

# LEWOWA Photography Contest - Merit



Wong Chi Kiu  
6 Love



Other works from the winner:



To Chin Ching  
6 Grace



Other works from the winner:



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LEWOWA  
2011/12

Spkc

Stewards Pooi Kei College Newsletter

SPECIAL ISSUE





## Editor's Note

Dear Knowledge-voyagers and World-explorers,

Welcome back from LEWOWA! From the very beginning to the very end of the year, a lot of conversations and stories about LEWOWA were heard, and I would say LEWOWA 2011/2012 was undoubtedly a long journey for all SPKC's with excitement, surprises, challenges, ups and downs, and most importantly, Grace from God.

Learning is always a very complicated topic for everybody. Time after time, scientists and experts try to define and re-define 'learning'; we teachers, parents and students, also give definitions to it based on our own do's and don'ts. Sometimes we help ourselves to dodge the unwilling conditions and get our expected cheese, but sometimes we do limit ourselves in the cheeseless place, keep digging into the wall and ground and questioning 'who moved my cheese?' give up a valuable chance of finding tasty fresh cheese in the maze.

Learning without walls is a highlight in our school. So, what are the things to break the walls of learning? Perhaps

teachers need to leave their stage in the classroom, throw away their degrees and textbooks, and obtain immediate teaching materials from their surroundings. Perhaps parents need to help push their children into the maze and pay complete trust to both the children and the school, even though their minds and hearts are flooded with worries and anxieties. Perhaps students need to separate from their dearest friends at school for a short period of time and bravely jump into their fear alone. This year, I am thankful to go to India with my 20 'little SPKC indians' and Mr. Henry CHAN. I am pretty sure all of us had gathered all the courage to jump into this programme. When I was panicking because of a sudden cancellation of the visit to Madras University, Pr. Anton Cruz in Chennai kept telling me, 'No problem! Everything is in God's Plan. Everything will be alright finally.' And in the end, we changed our visitation to his orphanage, and we really experienced the greatest joy, love and the most touching and blessing moment in his place. 'As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your

thoughts.' (Isaiah 55:9) Perhaps, we all have to learn to be fully faithful to God from the bottom of our hearts, but not taking 'being faithful' as a slogan and replacing it with our own thoughts when 'incidents' are coming to our life.

'Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness.' (Matthew 9:35) We do not have the power of healing the physically disabled, but still we can go to those lands with God's mercy and blessing. When we take off the image and practice of a 'king' or even a 'saviour' to others, and try to be as humble and simple as Jesus Christ, we will be the blessed one instead.

Let's enjoy the tasty fresh cheese in different flavours shared by our teachers and students who have numerous breakthroughs in LEWOWA 2011/2012!

Ms Ripple CHAN  
Learning Without Walls Committee  
2011/2012

## LEWOWA Photography Contest - Merit

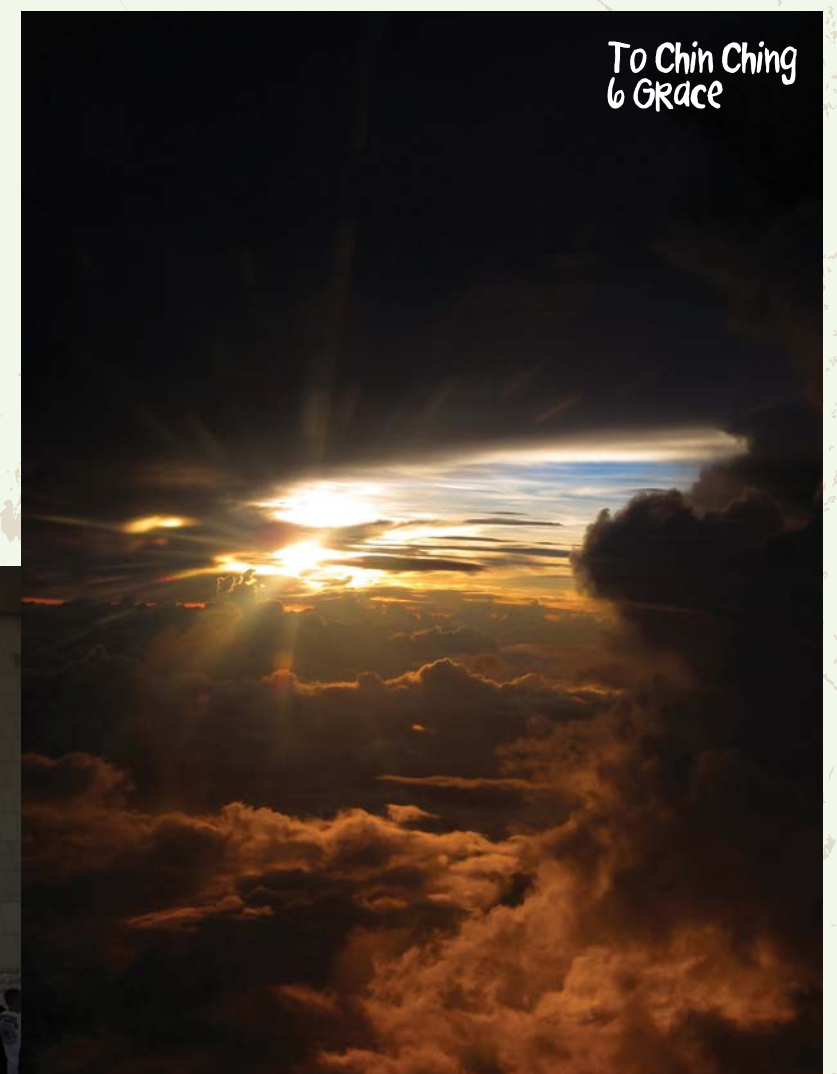


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## Content

Globalization in a Miracle Country - A Walk to the Desert: Dubai 全球化下的神話·沙漠之國·杜拜	3	Unleash Your Potential - Discipline Training 發揮自我潛能紀律訓練	19
New York Global Music, Visual Arts and Fashion 'Taste' 紐約環球音樂視藝時裝品「味」	4	LEGO Robotic and Computer Game Design LEGO機械人及電腦遊戲創作	20
Exploring the Faces of India 尋找印度的面貌	6	Embrace Your Life - SIM JOURNEY 擁抱生命·模擬人生	
Sports in Singapore 衝出培基·運動到獅城	7	Hong Kong, International City 國際城市香港	21
Sabah Adventure 領袖及團隊訓練計劃	8	Rainbow Touch 2012: Holistic Leadership Training Journey 整全領袖訓練之旅2012	22
Loving Beijing, Loving Mathematics 遊北京愛上數學	9	Love Our Globe, Love Our Village 抱抱地球村	
Leadership Academy 2012 (The Road Ahead) 敢踩感動領袖路	10	Experience Mathematics in Disneyland 迪士尼數學奇妙新旅程	23
Cultural Exchange in Singapore 新加坡交流之旅	11	English Drama Course	24
Cultural and Ecological Exploration in Taiwan 台灣生態文化探索之旅	12	Career Planning and Experience - Mr. Life 升學及就業體驗·生命掌舵人	25
An Awakening Dragon in Asia - A Modern View of Seoul Economy 復興中的亞洲小龍·首爾經濟今貌	13	Caring Performing Art School 愛心演藝學院	26
Xian - the Past and the Present 十三朝古都·暢遊西安的今與昔	14	3D Leadership Training Programme 3D領袖訓練計劃	
A Real Life-traveler in Taiwan 電波少年流浪記	15	Be a Singer-songwriter Course - Elementary 唱作人體驗之旅·初階	28
A Pilgrimage to Korea 韓國文化與屬靈體驗之旅		Art in Society 藝術在社區	
磚瓦中的人與情·港、澳古蹟文化探索之旅		Across the New World - Leadership Training 跨出新天地之領袖培訓計劃	29
我的第一本台灣遊記	16	志願成真體驗·少年律師和全能小記者	30
Go, Grow, Glow Life-changing Journey 天使行動之生命成長之旅	17	LEWOWA Photography Contest	31



# 志願成真體驗

少年律師和全能小記者



實戰——親身採訪是獲得第一手資料的不二法門

當我收到我的「學習無疆界課程通知書」時，我感到既興奮又高興，因為我竟然抽到第一志願。而且，有兩位好朋友陪伴我呢！

首兩天，課程主要與記者、傳媒工作有關。第一天，幽默的彭導遊帶領我們參觀明報報館，讓我們知道不同的資訊，如：公司鼓勵員工的技巧及方法、不同部門的分工、報紙製作過程及印製報章需要的材料等。回到教室後，彭導遊教導我們一些基本的報章寫作技巧，教我們大開眼界！

第二天，我們到山頂採訪遊客，作為記者實習活動。期間，我訪問了一位日本人，雖然我的日語說得不太流利，但她稱讚我親切溫和、平易近人，聽她說完後，我挺開心的。這是我第一次與日本人交流！

之後三天的課程，主要是我夢寐以求的法律課程。第三天，我們遊走中環「權力線」一帶，看到了很多大企業的總行，如：滙豐銀行總行、渣打銀行總行、中國銀行總行、長江集團大廈等。然後，彭導遊帶我們到舊立法會大樓，詳述塞米絲女神像的象徵意義：左手持劍代表正義；右手拿天秤代表公平、公義；蒙眼則代表在法律

面前，人人平等。吃過午飯後，我們和何景文大律師對話，探討了許多政治與法律的問題，真是令我獲益良多。

第四天，我們列席九龍城裁判法院的聆訊，除了得知法庭程序及氣氛外，還管窺社會貧富懸殊的問題。下午，我們到了懲教博物館參觀，看過以前懲罰罪犯的刑具，知道法律的權力和犯罪的後果是多麼大。

最後一天，我們到了基本法圖書館、高等法院及港交所參觀，深知香港的發展一日千里，遠比許多落後國家良好，因而感到榮幸和驕傲。下午回到教室後，彭導遊給我們當「模擬律師」。從中，我得知律師的責任和心理壓力，更明白到法律時常站在公義和人情之上。

沒想到課程會這麼快便結束了，在過程中，我學會了成為律師和記者的基本條件、社會上的倫理問題以及與組員之間溝通和技巧。最後，我謝謝四位老師們為我們精心安排的課程和付出的心血，他們讓我留下了一個難忘及美好的時光。

2 Peace 袁雋婷



Dubai is an elegant and cosmopolitan city which possesses various grand scenic spots and breathtaking things that gave us many "first times". Burj Al Arab is the best instance of the scenic spots we visited. Burj Al Arab is the most luxurious hotel which is shaped like a sailboat. It provides the best services and places for us to live. Unfortunately, we didn't have the opportunity to stay inside the Burj Al Arab since the fees are unbelievably expensive, not many people can afford the fees. Nevertheless, we still had the precious chance to observe the external structures of Burj Al Arab at a pleasant distance. It was a valuable moment for me because I could look at the mightiest construction with my own eyes. In addition, the desert car ride in Dubai gave me a lot of memories also. The most ridiculous part was after the 30 minutes desert car ride, I vomited on the desert. Making my friends feel embarrassed.

