我們到了墾丁的國家海岸公園 參觀,在那裡我看到不同的大自然奇景 ,例如風吹砂、船帆石等,這些都是在 香港看不到的。我們到了台灣最南端的 燈塔——鵝鑾鼻燈塔,在那裡拍下了我 們的第一張大合照,四十多人排在一起 ,場面多麼的壯觀!

第三天,我們分別到了黑臉琵鷺濕地保護保區、鹽博物館及七股鹽場,雖然我們並未能看到真實的黑臉琵鷺物一樣實 員的專業講解令我仿如看到實物一樣, 令我對黑臉琵鷺的生長過程、品種及習 性有更多的認識。而鹽博物館的導賞和 七股鹽場的參觀亦今我更清晰了解鹽的 製作過程以及鹽對台灣的重要性。

第四天,我們到達了台灣溪頭野生生物保護區,那裡鳥語花香,景色怡人,大學池裡的竹橋的倒映與竹林相映成趣。 其後,我們到廣興紙寮了解再造紙的過程,並親手自製了一把紙扇。

第五天,我們到達台中中興大學廚餘收 集及處理廠,以及參觀了九二一地震博 物館。那裡保存了當時被地震破壞的 舍原址,還有地震紀錄史實,令我深刻 地感受到大自然災害的威力以及人類的 渺小,同時亦令我體會到當時面對大地 震的人民的恐懼和無助。

第六天,我們終於到達台北。我們分別 到了九份的旅遊景點、北投焚化廠、漁 人碼頭等,最後還到了誠品旗艦店。我 們在誠品旗艦店買了許多不同的書及各 式各樣的精品,可謂滿載而歸呢!

在這次旅程裡,我看到到台灣與香港的不同環保措施,反映兩地人民對環保有不同的態度和重視程度。但願此行程可以令培基的同學更注重環保和生態保育,積極為自己居住的環境出一分力,把香港變成一個環保綠化城市



我們在鹽博物館親身體驗以前的台灣居民的採鹽經過

各式各樣的魚類在水中暢泳

今年的學習無疆界再次讓我們有幸闖出香港到外地學習,真是令我們 獲益良多!

我們的第一張大合照,攝於台灣最南端的燈塔-

台灣,是港人嚮往的地方,除了是旅遊勝地,也是一處擁有不同地理特性的考察好去處。第一天,我們全團四十二人乘坐飛機往台中。由於這是我第一次遊台中,難免興奮和期待。當我們抵達目的地後,我才得知台中是有別於台北的——台中是一個名副其實的鄉村!被四周綠油油的草原包圍著,感覺真的很新鮮呢!雖然台灣天氣時常不穩,但仍無阻我們的行程。

我們的第一個參觀點是「九二一地震教育園」,那裏保留了十一年前 7.3級大地震中損毀了的台中霧峰國中,園區內完整保存了震後地貌

,有錯動的斷層、倒塌的校舍、隆起的河床,每一個景觀都展示了大自然的毀滅性,是最為寫實的地震教室,那兒讓我們知道地震帶來的禍害,而且博物館亦陳列出有關地球的模型,令我對地震的起源有更深刻的了解和明白樓宇防震的重要性。那次地震雖已成為過去,但其帶來的後遺症至今仍然磨滅不掉。當我們置身於地震遺址,猶如目睹整個地震過程一樣,重重震撼著我們的心房。

第二天清早,我們吃過了早餐後便乘搭旅遊巴往草橫地質公園。經過三小時的車程,我們終於到達路山峯。從高處俯瞰下去看似沒有甚麼特別,但根據導遊所說,草橫發生多次山崩的原因主要是因為地形屬於順向坡,921大地震時整座山頭因失去支力點而被削掉,崩落的土

石於頃刻間下滑五點六公里,有的甚至飛落在清水溪的另一端(嘉義梅山的土地上),移山填潭,可見大自然的力量確實令人震懾又敬畏!縱使我們身處香港未曾感受過可怕的天災,可是我們有機會親身目睹地震後的影響時,已足以讓我們明白到當地人經歷災難的心情。之後,我們到台灣福田水資源中心學習水的循環、水流的物理特性、水資源開發利用等方法,讓我從中知道水對地球的重要性。同時,館內更有詳細介紹集集共同引水工程,使我們對獨水溪及台灣水資源發展軌跡有更深入的了解。

接下來的幾天,我們到達南投縣參觀台灣大學農場、日月潭、台北的金勇DIY休閒農場「番茄王國」和大溪花海農,又到陽明山國家公園觀察火山地貌。台灣的火山均是睡火山,火山口噴出白濛濛的煙霧。這是第一次我觀賞火山呢!其後我們到了野柳地質公園去考察被風化侵蝕了的岩石,那兒怪石嶙峋,如有著名的燭台石和女王頭,真是十分有觀賞價值。此外,我們又到了黃金博物園區學習黃金採礦的知識

六天的台灣地理考察之旅就此結束,雖然帶著疲憊不堪的身子回港, 但卻感到十分滿足和富有意義,因為讀萬卷書不如行萬里路,透過親 身體驗,使我們的地理知識更上一層樓,對日後修讀地理科有著莫大 的裨益,而且透過接觸台灣特有文化,令我們感受到台灣生活的魅力 ,令我們一生難忘呢!

