

Spkc

Stewards Pooi Kei College Newsletter

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編者的話

考試週的一個清晨，學校早會訓導組朗讀了一封由家長的來信，這封信的內容是有關培基幾位學生在校外的一些失當行為的。雖然我們知道這只是出於一小撮的害群之馬，但確實一個也都嫌多。老師悉心教導培養學生，絕不希望他們的期終成績表會令人失望。而且任憑是哪一位旁觀者，也會對這些學生留下壞印象，批評他們的不是，因為社會上是存在基本道德價值觀的。

其實，迷途知返也並不一定獲得體諒，那是一件不容易的艱苦路，正如正生書院的青少年，梅窩居民聲嘶力竭地反對他們融入他的社區。難道，在現今的社會裡，我們不應該保護青少年、教育他們嗎？沒有這些價值觀，社會怎樣運作？所以，我們要好好珍惜自己擁有的學習機會，謹言慎行。今年的主題「責任與和諧」已經推行了一個學年，希望同學可以從這些事件中認認真真地反思，好好計劃人生，不要讓身邊的人失望，不要讓你父母失望，最重要的，是要向自己交代。

推動社會和諧，人人有責。

鄧佩鳳老師

校長分享

責任與和諧

本校每年都有一個主題。今年是責任與和諧 (Responsibility & Harmony)。其實責任與和諧兩者是有密切的關係的。我時常對學生說：「人類所知的宇宙有2000億條星系，每條星系平均有1000億個太陽。時空雖然偉大，但只有你才能完成某些歷史任務。因為沒有人像你那樣有責任去愛你周圍的人，就是你的家人和朋友，包括將來你年老的父母。天生我才必有用。人生一定有目的和意義。人要在這偉大的時空裡，過一個有意義的、豐盛的人生。你一定要盡你的責任。」

作為一個老師，我們當然希望學生孝順父母，尊師重道，愛惜身體，勤奮好學，遵守紀律，品學兼優，對社會有正面的貢獻。這樣的學生，父母開心，老師安慰，家庭快樂，在學校生活愉快，學業進步。將來大學畢業，事業有成，前途光明，身心康泰，婚姻美滿，人生就充滿了幸福和諧。這就是教育的成功，這就是老師的安慰。

但是，最近報紙報導了有些學生不單抽煙，還要吸毒。他們不思進取，自暴自棄，晚上則沉迷網上遊戲，很晚才睡，早上則遲到違規，傷了父母和師長的心。生活不和諧，家庭不和諧，學校不和諧，心靈不和諧，身體違和，病了，成績不好，將來離開學校，進不了大學，很難找工作，在社會也不和諧，夫妻不和，家庭問題再發展成為社會問題，引發成一個不和諧的社會。

因此，我希望每一位學生，努力讀書，盡了自己的責任，好好的應付考試。將來派成績表的時候，父母為你開心，老師為你鼓掌，自己也快樂了。最後，「敬畏神是智慧的開端，認識至聖者便是聰明」(箴9:10)。與神和諧，與人和睦；這是「十」字架縱橫兩劃的意義，也就是理想幸福的人生。

陳城禮 副校長

• About Me

This is a story of an English teacher. She wasn't very good at English. She even hated English. Until F.2, she met a lovely English teacher. The teacher's English wasn't good at all; she realized that right when she got promoted to F.3. The teacher wasn't particularly interesting either. What makes her special is that, she gives equal attention, love and caring for English learners of all level (and by then I was a very low level learner, I used phrases like play attention and kindergarten).

She is one of the biggest reasons I'm a teacher. And everyone I met in SPKC is the reasons I'm staying. Here, we've got brilliant students, who love to learn and learn to love. We have heart-to-heart students who share their lives with me. We have a group of young, fun-loving and knowledgeable teachers. I truly feel I belong to this big big family.

Ms. Pinky Ng

• 關於我

我是培基書院「新鮮人」Miss Phoebe Wong，在大學時主修地理科，現任教中四及中五地理科。我很感恩能夠成為4Love班主任，雖然他們有搗蛋的時候，但他們也帶給我不少歡樂及美好的回憶.....

• 和諧

在過去兩年，家庭糾紛及悲劇愈來愈多，青少年吸毒問題亦日見嚴重，香港社會十分混亂。現在的社會物質豐富，總會令到我們眼花繚亂，所以在多采多姿的社會裡，擁有堅定的信念是很重要的。自古有云：「修身、齊家、治國、平天下」。一個地方要變得和諧，我們身心先要端正無私，修養德行並身體力行，自然一家和睦井然有序，國家亦能夠上軌道，進一步使天下太平。同學們，若要香港成為一個和諧社會，便要看你們能否「修成正果」了！共勉之！