Andy Wong 4 Grace

Dubai is a city developed from a desert. It is one of the members of the United Arab Emirates. Despite the hot weather there, Dubai is still a lovable and spectacular place with numerous unique buildings. In this LEWOWA trip, I was always stunned by Dubai's advanced development.

Throughout the trip, I was impressed by the visit to Burj Khalifa. Burj Khalifa has broken various world records. It is the tallest skyscraper in the entire world with a height of 829.84 m (2,723 ft). The fastest elevators in the world can also be found there. I really appreciated the magnificence of the tower indeed. I wonder how they were able to complete such a massive project!

The desert safari tour was also remarkable for me too! We took a jeep in the desert and rode camels. Though it was dizzy to surf on the sand, I enjoyed the process very much.

Dubai is definitely an awesome place for traveling. I wish I could stay there for a longer period and observe more of this city of desert.

Jerry Kam 4 Love



Globalization in a Miracle Country

A Walk to the Desert: *Dubai*





# New York Global Music, Visual Arts and Fashion 'Taste'



Our trip to New York was a wonderful experience which helped us to better appreciate some of the greatest visual arts, music and fashion in the world. We visited grand galleries such as The Metropolitan Museum of Art where we marveled at ancient mummies from Egypt and the Museum of Modern Art where we had the joy of seeing some of the most famous modern paintings in the world, such as 'Starry Night' by Vincent Van Gogh. Other highlights included the very educational Immigration Museum on Ellis Island, the inspiring reading room in the New York Public library, and the heart of world economic activity the New York Stock Exchange on Wall Street. Throughout the trip we experienced the many varied tastes of world cuisine and enjoyed seeing great modern productions on Broadway such as "Ghosts" and "Sister Act". We also had the chance to see one of the world's greatest performing arts conservatories "The Julliard School" in the Lincoln Centre where we also marveled at the virtuosity of the The New York Philharmonic Orchestra. All in all it adds up to many unforgettable memories for students.

Thanks to Ms Queenby Tang: the programme proposer, and to Ms Bonnie Lam and Mr Stephen Marson who helped to guide and take care of us throughout the trip.

Christine Hui 3Grace

On the last day, we were finally standing beneath the most famous statue in the world! It's full name: 'Liberty Enlightening the World'!



「跨出新天地之領袖培訓計劃」令我領悟到很多人生道理。黑夜獨行的那段路就好像人生的路一樣，我們根本不會熟悉每一個環境，不會知道在前面會遇到什麼事。這一切都需要我們自己去探索，小心謹慎去尋找達到終點的路，正如人生一樣。除此之外，我亦明白到要順利完成任務，各組員的配合、幫助和鼓勵，是不可或缺的。我真是非常慶幸自己能夠參加這訓練計劃！

3 Grace 談子淇

在五天的歷奇訓練課程中，我最難忘的是在山藝訓練日要帶領同學們下山。這並不是想像中那麼簡單，除了要找出正確的路線外，還要照顧各人的體力需要。這令我學習到作為一個領袖要多聆聽大家的意見，並要對組員寄予信任，在互相幫助下必能解決困難。

3 Grace 方緯瑤

## 跨出新天地之領袖培訓計劃







In this program, we had the opportunity to experience song composition, lyrics writing, music arrangement and singing, the four main steps for creating a complete song. On the first day, we tried to compose a song. First we had to learn the structure of a song: Intro, Verse, Pre-chorus, Chorus, Music break, Repeat, Ending and finally the Outro. During the process, the biggest problem we faced was that we didn't have much inspiration to compose the song but we had to hand it in within a day. Though we faced many difficulties, we finished our song composition on time. The second day, we learnt how to write lyrics. It was a very good experience because we felt it was easier compared to song composition. On the third day, we went to a studio in Kwun Tong, to try to record our songs. We had to wear headphones before we sang so we could hear the background music more clearly (to help you to get the picture, just imagine how the pop singers record their songs). We used the skills we had learnt in singing and while we were singing, our teachers would give us some advice so we could sing better next time. It was a memorable experience because we usually don't have the chance to record songs in a studio, it was really fun! The fourth day, we divided into groups of four to record the song: "唱出彩虹". We had delayed our lunch time because we were not very familiar with the process of recording. Though we were all very hungry and felt tired, we had a great time recording it. All in all, this program opened a new stage for me to learn more about music and I was really impressed by it. I'm looking forward to joining this kind of program next year!

Flora Lam 3 Grace

## Singer-song writer



Students - and their little friend - reach one of our favourite destinations!



Art imitates life, and sometimes life imitates art! Enjoying art and sculpture in the famous Metropolitan Museum of Art in New York City - one of the biggest and grandest museums in the world!

## 藝術在社區

本活動透過探訪長者中心、與傷健藝術家交流以及學習不同的藝術手法，增加同學對「共融藝術」和長者的認識。同學除了體驗不同藝術創作帶來的樂趣，也能學習成為藝術義工，帶領長者和小朋友進行各種藝術創作，推動社區多元藝術發展。同學在這次活動中學習各種藝術創作（紮染、押花藝術、Circle Painting），其後，同學會成為藝術義工，把所學的教授長者和小朋友，增加同學與不同社會羣象接觸的機會。完成的藝術品亦會公開展覽，給予別人欣賞。



1. 感謝傷健藝術家Koko的遠地來臨，同學致送自製心意咭和紀念冊。
2. 同學坐在輪椅上嘗試體驗傷殘人士作畫。
3. 同學與長者一起完成的絨毛蠟線公仔及押花藝術完成品。
4. 十張合併而成的大型Circle Painting作品完成了！
5. 與天水圍循道衛理小學學生一起創作Circle Painting。
6. 同學與長者合作製成小手工。

### 同學分享

經過這次活動後發現其實長者容易親近的，和想像的不太一樣。當你打開心扉的時候，長者也能夠和你分享他的經歷，能夠體驗不同藝術創作。這個活動對我來說真是一個難得的寶貴經驗。

3 JOY高恩雪 28

我很喜歡今次所學到的押花藝術，想不到原來日常所見的花卉竟然可以變成如此美妙的藝術品。我日後一定會多留意身邊的各種事物。

3 PEACE司徒婉靜

這次學習無疆界，讓我更了解傷健人士，明白傷健人士的難處，並學習Koko永不放棄的精神！Koko令我們明白擁有健康身體不是必然的，我們要珍惜我們所擁有的。

3 JOY何芸慧



Jetlagged and tired after a very long flight but still excited to be in New York City - outside The Met!



Enjoying a special 4th July event with one of the world's greatest orchestras - The New York Philharmonic, and The United States fabulous Military Academy Band from West Point, New York.



Enjoying warm New York sunshine outside another grand monument - the very beautiful New York Public Library!



Students are excited to meet members of the famous West Point Military Academy Band at the Lincoln Centre in Manhattan!





What we learned and saw during our first visit to India was amazing, as there were lots of things that I could never experience in Hong Kong. Undoubtedly the Taj Mahal and the river Ganges were very beautiful. It is worth seeing the great art and special religious culture. The scenery, the stories, the people and the cremation ceremony in the river Ganges, to name a few, were so impressive. We also looked into continuing social issues like poverty. In Mumbai, we visited the slums with the tour guide, but within a several minutes' bus ride we could find grand shopping centers nearby. The coach we used was a clear example of the concept of hierarchy. The bus was divided into 2 parts, one for the driver and the assistant, without air-conditioning, and another for us tourists, with good air-conditioning.

Nevertheless, we enjoyed making new friends at the University, in school and in the orphanage. The Royal Kids Prayer Ministry shelters orphans who lost their family in the tsunami in 2004. It was VERY touching and unbelievable that kids at their age could lead a prayer, bringing joy, and passion to do more for the poor and the homeless, and showing how to give thanks. They reminded us that we are blessed. The memories of us all crying because of their sad state is still deeply imprinted in my mind. INDIA is a place worth experiencing, just as the slogan says, it is indeed an "Incredible India".