整個LEWOWA、整個北京交流之 旅終於都曲終人散了。對於整個過程的 點點滴滴·搞笑事情以及在這課程所學 習到的,一切都記憶猶新。

縱然第一天就因為飛機耽誤而要更 改行程·但也無損我對這次交流團的興 致。晚上的什剎海除了格外漂亮外,還 帶給我有回到香港的感覺,因為那兒跟 香港蘭桂坊一樣熱鬧。接下來的日子我 們參觀了很多地方·其中我對萬里長城 的印象最為深刻。所謂「不到長城非好 漢」·第一次行長城的我·不但得到「 好漢」這個名份·而且我真的感到自己 位真真正正的中國人・這種由心發 出的感覺還是第一次。除此之外,我在 過程的同時·開始感受到當時人民的痛 苦、在生活環境惡劣的環境下還要艱辛 的工作,就不難想像到其辛苦程度。相 比之下,只是小小的粗重工夫我已經大 喊要死,那麼若果換轉是我們去修建長 城·那麼死十次也不夠吧。所以·我從 這次行長城的過程中學習到不要隋便說 辛苦、說累,因為每當想到當時人民們 的痛苦,我就知道現在所面對的只是一 些小煩惱。

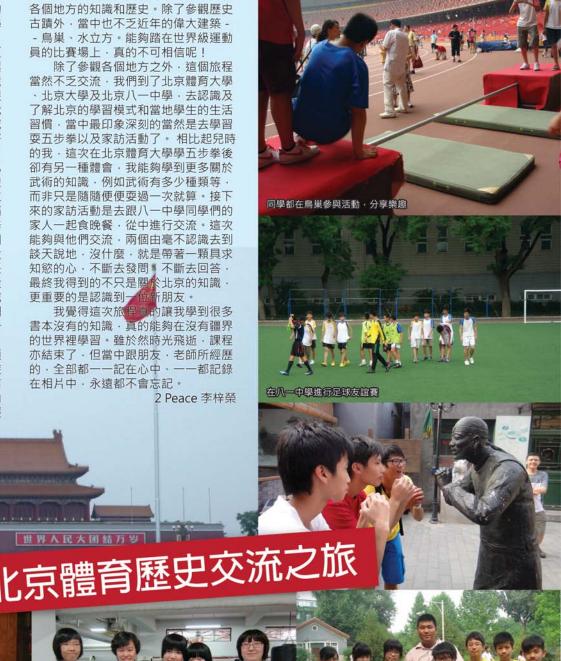
其後我們還參觀過故宮博物院、頤 和園等北京的旅遊景點,當中縱然導遊 介紹的時候比較急促,而且口音也帶有 北京話的口吻·不過當中不多不少的內 容只要用心聽,也能夠聽得懂,所以經

過這次旅程後,我真能夠學到一點關於 各個地方的知識和歷史。除了參觀歷史 古蹟外·當中也不乏近年的偉大建築 -- 鳥巢、水立方。能夠踏在世界級運動 員的比賽場上,真的不可相信呢!

除了參觀各個地方之外·這個旅程 當然不乏交流,我們到了北京體育大學 、北京大學及北京八一中學 · 去認識及 了解北京的學習模式和當地學生的生活 習慣,當中最印象深刻的當然是去學習 耍五步拳以及家訪活動了。 相比起兒時 的我·這次在北京體育大學學五步拳後 卻有另一種體會·我能夠學到更多關於 武術的知識,例如武術有多少種類等, 而非只是隨隨便便耍過一次就算。接下 來的家訪活動是去跟八一中學同學們的 家人一起食晚餐,從中進行交流。這次 能夠與他們交流,兩個由毫不認識去到 談天說地,沒什麼,就是帶著一顆具求 知慾的心,不斷去發問,不斷去回答, 最終我得到的不只是關於北京的知識· 更重要的是認識到 血新朋友。

我覺得這次旅程真的讓我學到很多 書本沒有的知識·真的能夠在沒有疆界 的世界裡學習。雖於然時光飛逝·課程 亦結束了,但當中跟朋友,老師所經歷 的,全部都一一記在心中,--都記錄 在相片中、永遠都不會忘記。

2 Peace 李梓榮



多倫路文化街-一同學的扮相維肖維妙!

同學進館了!十分期待呢!

著名學府——上海復旦大學



家的母語不同。但在一場乒乓球出賽中大



Many of us in SPKC, probably including teachers, only know Vietnam through a narrow glimpse of its recent past from our textbooks. Yet a first-hand experience of Vietnam has opened our eyes to the richness and abundant cultures this country has to offer...

We can find a lot of traditional and special crafts, food, culture, architecture etc. On the other hand, Vietnamese keeps its heritage very well. And in Vietnam every city has its own museum to display its history. Although Hong Kong is a more developed country but our protection of heritage is not as good as Vietnam this less developed country.

3J Choi Wai Yan

Trying out the cassava

Vietnam is a place I will never forget. It's hard to forget the life there. After the war, Vietnam needed to use a long time to re-develop, but the people kept their spirit to bravely face their history and to themselves up gear to start their new life. I think I need to learn from them as I miss this spirit in my life. 4F Law Wing Ki

The rich-poor disparity is very serious in Vietnam. Buildings in the big city are luxurious, but those in the village are ugly... But the people all are very polite and passionate about their culture and follow their customs.

4J Lee Ting Fong

Vietnam is a place where eastern and western cultures assimilate with each other and I think it is even more integrated and unique than Hong Kong. Vietnamese food is developed from Chinese food, such as he fen, spring roll and so on. Also, 'couple cakes' are made of Chinese green bean. We can also find western food like coffee. We dined in a French restaurant in Hanoi but there was no French food. In language, a French priest came to Vietnam and decided to develop a new written language similar to French by using the Latin alphabet for pronunciation. However, the pronunciation is still sometimes similar to Putonghua. This distinguishes Vietnam from other Asian countries.



4G CHUNG Ho Chun

Vietnam is an impressive country with striking views and delicious cuisines. However, this country is not without problems and it's quite polarized. It is a very traditional country. Old things are preserved in a very nice manner, like the Forbidden City, Central Post Office and Hoi An. The government has done a great job with these monuments, preserving their function and appearance. This is what Hong Kong should learn. In spite of this, don't be surprised if you can see a much more advanced Vietnam after a few years. Renovation work is everywhere. While I will be happy to see Vietnam grow economically, I think the influx of tourists will simply ruin the old part of this country - the awesome monuments and countryside. I just can't imagine all these being modernized and filled with tourists. But I believe the future of the country should be decided by the people there.

6F Alex Luk



a Cultural Heritage Tour





The remains of an American tank covered with bullet holes

War Peace I had an unforgettable experience in Vietnam. Walking around in 40°C heat is hard but worthwhile. In Vietnam I find that learning by observing the real things myself is much better than learning by reading a book. When I take a look at the photos I took in Vietnam, I realize I have learnt so much.

Many wars have happened in Vietnam. A horrible war between USA and Vietnam happened just 30 years ago. During the war, people stayed in narrow and dark tunnels for almost 10 years, eating mainly cassava. I tried a small piece of cassava but it tastes so terrible that I could only swallow a slice of it. The end of the war was the beginning of something horrible. We visited a museum that showed the effects of wars. I can't forget the body of the dead baby—the skeleton is just covered with skin and you can't even identify the limbs. Today, Vietnam is a peaceful place. Who can imagine about the many wars in the past? After visiting the Cu Chi Tunnels, I highly appreciate the patience and the spirit of Vietnamese people. They can recover and re-develop within a short time.

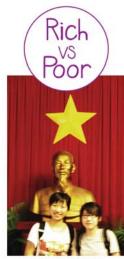
3J Lee Sze Nang

Before coming to Vietnam, I always imagined that the Vietnamese lived in thatched huts, eating dirty food, even washing their clothes in the river. But undoubtedly Ho Chi Minh City totally changed my impression. People are friendly, and the environment is clean. I realized being 'rich' does not equal to being 'well educated'. The gap between rich and poor in Vietnam is really wide. I never saw kids who cannot go to school because of poverty except through newspapers or TV, but on this trip I saw it with my own eyes.

4J Jiang Jiawei

On the first day, we saw a girl aged about twelve selling flowers and gum outside the post office. Children at that age should be studying at school. But she has to work to earn money instead. Then we passed by an international school with a really smart appearance, where the school fees are about US\$10,000/year. The two extremes are only two streets apart. How can the world be so unfair? Teenagers of the same age can be so different.