Ariel Law 4Peace  
Joyce Wong 4Peace

# Exploring the Faces of India



活動：8/7 表演  
地點：學校

內容：  
下午一回到課室，我和幾個舞蹈組的朋友就開始練習了。為了更熟練，我們也在表演前，做了一個小小的彩排。表演後，我們和來看我們表演的傷健人士一起玩雜技和魔術。  
最後，我們大家（阿船姐姐，金sir，傻傻，阿銘）一起做了一個簡短的分享，便完結了整個活動了。

感受：  
在表演前或期間，我真的一點都不緊張。可能是因為我從小，就已經有很多上台的經驗吧，是舞蹈的也有，樂器的也有，主持的也有。可是，同為舞蹈組，中一的女生，就十分緊張，快要精神崩潰似的。  
在最後說再見時，的確有一絲不捨，不過也不是非常難過，



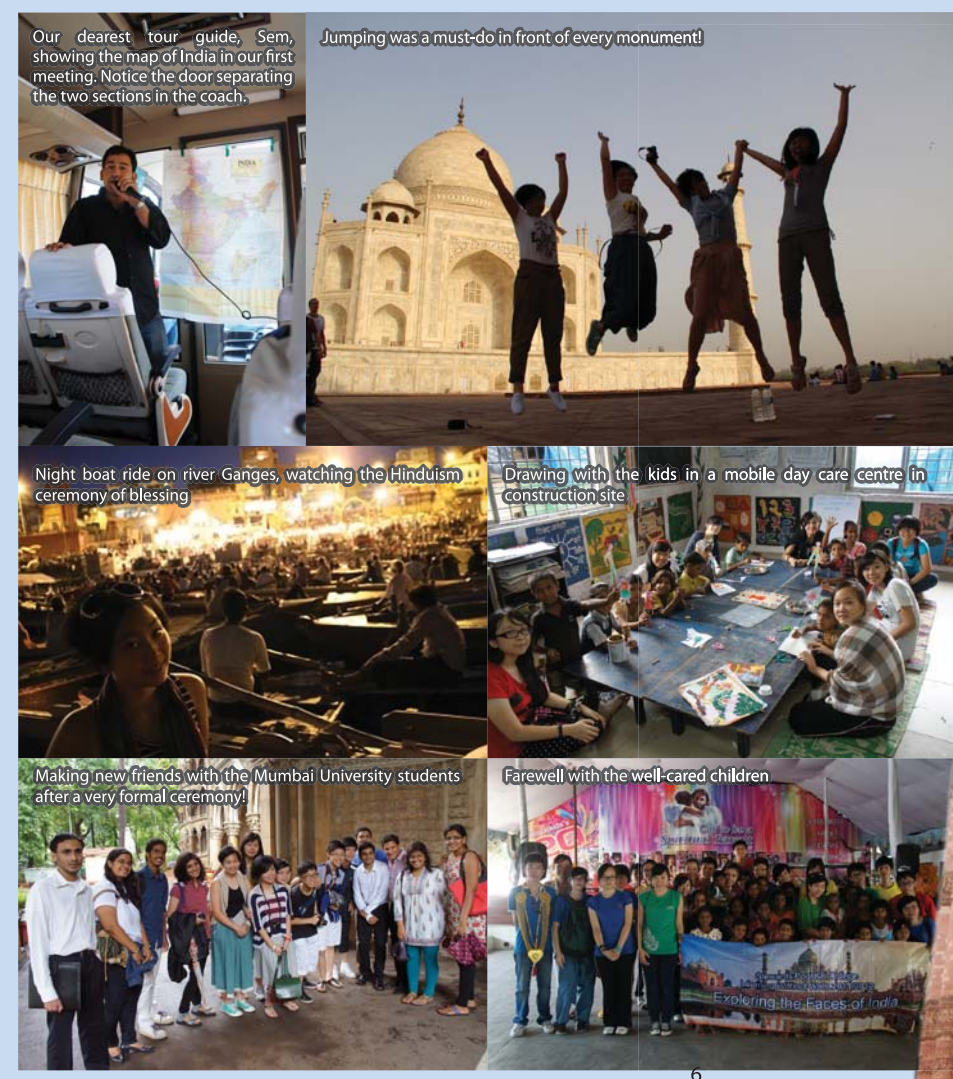
活動：4/7-6/7 話劇 & 舞蹈練習  
地點：學校

內容：  
這三天，一直在進行排練。在5/7的午飯後，我們欣賞了一群老人家的表演。  
在6/7的上午，我們與傻傻進行一系列有關合作的遊戲。而在下午，就有一個關於皮影製作的工作坊，大家都做了一個屬於自己的皮影玩偶。

感受：  
這幾天，不斷的練習舞蹈，整個人都累了。再加上我自己在外面也有一直參加的舞蹈班，就累上加累了。不過說真的，皮影製作中，剪膠片的步驟，比練舞還累呢。  
但是，在這幾天中，我和其他本來不認識的人，都變得熟悉起來了。不只是女生們，連男生都變得更熟了。大家都在疲累中尋找樂趣，所以一點也不悶。  
而在5/7，看的表演，都學會了什麼是享受在表演當中。



總結：  
老套的說一句，在這次活動裡，學到的有很多，得到的也不少。  
先說表面的，雜技，魔術，跳舞等等。起初，學跳舞的時候，真的有些不習慣。因為，我平常跳的都是芭蕾舞或比較有力量 and 比較男孩的舞。這次的舞蹈，可以說是一個新嘗試，一個挑戰。  
可是，不止如此。雖然說默契是培養出來的，但經過傻傻和我們進行的遊戲，大家的合作性也進步不少。從一開始，連對方的名字都不懂，到現在，可以一起聊天，玩耍，真的不容易。不知什麼原因，經過了宿營裡的自我介紹，大家好像都不太認識其他人，那就更不用說他們的名字了。可能性格或記憶力的問題吧，通常其他人說一到兩遍，我就能記住。但是，正如傻傻和金sir所說的，大家好像對身邊的人和事都不太關心，不過經過那些遊戲後，大家都會更了解大家吧。  
在這次學習無疆界的活動裡，我學到的，有團隊精神，合作性，對身邊事物的關心。而得到的，就是一群朋友。雖然不知到這些友情會否維持下去，但希望大家都會珍惜這次經驗，把學到的，好好運用在生活當中吧。



Our dearest tour guide, Sem, showing the map of India in our first meeting. Notice the door separating the two sections in the coach.

Jumping was a must-do in front of every monument!

Night boat ride on river Ganges, watching the Hinduism ceremony of blessing

Drawing with the kids in a mobile day care centre in construction site

Making new friends with the Mumbai University students after a very formal ceremony!

Farewell with the well-cared children



We were exhausted but never gave up

We tried our best in the voluntary service



# 愛心演藝學院

在這次的學習無疆界的活動，我參加了愛心演藝學院。由於這項活動並不是我的首五志願，因此，在一開始並沒有很積極參與其中。可是，經過了第一天（六月二十九日）的活動，發現原來不是我想像中的那麼悶，便開始樂在其中。

Poon Sze Wah  
3 Grace



活動：3/7 改期的選角，舞蹈練習  
地點：學校，香港演藝學院

內容：  
今天，進行了選角。而我表演的，是Lady Gaga的 Judas。其實，我表演時的水準並沒有平時練習時那麼好。不久後，便公佈了選角結果。我如期的入了舞蹈組，我的朋友也進了舞蹈組。而金sir也派了劇本，那密密麻麻的字，把我想看劇本的慾望全都打消了。其後，我們跟優優（舞蹈老師）學習了一些舞步。下午，便到了香港演藝學院參觀。

感受：  
在表演時，有一點緊張，所以有失準的情況，對自己感到失望。看到劇本的第一頁時，那密密麻麻的字，把我想看劇本的慾望全都打消了。而練習的時候，跳的舞步是不熟悉的女性化的舞蹈，因此，有待改善。下午的參觀還蠻無聊的，加上在舞蹈練習後，就更加累了。



活動：29/6-30/6 宿營  
地點：烏溪沙青年新村

內容：  
由於天氣的關係，我們並沒有在那裡很久。在上午，我們進行了一些舞蹈的活動。午飯後，也學了雜技，如：扯鈴，拋球，轉碟。最後，我們玩了幾個有關演戲的遊戲。

感受：  
起初，我還蠻期待當晚的宿營。可是，當聽到因為颱風的關係，要取消宿營，真的大感失望。前幾天，我和朋友（梁婷婷）已經在說宿營當晚要做什麼。我們也因為本來在30/6舉行的選角，十分努力的練習。雖然選角並沒有，只是延遲了，可是，總有一種功虧一貫的感覺。不過，在那短暫的時間裡，也有讓我感興趣的。而那，就是跳舞。我本來已經會舞蹈了，而我比較多跳的是芭蕾舞。可是，我一直想跳的是爵士舞或街舞。就在那一兩小時裡，就令我對這個活動的看法有所改變。



## 3D Leadership Training Programme

In this programme, we learnt a lot of things. First of all, we need to keep calm at all times. Like during the day when we climbed the Pak Sin Leng, we had to calm down to make good and clear decisions. One of us had hurt his leg, we had to decide between going back or to keep on moving forward, so we need to be calm enough to make these types of decisions. Secondly, we need to strictly obey the rules which are important because they maintain our own safety. In addition, we were engaged in some voluntary services to help people in need. That really educated us in terms of having a serving heart!

Overall, all of us were very active. We participated in the programme with a serious but cheerful attitude. We were willing to help each other, for example, one of us got sick on the second day. Others took good care of our schoolmate, which gave him much warmth! To conclude, we enjoyed the learning process very much and found that we became more mature after this programme!

Isaac Wong 4 Peace



We cooperated and overcame challenges



## Sports in Singapore, Sportsmanship in life

Singapore, one of the most prosperous Asian cities and countries, an international business and finance center and one of the four Asian tigers, is also an exciting place for stop-by entertainment with its world-class hotels, grand casinos and classy resort facilities. Something doesn't sound quite right with a sports program in Singapore, flying all the way to Singapore just to play sports? Nothing can sound even more ridiculous than that, it's a waste of time, money and the wonderful recreation there.

Indeed, it sounds rather strange for a sports trip in such a glamorous place like Singapore, to do such ordinary things (playing sports) in Singapore is to miss out all the fun and awe. However, obviously, the teachers who planned this trip had something else in mind. Soon, the theme of the program appeared out of the mist around it. Sportsmanship, of course!

It seemed that the program was not just about sportsmanship in particular. It was about the psychology behind sports and how do we put it into practical use, in order to improve our performance when doing sports and to strive for excellence in life. All of this sounded very complicated and vague at that time. To me, it was a complete mess.

So, after two days of city tours, which I found interesting but lacking in excitement, we played our first sports match in Singapore. We had a soccer match against a local team there. From the beginning, we had been beaten pretty badly by our opponents. The opposite team had pressure on our lines. We had to fall back for defense so frequently that I had lost my count on the times we had fallen back. While our line of defense was in danger of being

overrun all the time, our line of offense weren't any good either, only two players, including me, were at the opposite team's side and there wasn't any pass that would have made an offense possible. We were all too timid to make an offensive move. We worried that any attempts to pass or shoot would have given the opposite team an opportunity to steal our ball or even score. Not long later, our defense was breached. The final score ratio was 3:0 and we had lost.