4F Sunny Chan & LIEN Hin Chun



Posing in front of the Vietnames national hero Ho Chi Minh

How to cross the road in Vietnam

The whole SPKC group steps out towards the middle of the road (doesn't matter how many

Move forward a little whenever



The legacy of a western colonial past

LEGO and

Game Maker



The components of LEGO robot.

The students are trying to draw the characters for their own computer game.



This is the work of a student, after 2 to 3 lessons.

The students are playing the games created by their classmates.

LEGO is for little kids to build immobile virtual sky-high buildings and cities, but we did more than that! In this programme, the tutor taught our students to make LEGO robots which can move according to the directions set by the computer programme.

Starting from tons of tiny LEGO components, each having a different shape, built up bit by bit, and finally, voila, the robot is done! It moves around according to the programme set by students in the computer. Students are amazed by their movable LEGO toys!

In addition, the tutor also taught our students to design computer games. At first I was a bit worried about the girls in this programme as girls may not be as interested in computer games. However, both the girls' and boy's work were surprisingly in good quality! Most of the games are fantastic and they have different levels of difficulty. We, the teachers, were amazed by their creativity, let alone their pretty hand drawings using the computer mouse!

Although this programme is mainly for leisure, through working individually and in groups, they learnt to be more independent in learning and more mature in working with others.

Mr. Ether Ho, Ms. Rachel Li, Mr. Stephen Lam



趣的相機造型!



生自製的針孔菲林相機

社區光影行· 從針孔到數碼攝影工作坊

許多參與的學生都從這個課程開始,喜歡上了攝影,你又有沒有興趣呢?



我的第一次針孔攝影成功陳

「卡嚓」一聲,DC就儲存了眼前 的影象,但是,整個過程又是如何 發生的,你又有沒有想過呢?這個 課程帶大家回歸本源,了解到攝影 不只是按下一個按鈕的事,希望各 位同學:

1. 增加對攝影的學習興趣,了解數碼以外的攝影知識

透過自製相機,認識最基本、簡單的針孔攝影方法,明白光與影之間的關係,擴闊對攝影的認識,了解攝影並不只有數碼/電腦化。除此之外,參加者也可以走進黑房親手將照片沖晒出來,嘗試晒相的經驗之外,也對整個攝影過程有更全面的認識。

2. 認識攝影的價值觀和理念

無論是製作相機或學習數碼攝影, 都不單只是攝影技術上的認知,也 希望讓參加者去回想器材與真正學 習攝影之間的關係,器材只是幫助 拍照的工具,攝影的重點是要用心 和感受去看事物。

3. 個人耐性和判斷力的培養

學習攝影過程中,自己需要對環境 、身邊事物作出觀察,提高「看」 的能力,此外,透過針孔攝影的方 式,也可以增加學習攝影的耐性, 讓參加者珍惜自己的拍攝成果。

4. 親身走出課室進入社區拍攝,不 是資料上的認知

認識我們的社區和文化,不是只是 在書本、網絡上的資料查閱,而是 要實地去接觸:社區訪問、探索, 細心聆聽周遭事物的聲音,用影像 、文字把觀察到的一一記錄下來, 攝影的過程就成為自己的真實社區 經驗,以全面的方式地去認識社區 文化。

5. 體驗不同社區和文化觀察活動

從社區物件出發,透過方格行、文 化之旅活動,引發自己與社區連繫 的敏感度,探索社區的概念,增加 攝影上的觀察和方向引導,而參加 者自發設計的文化之旅路線,可以 認識不同的社區文化,明白生活中 的人事物是和自己息息相關的。

6. 互相文流、討論及欣賞成果

透過工作坊的不同活動和體驗,參加者在攝影的過程中,也需要有團隊的合作和一同搜集資料,增加意見文流、討論。除此之外,透過相片及文字分享,也可以讓大家互相欣賞成果,增加滿足感。



學生努力準備展板

美侖美奐的Visual Diary視覺日記: 寫滿了這個旅程的所見所聞所學!



這次的「學習無疆界」,我參加了「愛心演藝學院」。 在過程中我們會接受一些雜耍、舞蹈等的訓練,並合演一套 音樂劇給一班患有癌症的小朋友看。因此,我們在課程中接

受不同的訓練和觀看不同的演出。

我們去了香港大會堂看一齣話劇——《相約星期二》, 又到了演藝學院參觀。原來演藝學院分為五個學院,分別有 舞蹈學院、戲劇學院、音樂學院、電影電視學院及製作藝術 學院。我們參觀了歌劇院、戲劇院、音樂廳、演奏廳等。參 觀的過程中,我們看見牆上有不少學生的作品及相片,當中 ,我們還看到一些藝人就讀時演出的照片。之後,我們去了 伯大尼校園,參觀了包玉剛禮堂、小教堂、惠康劇院等。而 那些建築設計充滿法國特色,例如屋頂大多數是金字塔形的 ,而色調以白色為主。我們又曾參觀演藝王國後台和欣賞表 演,他們的表演有功夫、雜技、舞蹈等。而當中萬聖節的部 份就令我最難忘,因為那些舞蹈員會扮成鬼,然後下台嚇我 們。而我因為太害怕,所以不小心捉住了我旁邊那位同學的 手,這件事我還歷歷在目呢!