I was exhausted, disappointed and angry. I could not think of any way to win back all the points in the second half of the match, our opponents were all stronger than us in both physical and mental aspects. They had better skills, more resilient bodies and years of experience on the field. Why would our teacher tell us to play against them? At that point, I thought my teacher did that to humiliate us.

But soon it was revealed that those weren't the teacher's intentions at all. She told us that she wasn't expecting us to win, yet she expected us to try our best. She then advised us to stay brave and take the initiative to strike, that was, to push forward our line of offense. And surprisingly, we did a lot better in the second half. The result was 1:1, that was way more satisfactory than the result of 3:0, that also showed that our opponents had a harder time attacking us.

That was one of the most important lessons in the trip. We learned that pressure exists when we try to be excellent in playing sports. The key is to use the pressure wisely, not to be defeated by it but to treat it as a reminder, a reminder that keeps us to improve and become better.

That is the same in life. Pressure or oppression always exist at some level when we are in pursuit of our life goals. However, we should not be outdone by it. In fact, we should acknowledge the presence of such pressure. Instead of letting it become stress, we should convert it into our energy. We should find the source of oppression and try our best to overcome it.

I learned two more sports in the following day and I also interacted with a local girls netball team there. I did encounter obstacles

when I did those things, yet with sportsmanship in life, I was able to solve the problems and overcome the challenges.

So I guess the whole trip was still worth it, though we might not have lived in a fancy hotel and played all the way long. Whether what we did in Singapore was special was not important, it was the lesson that I've learnt that made the trip worth it.

Zoeyin Cho 4 Peace







這是和寄住家庭的小朋友的合照!



這美得令人難忘的太陽



寄住家庭的全家福，很溫情喔!



孤兒院裡獻唱時的情況

# 沙巴領袖訓練之旅

我在這個沙巴領袖訓練之旅中進行了交流，觀光，參觀手工藝品市場、神山，探訪孤兒院，住宿寄宿家庭，玩激流和參與外展活動等等。這個旅程行程充滿回憶。回想起三個多月前，知道可以LEWOWA沙巴課程，真的很期待。我對這年的LEWOWA有很大期望。努力經過了大考，終於到LEWOWA的時間了。

第一天乘坐飛機到沙巴。聽說沙巴的天空很美，我在飛機時亦看得見。到達時已是黃昏，下機時看到這美麗的景色，我就知道我們將會有難忘的六天五晚。

第二天，我們的旅程正式開始了。我們這天主要是到ATI交流及市內觀光。在ATI大專學院交流時，我們本來都以為會很悶，怎料到我們都被他們的熱情感動了。再者，我們的語言沒有不同，互相都能好好溝通，原本最大的困難都消除了。我們學到沙巴的舞步和歌曲，很有特色，一般的旅客根本沒有機會學得到。除此，我們還學了數句馬拉語，這些都加深我們對沙巴的了解。過了這樣的一個早上，我們到了市內參觀，例如艾景生鐘樓清真寺，各大廈，沙巴大學等等。這天以後，我們便再沒有機會參觀，我們都養好精神，為明天的旅程作好準備。

到了第三天，我們收拾好行李，準備check out，原因是今天晚上即將到寄宿處睡一晚。在早上，我們首先到了手工藝品市場買手信，之後我們再到神山國家公園走吊橋，體驗一下走神山的辛苦。我們再到了溫泉地帶和孤兒院。孤兒院有不同年齡層的小孩，有些只得五六歲，有些卻已經十七、八歲。他們都很可愛，我看得出他們很容易快樂，這一點我很欣賞。我們帶了禮物跟他們玩遊戲，他們毫不保留的大聲笑、大聲叫，他們的天真無邪感染了我們。最後離別

時他們爭取最後一分一秒的跟我們說再見，他們走到鐵絲網前揮手，我真的不能忘記那一刻。我還記得在最後，一直感覺孤單的十八歲男孤兒跟我們揮手，我有點感動，又有點內疚，因為我一直忽略了他們，但整體來說，這是一個非常特別的經歷。離開時我們租乘坐一個小貨車，沿途一路欣賞美麗景色，真的很難忘。這晚是在寄宿家庭過夜，我其實對這活動有點失望，因為我和那一家人根本溝通不了，他們都不懂得說英語，所以我們無法好好交流，不過我認為在民宿禮堂那一夜是浪漫的一夜，充斥著快樂和諧的氣氛，只是語言障礙是一個遺憾。到第二天激流的時候，因為前天下大雨，河水都急了，時間長了，玩了兩個小時。玩激流跟我想像中很不同，我們要用划艇，不能只是坐著。突然間一股力量把我拉下艇，然後我就掉進河中了，原來那是坐我後面的教練。他們都很好，又跟我們玩了兩個遊戲，一個是把我們推到河裏，一個是反艇。我們是到達目的地最後一組，不愧是期待已久的激流，果然很好玩!

過後，我們回到酒店，有三個小時的時間逛商場及休息。我們到了商場吃海南雞飯及買玻璃瓶，到沙灘放沙留念。到沙灘時剛剛是日落，真的很懷念那氣氛。到了第五天，我們到了外展學校進行分組活動，藉此認識了中四的同學，我亦發現彼此的相信、包容、合作是無比的重要。

要離開的時候，我們都十分不捨，因為大家都擁有共同的美好回憶，我亦很愛我這一組，雖然相處時間不多，但友誼亦因為這個團而加深了。我真的很希望時間可以停留，在沙巴的六日五夜使我察覺不到時間的流逝，我絕不會忘記我們曾經一起快樂過的日子。

5 Joy 李凱盈



充滿期待的激流!



外展活動的其中一個遊戲



這是最「正」的一組! 我不會忘記任何一個!



Playing games with our group mates at school



Working Experience: Shop Assistant



Group photo at Hong Kong Polytechnic University- School of Hotel and Tourism Management

Are you ready to work in society? 'Career Planning and Experience- Mr. Life' has given us a valuable chance to discover ourselves and to prepare for our careers in the future.

On the first two days, we played games at school to build up our team spirit and to learn more about the methods of dealing with conflicts at work through games.

On the third day, we had a mock interview in the morning. We had to prepare our own resume and cover letters for the interview and it was so real that everyone took it seriously. We then

visited the Hong Kong Cocktail School and the Hong Kong Polytechnic University's School of Hotel and Tourism Management in the afternoon. The visit enabled us to have an in-depth understanding of the work of bartenders and hotel managers.

From day four to day eight, we were arranged to work at different posts in different companies, including campsite assistant and District Council Member's office assistant. The work experience we had in this programme helped us to be better prepared for our future career lives.



Games for building our teamwork

## Career Planning and Experience -

# Mr. Life



Working Experience: Project Organizer Assistants



Sharing from students

Working Experience: Clerk



Working Experience: Car wash workers

Jackie Hu (5 Grace)  
Working Experience: Clerk  
>>

Denleo Luk (5 Grace)  
Working Experience: Shop Assistant  
>>

This year I'm glad to have a valuable experience working in a fruit juice and flower shop. Although it may not be the most exhilarating experience in my secondary school life; it's useful for the rest of my life. The three things I learned about in my work experience were manpower, efficiency and timing. This is knowledge that I couldn't get from a classroom. If you asked me if I would join the program again, I would definitely say yes!

This was a memorable LEWOWA programme as it was my first time to work! I worked as a clerk in a logistics company for 3.5 days. You may think that managing folders is an easy job, however, from the working experience, I found that it was easy to make mistakes. I also learnt that we should not underestimate any types of work. The knowledge that I gained from this LEWOWA was not only the skills of working, but also the attitude when working!



Mock interview

Samantha Wiong (5 Peace)  
Working Experience: Assistant Manager Mentor  
>>

During this year's LEWOWA, I experienced something totally new to my life, which was working! Work seems a bit far away for me as my main focus now is studying and passing the DSE exam, so I don't know much about it. But after working as an assistant mentor, I realized working is not as simple as I thought. First, the job should be of your interest, and you really have to build a good relationship with your boss!



Place visit: Hong Kong Cocktail School



Place visit: School of Hotel and Tourism Management



# ENGLISH DRAMA PROGRAMME "ENGLISH IN ACTION"

## Yeda Lam (5 Faith)

The workshop has finally ended. After 5 days of training and learning, I learned a lot of ideas about how we should face reality. I changed my attitude towards drama. I learned some new things in terms of lighting, sound, and stage-management during the performance. Moreover, I met some new friends, most of them treated me very nicely and very politely which was different from what I expected. Most importantly, these schoolmates were serious to do their best in the final performance, sharing their own characters' personalities.



## Abigail (1 Joy)

I learnt that a performance is not only for yourself, but it takes teamwork, we should cooperate with others to make a good show. And I learnt the wisdom of "practice makes perfect". If you practice more, you have a chance to make things perfect. The effort that you give may get you equal things in return. I learnt so many things during and after the performance, it was beyond my imagination. I felt really happy, because I could learn so many extra things that I couldn't learn in our common study. The drama course was exciting and interesting, I hope I could join it next year!



## Kitty Lam (1 Peace)

This is the first time for me to attend the LEWOWA programme. When I first chose it, I wanted to learn the techniques and the important roles in drama. In this camp, I learnt that it's important to have all the equipment like: lights and sound effects ready for the show. I also learnt about important things on the stage: such as legs, proscenium, side stage and light bar. I also learnt that it's difficult to have an outstanding show and to cooperate with different people with different personalities and points of views, so I think my group mates and I have done a good job. Apart from cooperating, we also came up with a fabulous idea - the remote control, without this, this play wouldn't be called "Remote Control."