另外,還有不同的劇團及演員為我們介紹不同的戲劇。 例如演員Amy跟我們分享她的演出經驗,為我們介紹了戲劇的 類別,如有京劇、正劇、喜劇等等;又有life room的社工表演 了「一人一故事劇場」,真的很有趣!他們都很有默契。 我們更去了鳥溪沙青年新村,入營兩天,為舞台劇作排練。經角色選拔後,有的同學被編為戲劇組,有的被選為音樂組,有的被納入為雜耍組,而我的角色則是舞蹈員。而我們要跳的舞就是《NOBODY》!

我們一開始已經很努力地練習,當我們學會了少量的舞步,便幫助導師們教導一些跟不上的同學。我們五位負責跳舞的同學,更在睡前作自我檢討,互相為明天的訓練打氣。 幾經辛苦,我們於第二天便練完整首《NOBODY》了。導師 Frankie都感到很開心,對我們的表現也很滿意。

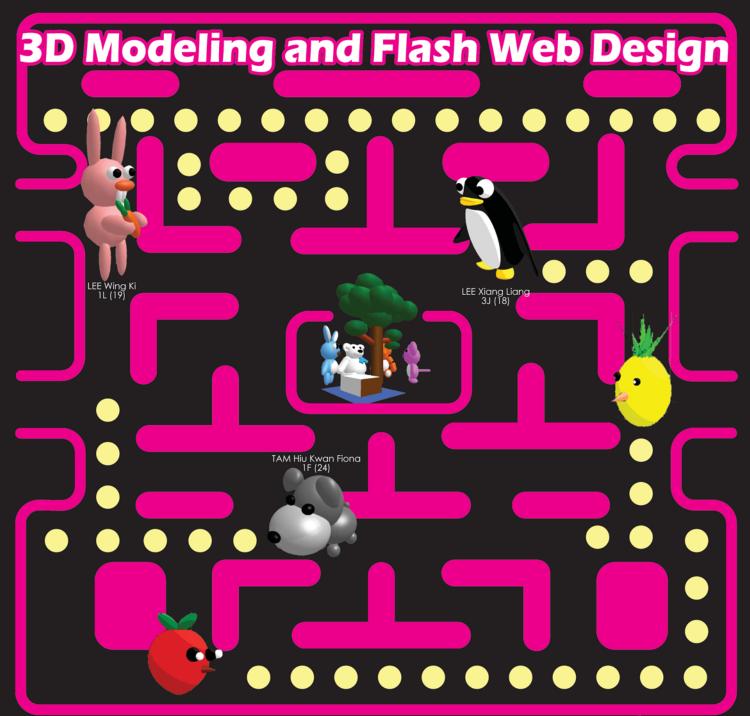
到了正式表演,「生命小戰士」會的成員先分享他們的經歷,然後便到我們表演。過程很順利,我們還得到觀眾熱烈的掌聲。演出後,大家都交換意見,也要向三位導師K.o、阿星、Frankie道別,真是依依不捨呢!

最後一天,我們的工作就是做壁報,大家都很用心去做,很開心呢!

在這個課程中,令我學會了很多關於演藝的知識,同時也令我對演藝產生興趣。我很開心,感謝一起參與的同伴,也要感謝三位導師K.o、阿星、Frankie的教導,還有Mr. Lui和Ms. Hui安排了一個很有意義的課程。我希望下年可以繼續和這班同伴一起參加「學習無疆界」啦!

1 Faith 黃雅靖





Originally, I wanted to travel overseas such as Beijing, Japan, Korea, Shanghai, etc. Then I Flash Web Page changed my mind and wanted to stay in Hong Kong for a computer program. I love computers and did not want to miss a chance to learn more skills about it. In this program, I learnt a lot of things about a program called 6KT Super 5. The tutor gave us a topic about Shanghai Expo 2010 and then I had to use the software to make some pavilions. I made the China Pavilion, Italy Pavilion, Slovenia Pavilion and Space Home Pavilion. Let me show you some photos! Although I had to sit in the computer room for 7 hours every day for the whole week, it was worth it. I learned how to be patient and careful because some steps were absolutely important when making the pavilions. I needed to listen to the instructions from the tutor carefully. If I didn't listen to him carefully, I would make many mistakes. Patience and carefulness are very important.