今年，我十分榮幸能到北京進行數學交流。

經過在北京五天的生活，我認為北京市是一個新舊融合的城市。她既有新的建築，也有很多古蹟，令我不禁驚嘆北京不愧是世界上有名的城市。此外，我在這次旅程中知道了北京的風土人情和內地的教學模式。北京人十分熱情好客，而且十分友善。此外，國內使用填鴨式教育，而香港採用的是活動教育。北京的導師是要學生記熟課本上的內容，而香港的老師則教導學生如何應用數學。由此可見兩地的教育方式大有不同。

此外，我在參觀長城，故宮和頤和園的時候就覺得古代的人民生活十分痛苦。因為當時皇權很大，當時的朝廷動用很多的資金和人力去興建頤和園，人民沒有甚麼權利，皇帝說一便是一，人民根本沒有方法去拒絕，所以我現在終於明白為甚麼孫中山先生要革命救國，因為百姓生活苦不堪言。所以我們住在一個自由的社會中是很幸福的。

我們在這次旅程也學會如何在日常生活中運用數學。因為我原本以為數學難以在日常生活中應用，但經過這次後，我明白了事實不是如此，而且數學能把我們的生活變得更方便。

此外，我在這次北京交流中擔任組長。由於組長要看管所有組員，因此壓力很大。由於有老師的信任和支助，我才能繼續作組長這份工作。我在擔任組長的過程中學習到很多東西，包括如何帶領組員去完成數學任務，如何幫助有需要的組員和如何跟組員溝通。我認為這次交流確實讓我學習到很多的東西，期望明年能再去一次。

3 Love 周朗庭

# 遊北京愛上數學

五天學術考察之旅

來到北京，當然要與天壇來個大合照！



Yo! 我們於鳥巢前振翅高飛。



讓我教教你們怎樣閱讀傾角儀的度數。



讓我倆利用傾角儀和直尺量度故宮保和殿的高度吧！



不到長城非好漢！我們當中除了有好漢外，當然少不了幾位鐵娘子。



## Interesting story!

On the second day of our trip to Taiwan, we had a round cycling trip from Danshui to Bali. The scenery along the way is very beautiful. As we cycled as a team, we were supposed to cycle at the same speed and in a line formation. However, one of our teammates always fell behind by a long distance. We didn't know what the reason was although he seemed to be cycling hard. At last, one of our teammates swapped the bike with him and found that the brakes were tightly attached to the wheel. That was why the bike was moving slowly even though that teammate was cycling so hard. This teammate was actually riding a fitness bike and he was exhausted after a day's cycling!

Matthew Yip 5 Grace

## The most memorable experience in the trip!

既然說這是一個有意義的學習無疆界，那麼學到的東西也定不少。就不如說我們對台灣的交通網絡開始熟悉，經過這一次我有信心可以和朋友一起來台灣自由自行。另外，我也學到跌倒再爬起的精神，我在越野單車場炒車，弄得焦頭爛額，腳內側也多了幾條猙獰的傷痕，再炒車那時，真是又痛又快，我踏單車就預料到有傷，但是傷都要傷得有意義嘛！跌過以後才知道自己有膽量但缺乏技術，需要更多的努力才能達到那高斜灣的最高位置。同時我也知道團隊的重要性，少了一個團隊也不會存在，所以我也不會放棄團隊中任何一個。

5 Grace 郭志軒

# Leadership Academy 2012 The Road Ahead



We all enjoyed being where we are.



The beauty of the Pacific Ocean!!!!



Our teammates overcame the challenges.

## Experience Mathematics in DISNEYLAND

We learnt to measure the height, width and the ratio of the castle in the Disneyland. Although the weather there was very hot and sunny, we enjoyed this LEWOWA experience very much. We also counted the flow of the people in the park per hour, we used tally and frequency to know the results. After finding the results we used pie-charts and bar-charts to present the results clearly and with more detail to show the flow. We joined the Physics lesson organized by Hong Kong Disneyland. We learnt about sound energy, speed and kinetic energy by playing the games in the park such as 'SPACE MOUNTAIN'. We also watched a 4D movie

about Mickey and his orchestra. During our free time we watched the parade and we played the water games with the cartoon characters of the Disney Movies, we nearly got all wet but it was fun. At last we left Disneyland by taking the Mickey Mouse MTR.

We really learnt a lot of things and methods from Mathematics and we also learnt team work and solving problems, although this time was our first experience to join LEWOWA from the school but we were extremely delighted and we hope to join the other programs about Mathematics next school year.

By Group 4 Members





# Love Our Globe, Love Our Village

Chan Yuet Ting 2 Peace

In this programme, although we faced different challenges, we still worked together. I love my groupmates and I love the teachers who are in charge of this programme—Ms.Fiona Tam and Ms.Susanna Ng. They taught us many things. We were given experiential opportunities to learn about the needs of people in today's world through a series of simulated activities. And because most of the people in Crossroads were foreigners, we spoke English a lot. It boosted my confidence in using English and to interact with foreigners. My English has improved a lot after this programme.



1. Weeding is not easy  
2. Assembling parts of a cupboard  
3. Let's start our work!! Yeah!!!  
4. Let's take a picture before we leave

Fonia Wong 1 Love

During LEWOWA period, we went to Crossroads at the Gold Coast. The programme was separated into two parts. They were the life "X-perience" and service. On the first day, we played a game trying to learn how to earn enough money to survive by making paper bags out of newspaper and using home-made glue. We earned money to pay rent, food, sanitation, medical needs. We even sold our personal belongings to earn money too!  
In this service and simulation week, we experienced the poor people's life and learnt how to help others. It was really fun, I enjoyed the programme a lot.



This is our hilarious local tour guide Mr. Tom Goh.



This is the worldwide water expo site which we attended on the third day.



Can you guess who they are?

Singapore. The Merlion City. This amazing city was where we spent 5 meaningful days during our LEWOWA 2012 program. The main goals of this trip were to acknowledge our national identity and to discover the sustainable development in Singapore. In this news article, we will share with you some interesting memories we gained from this trip.

On our first day, we enjoyed the great fun of treasure hunting for materials for an Indian bride dress-up. For about 2 hours, we roamed the streets, racing to find the sari (dress), bindi (裝飾痣), henna drawing (手繪) and other accessories. That night, each group had to select one student to pretend to be the bride. Yes, both girls AND boys had to participate!! Take a look at some of the "brides"!

One of our activities on the third day was to attend the Singapore International Water Week Expo. We were the only students and the only informally dressed ones there. At the Expo, we had the opportunity to watch a 3D animation of treatment of sewage water and were each

given a bottle of treated water. Believe it or not, many of our groups drank the bottle of water, which used to be wastage water, right there!

The final destination of our trip was the Jurong Bird Park where we visited many behind-the-scenes, extraordinary sites at the park, such as the Avian Hospital where they treat sick birds. The Loft kitchen was where the Lories birds' daily meals are prepared. All of us students were given the chance to feed the Lories and spent a night in a tent right next to dozens of penguins!

Besides these places, we also explored many memorable parts of Singapore. We are all very grateful for the chance of befriending this fantastic country and her beautiful culture. We look forward to meeting her again.

Tse Hiu Ching Sarah 3Love



The lories didn't need our help in eating.

# Rainbow Touch 2012 Holistic Leadership Training Journey

On the first day of the programme, we played on the "High Event", which is a high-altitude rope course. The most difficult level was the power column. It was quite scary that the column was not fixed on the ground and the groupmates helped to hold the column properly. In this activity, I have learnt to trust and respect others so that others will also respect you. On the first day, we had a long journey to travel on, so we had to prepare a lot for the camp. I know I am very small in the scheme of things, and I must praise God who made this world for us. We had wild cooking in the country park that day, all of us were very tired and sat down for a rest. The coach told us to stay awake and to start preparing our dinner. After making this dinner, it was already night, we cooked some dishes that we usually eat at

home, but it was not tasty. I was thankful that I have a warm and comfortable home in which I can rest, I found that the dishes made by mum are more delicious than the ones we made. After the camp, we prepared for the voluntary service programme, we prepared some games and performance for the workers. It was quite hard for us to plan because not all games we have played before are suitable for the workers. I learnt to be a leader and lead the groupmates to discuss and make decisions. On the day of the volunteer service, we visited a daytime centre for some mentally disabled people. We found that they were able to do some jobs, for example sticking barcodes. I know that their jobs are really important to them and we must not look down on them.



# Singapore Cultural Exchange Our memories in the Merlion City



The National Museum is a colonial building with rich Singaporean history inside.



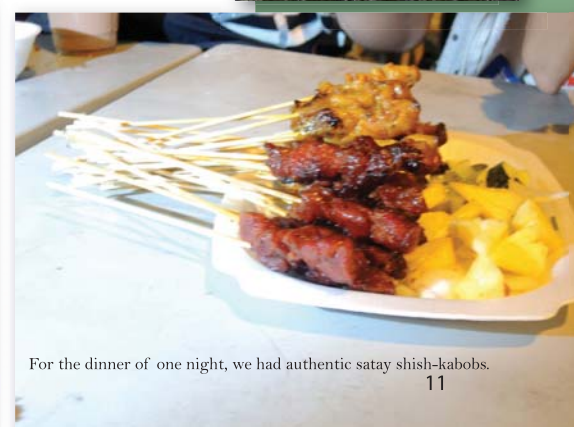
The flamingos are renowned pink beauties in the bird park.



We slept right next to them for one whole night!



Singapore is very advanced in its development in housing.



For the dinner of one night, we had authentic satay shish-kabobs.



The city centre of Singapore.



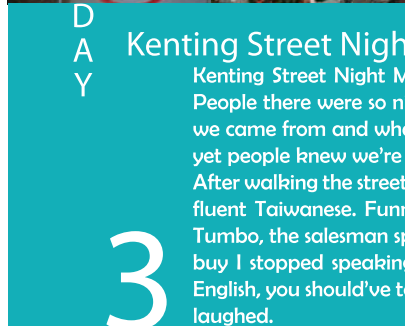


# Cultural and Ecological Exploration in Taiwan

Michelle Lo Group 5  
July 2, 2012 - July 6, 2012



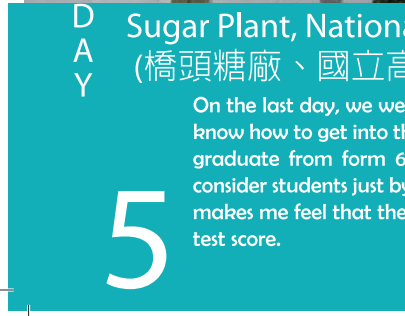
**DAY 1** Ten Drum Culture Village (十鼓文化村)  
We were super excited, full of expectations, and the trip definitely fulfilled those expectations. It's so good to have this experience with all my friends, along with new friends. Thanks to the graciousness of God, he gave me opportunities to have new friends and to get to know more about Taiwan's culture.