Wong Tik Fung (2P33)



It was my pleasure to join this programme as I can know about making webpages and 3D modeling. The knowledge is practical, and I can use the knowledge in my daily life. "A good start is half the success ". After joining this programme, I have more interest in computer programming. In the future, I will try to upgrade and improve my computer designing skills.

Yau Long Kan(3F33)



KONG Tze Wah Tiffany 2G (11)





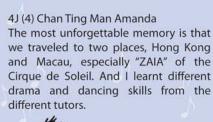
The 43 students who attended this special LEWOWA programme had an experience to remember with a packed programme which included development of drama skills, cultural learning and above all team —work in preparation for SPKC's first ever musical, "Joseph and the Amazing Technicolour Dreamcoat". Highlights of the 8 day programme included workshops at the studios of "Theatre Noir",watching a brilliant Shakespeare performance "With Love ...William Shakespeare", the visit to Macau with theatre sports at the famous "Theatro de Lavradores" and going to the Venetian to see the magnificent "Cirque du Soleil". The programme was great preparation for our talented cast and crew who went on to give outstanding performances on July 2,3 in the SPKC School Hall and made history for the school.

JOSEPH AND THE AMAZING TECHNICOLOR COAT MUSICAL TRAINING (HONG KONG AND MACAU)

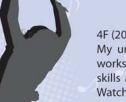


1F (34) Alice

During the trip, we visited St Paul's Church, A Ma Temple...It was so much fun! The drama at Macau Workers' Theatre was inspiring where we played Theatre Sports. The ZAIA show at the Venetian was amazing. The actors could do so many unbelievable acts. Time flew and we needed to return to Hong Kong. Oh, almost forgot, thanks Mr. Gerald, Mr. D, Ms. Millie, Ms Yuen, Roxana for their caring and guidance...







4F (20) Karine Leung

My unforgettable memories were joining the acting workshops in HK and Macau, it improved our acting skills and boosted our confidence by playing games. Watching ZAIA at the Venetian impressed me a lot, because the actors are very talented and professional, which makes us understand the true meaning of acting.





Get set! Ready? Go! dream your dream

Have you ever thought about your future? What will you do to make it more perfect? "Get set! Ready? GO!" is a programme which equips Form Six students to encounter future challenges especially in their career. It aims at achieving an ideal LIFE through learning, being independent, having fun and gaining job experiences.

The entire programme is divided into a few parts. On Day 1, students had to know more about each other by participating in various ice-breaking activities. What is more, we had to understand ourselves profoundly. What we need is to perceive our strengths and weaknesses, personality and interests. Then we tried to find out our prospective job and set goals. Leo Tolstory, a Russian writer once said that "Ideal is the beacon. Without ideal, there is no secure direction; without direction, there is no life." Undoubtedly, we are now having the opportunity to chase our dreams.

Right after that, there was a three-day camp. During the camp, we played, we learnt and we act. Orienteering is an exciting but challenging game, which strives for students' collaboration, communication, speed and problem-solving skills. Although the weather was suffocating and we were all exhausted, it was still enjoyable. We went on a tour to the

Langham Hotel and had a deeper understanding into the hotel industry. The most useful and vital part of the camp must be the workshop of interview techniques, application letter and curriculum vitae (CV). In order to make it more realistic and practical, we wrote the application letter and CV after the workshop. We had a mock interview to compete for our desirable job in the coming three working days. We tried our best to demonstrate our talents and ability to fulfill the job requirements and to convince the employers. In short, it was a valuable and pleasant practice.

Last but not least, students were appointed to work in different posts such as waiters, sales, clerks or campsite helpers etc according to their previous performance. It is extraordinary and profitable for us to undergo a working experience and learn the appropriate working attitude. I believe the best preparation for good work tomorrow is to do good work today.

All in all, this programme is beneficial for Form Six students as we are going to university next year and even have to work soon. It is the best programme to prepare the most suitable path for our dream, future and life.

Mandy Lam 6J



















在這個「海陸軍大作戰」課程中,我充份體驗到軍 人的生活和了解到軍人應具備的素質。這個課程令 我獲益良多。

經過三天不同的戶外訓練後,我發現自己長大了很多。例如在基甸野外歷奇軍訓營中,我們沒有煮食爐,要用石蠟和火柴生火煮食,以及要紮營為自己準備休息的地方。這些工作對我們「九十後」來說,真是極之困難。另外,我們要在凌晨四時出發遠足,這更是地獄式訓練。雖然辛苦,但這幾項活動可以鍛鍊我們的獨立能力、意志力和忍耐力。在第四天的乘風航海上歷奇訓練中,令我最深刻的

在第四天的乘風航海上歷奇訓練中,令我最深刻的 活動是跳海。我們要從三層樓高的位置跳進海裏, 真是相當嚇人。在這個活動中,我挑戰了自己,克 服了心理障礙,我很有成功感。

在最後一天的野戰活動中,我也獲益良多。我不單對槍械的控制有進一步了解,更真真正正地感受到戰爭的激烈和危險。我既要顧及自己的安全,也要與隊友共同進退,剿滅敵人。這個活動真是刺激又難忘。

經過今年的學習無疆界課程,我們體會到軍人艱苦的生活,亦感受到戰爭的可怕及和平的可貴。我們亦更加了解自己的潛能,學會互相合作和團隊精神的重要性。我們明白到要做好一件事需要堅持和忍耐。這一切對我們日後學習或工作都非常重要,畢生受用。

1 Love譚子淇

自已煮公仔麵



Rainbow Touch 2010



Starting off

22 junior form students joined this programme – the "Rainbow Touch". 12, June, 2010 was the first day that they met each other. They went on 2 camps and participated in half-day volunteer work. For most of them, this must be one of the most unforgettable experiences in their life.

On the first day, they were divided into two teams. At first, complaints were received about their grouping. They did not like the arrangement; they preferred to stay in the same group with their good friends. Throughout the programme, they learned how to cooperate with each other; they all became good friends in the end.

Their first adventure

The first camp started from Pak Tam Chung. They hiked all the way to the campsite, which was at the Chong Hing Water Sports Centre. The trail was tough yet the members performed well and they arrived earlier than expected. However, they could not take a rest after their long and tiring adventure, as they still had to prepare for their dinner. They were very cooperative and did a great job. Although this was the first time they cooked a proper meal, to be frank, it tasted good!

More exciting experience

After the first camp, all members were tired. Many

of them even said they were going to apply for leave. Fortunately, they all showed up in the end. Their destination for their second journey was Pak Sha O. Members started off from Pak Tam Chung, and they spent a night camping at Cheung Sheung Campsite. They had to set up their own tents and again cooked for themselves. Early the next day, they had to pack their things and hiked down to Pak Sha O. They finally could take a break, and enjoyed a nice BBQ that night.

The next morning, they were responsible for tidying the hostel before they could leave. Many of them did not have any experience of doing housework. It was a real challenge to them. After cleaning up, they went back to the LS Park to give a try on the "High Event", which was a rope course that our school has built. They screamed, they yelled, they laughed and they were frightened, yet they persisted till the end.

Serving the community

The most meaningful and precious event would be visiting the mental rehabilitation centre. They worked and had lunch with those undergoing rehabilitation. They danced and also performed magic for them. Both our members and the residents enjoyed a wonderful day.

Reported by: Johnnie Ng (6 J)









Understanding Minority Groups

in Hong Kong

親親香港的少數族裔

This year is our second year to partner with the Hong Kong Christian Service to run this programme. We have learnt a lot about reaching out to the South Asian Community in Hong Kong. Students and teachers were fascinated by the unique characteristics of the Ethnic Minorities and we have learnt to respect each other despite our cultural differences in society.



The Pakistani lady is showing us how to draw Indian Arts with Henna.



We also visited some Pakistani families and they showed great hospitality to us.



This is the lunch provided free of charge in the Sikh Temple. Due to religious reasons, only vegetarian food is served. It is quite spicy and hot. There is rice, chapatti, and curry for us. The most impressive thing is the milk tea, as it tastes delicious and it is different from the common one in Hong Kong.



We are learning how to play a South Asian Drum.



We successfully built the paper tower with the South Asians.



The Nepali lady is teaching us Indian Dance.



All the ingredients, such as onions, flour, potatoes, chillies and so on, are put on the table. We used them to make the food, like chapatti, aaloo paratha, chutney, curry fishballs, and Indian milk tea.



we are learning how to make a Pakistani pizza.



"After this LEWOWA experience, I think I have changed my point of view towards South Asians. In the past, when I saw them on the street, I would avoid them. But now, I understand that their lives in Hong Kong are very difficult, I hope I can do something for them in the future."

Lam Cheuk Wing, 1 Love

Multiple Intelligences

Training Program

Multiple Intelligences Training Program (MIT) is evolving every year. We had more fun this year than ever. We could conclude what we have done, as "skills-required" entertainments, including dancing, board games, needlework, bakery, etc. We also learn about our community through visiting our Kwong Yuen District and getting to know about the problem of stray animals in Hong Kong. We'd also say this is the most fruitful programme of all – for each student has created a bag, a written proposal, a script, a role play, 5 dances (yeah!), a sculpted chocolate cake – and they live happily ever after~~~



We're learning Super Junior's new song – Bonamana

Watch out, we take our Monopoly very seriously! -

Students are learning to make balloon toys. Not bad for the first time~~~ They killed quite a number of balloons too.