**DAY 2** Salt Mountain in Cigu (七股鹽山)  
Taiwan was really hot, but I think the air is fresher than Hong Kong. That day I almost had to buy another set of clothes to change, because Ms Winnie Chiang was afraid that me and my friends would have a heatstroke (we were a bit overdressed). Much thanks to Ms. Chiang for her care.



**DAY 3** Kenting Street Night Market (墾丁大街夜市)  
Kenting Street Night Market was really big, it's a pity that we only had one hour to shop there. People there were so nice and cheerful, when we walked through the street, some asked us where we came from and what school were we in. It's shocking because we didn't wear our uniforms and yet people knew we're students who are not from their country. After walking the streets, I noticed that many foreigners love to move to Taiwan and they can speak fluent Taiwanese. Funny thing happened, when I was going to buy a necklace in a shop called Tumbo, the salesman spoke to me in Taiwanese with some English. At the end, when I was going to buy I stopped speaking Putonghua and changed to English, then the man said "Hey you know English, you should've told me earlier, it's not easy for me to speak in Taiwanese", me and my friend laughed.



**DAY 4** Maobitou Park (貓鼻頭公園)  
This park is next to the beach, if you look down the slope you'll see the sand and sea water. The wind blowing from the sea really comforted us. The view is so beautiful that it's not something we are able to see in Hong Kong, and it is the perfect place for picnics with friends. When we arrived, me and my friends relaxed there and had a lot of fun, so this place was one of my favorite.



# HONG KONG, INTERNATIONAL CITY

## Meeting International People

Having lived in this international city for 15 years, I would say that the opportunity of having face to face communication with foreigners is actually rare for me. Perhaps it has to do with the fact that I have been studying in a more local and traditional kind of school from kindergarten to primary school years. Although there were some Native-English-Teachers in schools, I did not have many chances to talk with them except in my English oral lessons. It's even harder to come across chances to speak with some international people. This program gave me a great opportunity to communicate with them.

We had to prepare a Cantonese lesson for the foreigners. First, we had to think of what we wanted to teach them. We came up with some funny and practical ideas, such as phrases for ordering cold drinks without ice (走冰) and crying for help (救命). Then, we had to choose a teaching method. We made some lesson notes with English translations, Chinese character writing, and Cantonese pin-yin (拼音) for the pronunciation of the phrases.

Actually, the night before the lesson, I was worried that we could not succeed because we didn't have much time for preparation. But when we finished the Cantonese class, our foreign student smiled at us, and said "thank you, really, thanks!" Then I knew that we had succeeded! It was such a joy to see that he appreciated our work.

I think the most difficult challenge in this activity is the teaching of the Cantonese pronunciation. Cantonese has too many intonations for them to learn, and it's hard for them to memorize the

We are both holding things in green, XD



Chinese is not only for Chinese, but for you and me.



We chat, under the sunshine :D



tones accurately. But as a Cantonese/Hong Kong-Chinese, I feel glad that I can teach our native dialect to them. It was a sense of achievement!

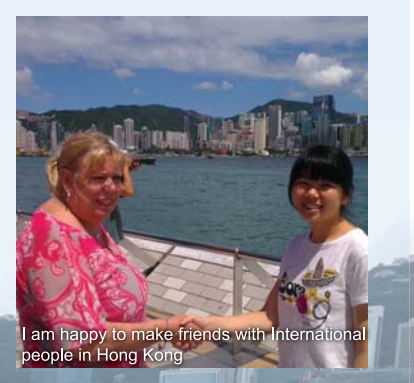
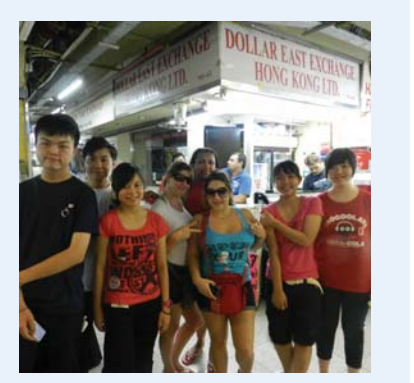
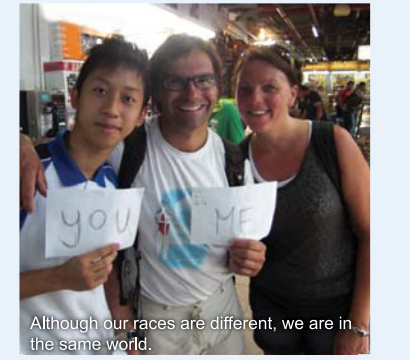
On the fourth day, we had to organize an afternoon tea tour for our foreign guests. I met two cute siblings. They were refugees who had escaped from Egypt. They were really nice and talkative. The happiest moment for me was the time when Rena (the sister) asked me and Anson to take a picture with her. We took some instant photos for both of them and gave them as souvenir. They liked the photos so much. Due to their refugee status, they usually don't take or share photos with friends on the internet. I was glad that I could meet them in person.

I saw that she had a tattoo on her wrist, and I asked her what it was about. She told me that in their country every Christian has to get a cross tattoo to represent their religious faith.

After this program, I've learnt that if we want to know more about other countries' culture, we should observe more, try our best to find the answers to our questions, and to listen. I am really happy that I can learn more about other cultures. Last but not least, I want to thank my teammates. They did a really great job. They completed every activity seriously. We had strong team spirit, we always encouraged each other. No matter if we were winning or losing the Global Team Player Challenge award, I think that all of us had already tried our best, and there is no regret!

(Team Cheer: L-O-A-D-I-N-G.. Loading!!!!!!!)

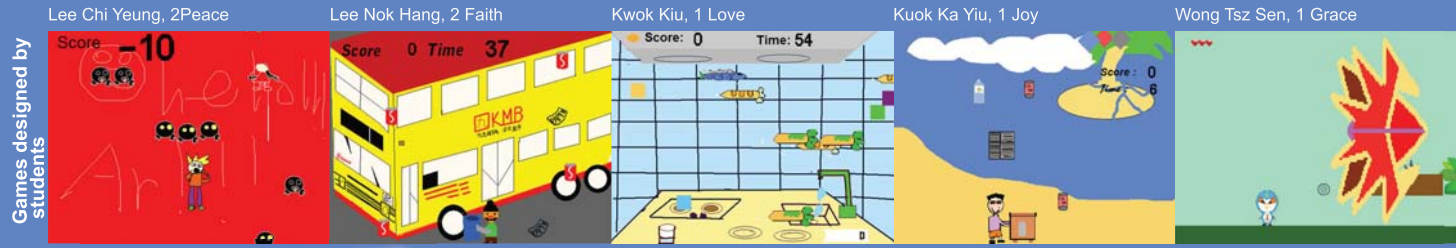
Venus Cheung Wing Lam 4 Joy



I am happy to make friends with international people in Hong Kong







Games designed by students



This robot can walk in the dark.



Let's show off!



Let's make the robot move!

This is my first time to join Learning Without Walls. The programme that I have joined is programme 12, which is about playing with LEGO Robotics and Computer Game Making. I found that it is extremely interesting! At first, I felt writing programmes for robot and computer games was difficult, but after this programme, I found that it is a piece of cake!

This program 'LEGO Robotics and Computer Game Making' is divided into 2 sessions. The first session is about Lego Robotics. Students have to learn about how sensors work. Sensors include touch, sound, ultra-sonic and light sensors. But still, without the program, the sensors are just devices, so the programmer can set programs to make the sensors perform certain tasks. For example, when the touch sensor touches the motor X, it will move at a certain speed, or time, or rotations. We can even set it to sense for other sensors and to follow a different order when that happens. The second session of the LEWOWA program is the game design; students have to create their own game. It was quite challenging, but we found it fun and enjoyable.

Isaac Leung Ka On 1 Love

### LEGO Robotic and Computer Game Design

擁抱生命  
模擬人生



同心大叫我們一定贏!



今年的LEWOWA真的讓我獲益良多，這四天三夜的宿營真是令人難忘。這幾天，我們一行二十五人一起去尋找屬於自己的夢想，計劃我們的未來。我們在這個宿營中，進行了許多團體遊戲。而我就被分到「二世組」，一開始我根本不熟悉組裡的同學，所以不知道怎樣與他們溝通，又不知道該怎樣互相幫助。但經過不同遊戲的考驗，我們慢慢建立起默契和友誼。我還記得我們玩了一個電網的遊戲，我們最初就不停地否定自己，認為我們是不能夠完成那任務的，因為那挑戰的確是非常困難。但最後大家都竟能順利完成，這全因大家都能互相信任和合作。我學懂了要主動發表自己的意見及聽取別人的建議，以及要相信自己和身邊的每一個人，才能合力地達成成功。

第二天，我們進行了MBTI心理測驗。這個測驗能讓我們更了解自己的特點和缺點，使我們對自我有更深刻的認識，從而協助我們如何選科和明白自己職業的

取向。雖然我以前也有做過這個測驗，而且結果也是一模一樣，但我卻有了新的體會。我會慢慢地思考一下，反復了解自己的性格和想法，以求再重新深入地認識自己。這些看上去好像很普通，但這些機會是非常難得的。

第三天，我們有個「黃金任務」，就是親自下廚煮晚餐。我們各人都要為全組同學做一頓豐富的晚餐，這對我們來說是絕不容易的，因我們根本不懂怎樣煮飯。但我們不怕失敗，一路不停地嘗試。儘管下着雨，蚊子又不斷地咬我們，但我們心中的那團火也沒有熄滅，我們繼續拼搏，繼續煮大餐。這確是一個很美好的回憶，從中我可以深深地體會到何謂團體精神。

我很享受在此學習課程中的每一分每一秒，我獲得了那麼多寶貴的經歷，真的很開心。我會繼續為我的夢想和將來做好準備，勇敢的創出新天地。

4 Faith 徐樂雯

我走·我打·我閃

Honey, 你去左邊呀?

全組人過「電網」又有何難?

### Visiting the Korea University



What comes to your mind first when you think of Korea? Shopping? Yes, it's true! Korea is a wonderful shopping paradise in everyone's minds. But other than having a fun and relaxing time, have you ever thought that we could actually learn about the economic structures and relationships of shops whilst shopping? Or did you know that bargaining is actually a kind of behavior which can be explained by Economics?