Drama still images -

 Making our own chocolate cake at the Aishi Bakery. You may be eating our products.

Before visiting Kwong Yuen, we talked about what our ideal living environment is so that we know how to actualize it~ See how greedy we are, each post-it note represents one good quality of life.



Bowie Wu (3 Joy):

This program let me know more about our world. There are still many people in our world who are in need, and they need our help. I have learnt to treasure my life and things around me now. I hope I can try my best to help the needy to get rid of their poor situation.

The new shoes will be sent to the needy.



Sarah Cheung (3 Peace):

In this programme, I understood more about the world's situation. In one of the activities, we made paper bags and sold them in order to earn money for a living. I experienced how hard and difficult it is for the poor to strive for survival. In another activity, I was very shocked to know that some poor people sell their children to other places to work in order to earn money for the whole family.

Vicki Lin (2 Love):

In this programme, I learnt that not everyone in our world can have a fortunate life like us. Studying at such a joyful school and living with a warm family; all from the grace of God. We should always be thankful for what we have right now.

Sharon Li (4 Peace):

My favourite voluntary work in this programme was helping the clothes department and toys department. I am sure that when the poor children receive the clothes and toys, they will be very happy.

Terry Law (3 Grace):

In this programme, I know that there are many poor people in the world. They may only earn one US dollar or less a day. They do not have clean water, enough food, a chance to study or even money to see a doctor when they are sick. I think we should help them more by making more donations.



In the toys department, we help to sort out the toys.
 Imagine how hard your life would be if this was where you lived!

We are making paper bags in a game called "The Struggle, For Survival".

If it one of the places where we did the voluntary work. It is a place to hold all the incoming donated items.

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分餅、玩數、做模

在本年度的LEWOWA,我參加了分餅、玩數

、做模型這個課程。第一日我們學習玩一個有關數字的遊

戲——Rummikub。接觸這個遊戲後,我和同學都認為這個數字遊戲既有趣,又能訓練思維。在之後的日子,我們有空時都會一起玩。













第二日我們到了大老山隧道,進行車輛計算的活動,從而計算大 老山隧道公司的大約收入。

雖然天氣炎熱而且又下了一點雨,但對我們來說,這是一個很新 奇的工作。最後得出的結果和實際相差也不大。總結而言,我們 都十分享受這次活動。













第三日是製作 tiramisu。我們早上先到新城市買材料,我們要利用有限的資金購買需要的材料,在不停格價後,最終也能達成目標,成功買到所需的材料。

製作過程雖然有點複雜,但最後也成功完成。這是我第一次做蛋糕,感覺很好,還學到利用數學原理的分餅方法,真是有趣。還有,餅的味道當然不錯啦!









在第四天到第六天,我們要製作一個學校 的模型,我們先要利用不同的量度工具去量度和計算學 校的高度和長度。再利用找到的數據去製作學校模型。由於我們 沒有這方面的經驗,所以進度比較慢。不過,當然是慢工出細貨

,我們所做出來的製成品當然是品質優良的啦! 經過這次課程,令我學習到數學真的應用在我們日常生活的不同 範疇中,更令我學到如何和不同年紀的人相處和合作。

4 Faith郭希









GOURMER GUIDE

飲食之旅



Daily Specials

This programme was founded on a shared passion for food and hopes to conserve traditional local eating culture. Our guests had the chance to experience various eating cultures through visiting, tasting, cooking and interviewing.

APPETIZER

Steamed atmosphere with ice-breaking activities

MAIN COURSE

Homemade Dim sums and buns with fun

AND

Homemade organic herbal bread with creativity

DESSERT

Traditional delights with sweat and laughter

AND

French Toast with honey and human touch





Stewards Pooi Kei College

A 100% service charge will be added to your bill.
Payment method: We only accept appetizing flavors.

LEWOWA Photography Contest Merit Photos



- 1. Law Wing Ki Janice, 4 Faith
- 2. Chan Ting Man Amanda, 4 Joy
- 3. Cordelia Choi, I Grace
- 4. Law Wing Ki Janice, 4 Faith





LEWOWA Photography Contest Winning Photos

1st Runner-up







Champion: Lee Pui Kwan, 3 Peace

1St Runner-up: Wai Chun Fai, 4 Grace

2ND Runner-up: Wong Lok Kan, 2 Peace