In our LEWOWA program this year, we have experienced and learnt about the above mentioned topics. What's more, aspects like how the bonds and shares are allocated and distributed outside Hong Kong, how money came to be and its evolutionary history. Of course, not to mention that Korean History and culture we experienced their traditional foods, life, habits and sightseeing at various tourist spots. Wholala... Korea is surely a brilliant place to go, but on the other hand, LEWOWA programmes actually do enable us to have a try and get experience out of the theoretical world in textbook, but the real world, this enriches our knowledge, and helps widen our perspectives, this will definitely be a memorable and remarkable journey in our life.

Sarah Cheung 5 Peace

## An Awakening Dragon in Asia - A Modern View of Seoul Economy

Evolutionary history of money exhibition in the Bank of Korea Museum



Would you like to try our Kimchi?



Shopping Area near Ewha Women University



Shop in Insadong selling special Korean products.



N Seoul Tower in cloudy day.



The entrance of Gyeongbokgung, the building style and design is very much like the Gugong in China.



Visiting the military appliances' model. They look...so...so...real.....





「一點飛上天，黃河兩道彎，八字大張口，言字往里走，東一扭，西一扭，左一長，右一長，中間來個大馬王，心字底，月字旁，兩個賊娃立在旁，坐上車車走四方。」這口訣正是西安特有食品biang biang麵的寫法，同時是筆劃最多的漢字。

在這五日夜的西安之旅中，我們不但多學了一個字，還在遊覽不同景點的詔程中擴闊了視野，增加了對中國歷史的認識。

在參觀秦始皇陵和兵馬俑博物館時，我們深深感受到此工程之浩大和宏偉。參觀漢陽陵墓和進行考古工作時，我們體驗到考古工作的困難和趣味。在遊覽華清池時，我們加深了對安史之亂的認識，以及古人利用溫泉湯池沐浴的智慧；同時亦靠著這些建築物中的彈孔，了解到西安事變所留下無法消磨的痕跡。欣賞仿唐歌舞表演時，我們初嚐石榴米酒，途中亦有古箏演奏，當氣氛炒熱時，歌舞表演就恰好上演，可見中國人對於掌握氣氛的獨到。

旅程結束之時，我們懷著百感交雜的心情各自回家，但所學的一切都會永遠留在心中，中成為人生中無可取代的重要體驗。

## 十三朝古都 暢遊西安的古與今



## 電波少年 流浪記

出乎意料，七天的流浪之旅竟讓我的人生有所改變，這個課程的英文名稱真的沒有改錯：Life Adventure——我真的體會到人生，也從體驗中明白了不少從前只會左耳入右耳出的人生道理，也明白了同路人的重要性。這團最突出之處在於「流浪」這兩個字，大家聽到我們沒有旅遊車、沒有很多行程時也許很驚訝，可是流浪無疑比其他的團辛苦，但正所謂「No pain, no gain」，我們同時所學到的卻也更多。

猶記得曾做過的調查，我們全部的人也同意這七天的流浪之旅是我們所遇過最棒的學習無疆界課程，因為我們的所見所聞真的很難忘記。我們每組十二個人不管是同學還是老師們都打成一片，七天的相處讓我們的情感更深厚，從前我們或許不是好朋友，但我想如果說我們團裡的每一位已經成為彼此的好伙伴、好朋友我想沒有人會反對吧！我們都把大家當成一家人了，與家人分別時的依依不捨，證明我們都成為了彼此生命中一個重要的角色。

我們雖然未能流暢表達所學過的一切，但心裏卻很明白我們這七天的難忘經歷是上帝給我們很寶貴的一門人生課。我們只可以平平無奇的與大家分享行程，但我們卻明白到不少的人生意義。在這七天我們體會到的不是單單的流浪，而是體會了人生！

最後真的要感謝一班團結的同路人，真的很感恩今年的學習無疆界帶給了我們如此難忘的回憶，甚至改變了我們的人生！

5 Grace 何卿華



We tried to stand on the same rope, but it was harder than we imagined.



We were designing our team flag.



We were giving a presentation around the lunch that was made by our group.



At night, we learnt to use the MP5 to hit the target in the dark.



We were getting ready for our hike early in the morning.



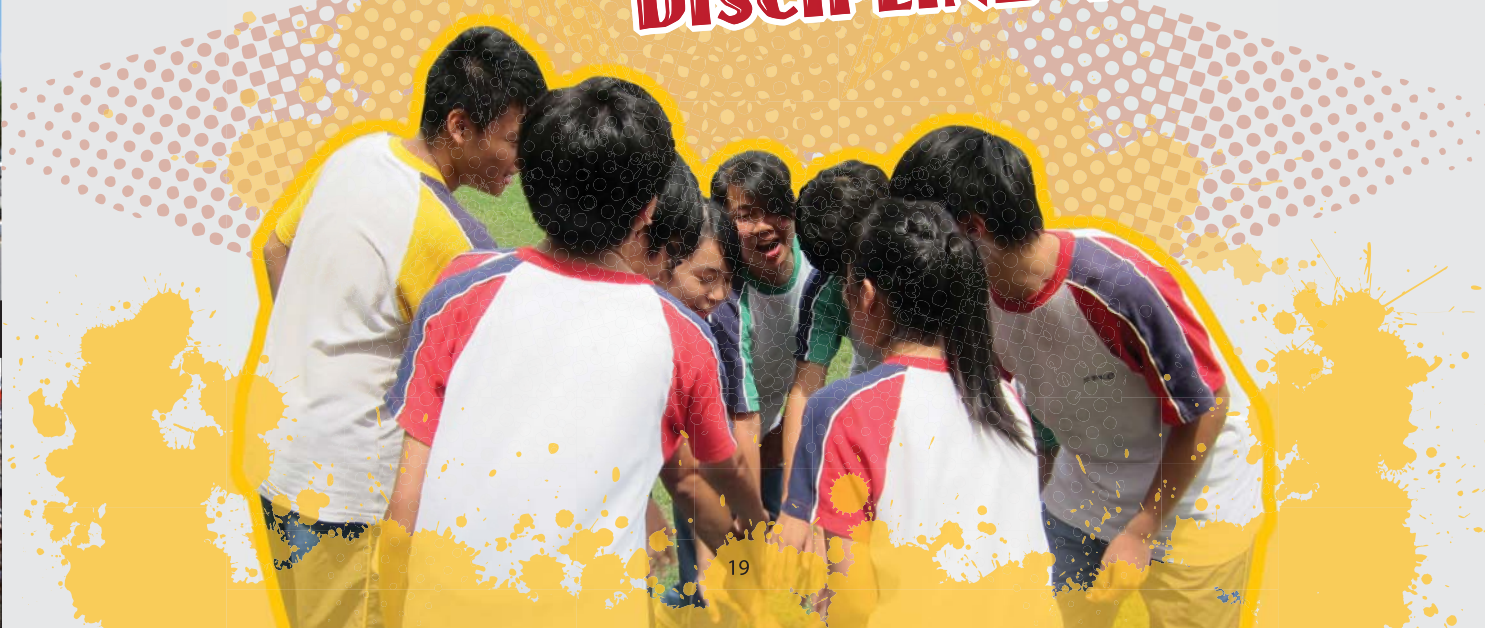
### Aaron Lee 3 Joy

In this programme, I have learnt many things such as team work. On the first day, we played a game called tug-of-war. In that game, we had to gather all our power and use it strategically, then it would be easier for us to win. Our group also came up with a tactic that was to shout '1!2!3!pull!' and pull together at the same time and finally we won that game! Besides, Calvin and I were selected to be the leaders of our team. Our job was to lead the group members to face different challenges. Although it was not easy, we did a good job at last. It was a very good experience for all of us and I have also met many new friends from the programme.

### Grace Ma 3 Faith

This programme helped me to learn how to cooperate with others to accomplish a task. Co-operating with group members towards the same goal made things go more efficiently. For example, in one of the challenges, we were asked to stand on the same rope and stay on it for as long as we could. We failed a few times, but after some discussion, all our group members cooperated together, and finally we made it. I think this programme was meaningful and I learnt a lot from the instructors. I hope my team mates shared the same feeling too.

Unleash Your Potential -  
**DISCIPLINE TRAINING**







## Go, Grow, Glow Life-Changing Journey 天使行動之生命成長之旅



這次在神的帶領下，我參加了這個活動。我本來是懷著一個「沒有所謂」的心態參加的，因為我不能跟好朋友一起參加這個活動，但是過了不久，我便開始投入了。第一天，很不幸地，因為一個八號風球的影響下，我們要留在學校睡覺。在當天的早上，參與了活動後，我們整個組的人便開始懷著興奮的心情收拾背包。我們在分好崗位後，便外出吃飯了。在那時，我們已經建立了好的友誼。可是吃過午飯後，我們得知因為颱風而要留在學校，我頓時覺得很沮喪。可是，我發覺，在學校的活動也一樣有趣，在晚上，我們很多人也睡不著覺，我也不例外。在玩耍的途中，我突然覺得我的胃很痛，痛得像火燒一般，我便立刻告訴導師，尋求幫助。起初，導師只叫我睡在桌子上，可是過了很久也不見得好，所以有導師立即開爐給我煲水，喝了一點，立即覺得有好轉，之後我也回到營裡，稍作休息。

第二天，對我而言，惡夢便來了，因為我們要行山，而且是非常崎嶇的山路。我們不單止要行山，而且還要自己用地圖找路線。其間，我也不知跌倒了多少次，因為剛下完雨的山路非常濕滑，令到行走山路變得難上加難。在途中，我們遇見了幾條美麗的彩虹，令我知道天父與我們同在。幸好，到了最後，我也平安的到達了營地。第三天，我們在營地玩了百米定向賽。有個人及小組的環節。在個人的環節中，因為睡得太不好的緣故，所以我不太落力。但到了小組的環節中，因為我不想連累同組的人輸掉這個比賽，所以我跑得非常落力。雖然，最後小組因為打錯了一個號碼而輸掉了，但我們也很享受這個遊戲。

第四天，也是我整個活動最難忘的一天，因為我們要拾紙皮、鋁罐為生。我們更要把手伸到垃圾筒、環保回收箱內。我們在拾的過程裡，有不少途人用歧視的目光望著我們，令我們覺得尷尬外，也覺得很憤怒。可是，因為我們四點多才到達大埔的關係，有很多紙皮也給另外兩組的同學拾

了。我們一到達大埔也不知所措，不知從哪裡開始，所以我們漫無目的的行了一會兒，直至我們遇到我組另一個導師——龍女告訴我們另外兩組已經拾了很多的時候，我們才開始進行我們的「拾紙皮大行動」，到大埔熟食中心和二樓的街市拾紙皮。一開始，我們是整組一起找的，可是後來為了節省時間，我們便分成兩組，一東一西的搜索紙皮。過了大約十五分鐘，我們都找到了很多紙皮，可是另一個問題出現了。在哪裡可以賣出紙皮呢？我們各人也不太知道，所以我們決定了用「問」這個辦法。我們問了一個保安之後，便一窩蜂跑到賣紙皮的地方。原來，我們以為，手上拿著這麼多的紙皮，一定有很多錢。可是經過磅重後，我們才發覺，我們只得三元六角，我們都很沮喪。可是為了晚上的食糧，我們也必須繼續努力。之後，我們更大膽的把手伸進垃圾箱內尋找鋁罐。到了第二次的磅重，我們得到了五元六角。我們各人為了我們所得的金錢興奮，但我們也沒有驕傲，因為我們也同樣深知九元二毫，根本就不夠我們九個人的晚飯，所以我們也同樣的繼續努力，繼續為晚飯而努力。之後，我們不斷重覆同樣的動作，最後，我們共賺到二十元二毫，本來是不夠我們九個人吃一個麵包的，不過，導師也拿了十六元出來，剛好足夠我們每人吃一個麵包。當天晚上，我們以為會有床睡覺，誰知我們不單沒有床，更在街上睡覺，做流浪漢。我們輪流當值，可是因為我組的人全部很有睡意，所以每個人都睡了覺，只有我在當值，但到了早上仍不覺有睡意。

第五天，是我覺得最有趣的一天，因為我明白到了一個大道理。我做了甚麼令我有感而發呢？我們到了富善街的街市賣東西。我到了一間賣衣服的店舖做義工，想不到原來工作是這麼辛苦的，工作了五小時，在店舖門外站了五小時，也只有不足二十單生意，令我反省到原來父母賺錢是不容易的，也令我知道我不能夠再浪費父母的金錢。

2 Peace 梁翠珊

很高興自己有機會參加這個課程，我自己是一位基督徒，亦對韓國教會發展感到興趣，所以我就報名參加。一提起韓國，一般香港人會想起泡菜和韓國巨星，而我在韓國亦深深感受到她的文化。提到泡菜，我們每次的膳食都有一碟泡菜，我每一次都二話不說就把碟上的泡菜吃光，我試過一個人吃了三碟。每餐都吃泡菜並不覺得乏味，不是因為自己之前愛吃泡菜，而是每一餐的泡菜味道各有不同，令我想去嘗試發掘其不同之處——有的很辣，有的很酸。據導遊所說，韓國人每天都吃泡菜，但他們不感到乏味、沉悶，因為他們本著「吃飯只求生存」這個原則，但通過每天吃泡菜這個小實驗，我也被泡菜神秘的魅力吸引住了。韓國明星在香港人心目中也深刻，在今次遊學團中不少韓國明星的「粉絲」，甚麼「2PM」、「Super Junior」都是他們的偶像。當我們到了有韓國明星精品售賣的地方時，他們也不禁問店主有沒有他們的「獵物」，結果他們也凱旋而歸。除了泡菜，韓國人的服務態度也令我留下深刻印象，如服務員會用心理解客人的需

要，一點也不馬虎，值得香港人學習。「韓國文化與屬靈體驗」，除了文化，當然還有宗教體驗。我們參觀了兩間教會，都給了我不同的體會。第一間是華人教會，雖然有百多年歷史，但人數不多，大約一百多人，但他們氣氛很好，如有歡迎新朋友時，弟兄姊妹都會離開自己的座位，與新來賓握手。在唱詩時，他們會大聲開口唱詩讚美神。縱使教會規模小，但各人仍積極參與事奉，積極預備受洗。第二間是全首爾最大的教會，是靈恩派的教會。本人對靈恩教會有保留，但弟兄姊妹亦很投入，講道會記下重點，供日後重溫，這一點值得我學習。今次LEWOWA，我看見神許多的恩典，今次交流團能成行；颱風沒有影響航班，如期到達目的地；縱使首兩日非常下雨，我們還能到新禱山上團契、靜修，同學們也很投入；有同學在旅途中病倒，後來好了一點，可以順利入境。沒有人在旅途中遺失證件——這一切的恩典數之不盡，感謝上帝美好的安排，令我深信上帝的恩典永遠夠我用！

5 Grace 鄧彥匡



## 韓國文化與屬靈體驗之旅 磚瓦中的人與情 港、澳古蹟文化探索之旅

Our LEWOWA program this year lasted for 5 days. Our program is about the history, background and the architecture of Hong Kong and Macau. So we stayed in Hong Kong for the first two days and we visited Macau for three days. In these five days we did a lot of interesting things such as visiting the museum, sight-seeing and buying souvenirs. The most unforgettable place for me is the Sun Yat-Sen Memorial Hall. Sun Yat-Sen is a museum which introduces our 'Father of the Nation'. This museum was called Kom Tong Hall as well because it was once Mr Ho Kom Tong's home.

This place was so unforgettable to me because the architecture is so special and beautiful. There are colorful windows inside the house and the building was in Baroque and Rococo style. On the other hand, it gives me lots of information about Mr. Sun's things, not only the political but his family. It makes me feel curious about them!





# 我的第一本 台灣遊記

同學的作品



台灣距離香港不太遠，只有一個多小時的機程，但各方面卻和香港相差很遠，例如台灣人懂自動自覺回收可循環再造的廢物，不會隨街扔垃圾，他們對環境保育的意識比香港人濃厚得多，很值得去學習。顧名思義在此課程裏會學到不同的寫作手法，並且在遊記中使用，學以致用及溫故知新。在旅途中紀錄我們的所見所聞所感，並插入圖片，為遊記添加色彩。我覺得這個課程的主意很好，因為有記下每天的經歷，這樣即使多年後再翻開這本色彩繽紛的遊記也還會記得多年前的經歷及感受，不會那麼容易忘記是次課程所經歷的事物及所學的東西。在是次課程中到過了許多有意思的地方，如廣興紙寮，在那裏學習到了造一張漂亮的紙並不簡單，而水在造紙的過程中非常重要，水質好的話，造出來的紙才不易發黃，所以才不是每個地方的水都能用來做紙。而在那裏的DIY既可愛又易做，我很喜歡。

SP 黎鑑輝 鄭綺珊



彩虹眷村牆上的畫作

彩虹眷村，是一條非常特別的村，因它是少數被美化了的軍眷村。這條村的原名是干城六村，其外牆畫滿了色彩繽紛的畫作，有人物，如林書豪；有動物，如小兔子，貓，龍等等，為村內增添了不少生氣。



台中藝術園區及台北美術館，令我對藝術的表達手法有了新的體會，畫作不一定是在畫框裏表達的，也可以跳出框框，把前來參觀的人們帶到畫中裏，很神奇。

在清境農場演奏的人



我最喜歡課程中去清境農場的部分，因那兒空氣十分清新，在那裏完全感到與世隔絕，只有大自然與我，可以暫時把一切煩惱拋棄，回歸淳樸。

正在吃草的羊兒



回憶就是這樣，經過時間的洗滌，總會被沖淡，被沖走。遊記正正可以讓我們記錄精采的時刻，為回憶留一張底片。

# Go, Grow, Glow Life-Changing Journey

天使行動之生命成長之旅

因著天父的恩典，祂深愛培基每一個同學，今年我們基督教教育組的老師首次跟天使家庭中心合辦本地流浪體驗，目的是讓同學身體力行去經歷人生的甜酸苦辣，然後苦盡甘來。天父對我們很好，祂讓我們在這六天裡經歷各樣天氣：八號風球、黃雨、雨後彩虹、晴天，這一切告訴我們，祂是掌管一切天氣、心情及世事變幻的主。彩虹叫人記得祂是與人立約的神。作為帶隊老師，我欣賞每一個成功參與的同學的努力，盼望大家把這「多勞多得」的經歷存記在心中，祂的恩典常夠我們用。

Ms. QueenieTong



這次「學習無疆界」，我體驗了低下階層的生活。我去了兩個營，分別是一個生命成長野營和「上帝給青少年的成長課」。在生命成長野營上，第一天因八號風球的關係，以至我們要在學校過夜，但也是在這一天，我學會了收拾35公斤的行山背囊。第二天我們行去西貢灣仔南營地和塔門，這天真的十分辛苦。我們行了五小時，那些山路很崎嶇，天氣又時晴時雨，但我們能夠行完真是感恩。最後一天我們玩了百米野外定向賽，那是我第一次玩，我覺得十分有挑戰性。另外，在上帝給青少年的成長課中，第一天我們到大埔拾紙皮箱賺錢，這可是我第一次賺錢體驗工作的艱辛。到了晚上，我們就是睡在天橋底。到了第二天，我們的任務就是要找自己的第一份工作。我真的很欣賞那些有尊嚴的人們，他們會靠自己的努力去完成自己的目標。這次真是一個十分難得的經歷，這次的經歷會令我畢生難忘。

2Grace劉讚兒



我們到了大埔進行社區體驗。我們執紙皮拿去賣錢，我們又嘗試當「打工仔」，也嘗試過在天橋底睡覺。我終於明白到父母工作的辛勞，我以後也不會再亂花錢。在這次課程中，我得到了很多，我也的確成長了不少。我獲得了一些一生難忘的經歷，這些經歷是我們用錢也買不到的。我會將這些經歷永遠牢記著，把學到的東西在生活中實踐出來。

2Peace陳昉



台北市立美術館  
日月潭的美麗風景，山水如畫