Ms Phoebe Wong



TEACHERS' SHARING



• 在培基的日子

今年是我第一年加入培基書院，主要在校中教授化學科及科學科。在這一年中，我感到同事們都很忙碌，各自也有很多事要做。但在忙碌的同時，也很感受到同事們的彼此支持及鼓勵。大家在工作崗位上盡心竭力，為的是見證我們的主，努力服侍我們的學生。

還記得初到步的時候，很多東西都不太適應。有一次，因出卷形式上的錯誤而令另一位同事要幫忙收拾殘局。同事的支持和鼓勵真的幫了我很大的忙，他們使我更了解培基學生的特性，從而能更有效地教好每一個學生。

在培基裡，我看到大家都一起為學生而努力；而同事們的努力，也成了我的原動力。深信每位同學在學校的和諧及彼此支持的氣氛下，同學也會正面地成長。但願神在培基更大的使用我們及每一位學生。

• 和諧

今年學校其中一個主題是和諧。在我的心目中，和諧所指的就像一個樂團，每個人都盡好自己的本份，演奏好自己的樂器；但與此同時，也要顧及別人的部分，和友伴合作。當大家都盡了這分努力，和諧才能出現。如果大家都自我中心地，自顧自地進行自己的精采演奏，音樂會只會有一堆噪音。

和諧之表現，在於大家一起盡責，做好自己的部分之餘也要顧及別人的事。像是聖經中的一句：我們不要單顧自己的事，也要顧及別人的事。我相信和諧是要大家努力去經營出來的，當大家也願意踏出這一步，和諧才能實踐。

劉伯豪老師

我有一個奇怪的名字。其一，姓氏很奇，我有一個中學的同學居然說，她一生從沒有遇上一個與我同姓的人。雖然離她的一生遠著呢！其二，名字很奇，從我小學開始，大家都連名連姓地叫我，因為，據他們所說，這樣最方便，而且拒絕喊我的英文名字。來到培基，大家都叫我的英文名字，居然有些不習慣呢！大家知道我是誰嗎？再給大家多一點的提示吧！我是今年來到培基的新老師，任教中一和中四級。我相信同學這麼聰明，一定會猜到了，對不？

今年學校的主題是和諧。甚麼是和諧？孔子說：「君子和而不同。」我們的生命每一個人都是獨特的，因而「不同」；但是我們都得和洽相處，因而需要「和」。這「和」便是包容、忍讓與尊重。包容他人的不同，忍讓他人對你的不好，尊重他人的所行所信，很困難吧？但不妨從我們身邊做起，從今天做起。

賴瑩老師

2009 Charity MAY



Dress Special Day · Charity Night · Stewards Flag-selling Day · Charity Bazaar · Charity Walkathon · Poverty Week

"Charity May" has raised HK\$88,880.00 (in addition to flag-selling) for the Stewards Limited! Praise God for his grace, that even during this economic crisis that we can still live in peace. However, we shall never forget other who are in need.

Our school has held a campaign called "Charity May" to help students understand the five major problems in the

world nowadays (spiritual emptiness, self-serving leadership, poverty, illiteracy and disease) and their solutions (planting Church, equipping servant leaders, assisting the poor, caring for the sick and educating the next generation). By supporting the two charity organizations: Stewards and Fountainhead Association, we have put our wishes in action.

Ms. Kaling Sit

Poverty Camp (寮屋生活體驗) 16 April 2009

四月十六日，陰晴不定的一天。

我們一班培基的同學就在那天參加了這個「寮屋生活體驗」日營。相信中一以及中四的同學在週會已經看過當日的相片，我們現在就再細味當天的所見所聞。



看！同學們正留心地聽社工說話。



那兒曾經常有水浸！幸得政府幫助，水浸問題已經大大改善。



居民郭先生和郭女士，他們說了不少以往生活上的不便之處。



這位就是農友廖女士。她已經在市區找了新工作，因為農田的收成不能應付日常生活上的開支。



這就是農友們日常煮食的設備。



之後，同學們便親身體驗收割的滋味。

經過這次的親身體驗，同學們也親眼見到了寮屋生活上的種種，也親耳聽到了寮屋居民訴說問題，相信當天在場的每一位同學也感到自己其實是社會上十分幸福的一群。

各位同學都知道應該要做好，只不過有時候真的不知從何處入手，看完這篇簡短的分享，大家知道了嗎？就是要學會不要為小事抱怨，也不應為任何事大發雷霆，我們應做的就是去適應和接納。

謝惠琛 中四信班

Stewards Flag-selling Day 2 May 2009



PTA Walkathon 23 May 2009

The PTA Walkathon has raised HK\$29,330 for building of a school canteen for the 7th School in Baize, China.

Charity Bazaar 11 May 2009 - 15 May 2009



Dress Special Day 2008 Cheque Presentation Ceremony 4 June 2009

Together, SPKC has raised HK\$59,709.00 for The Community Chest through Dress Special Day which was held in September 2008.



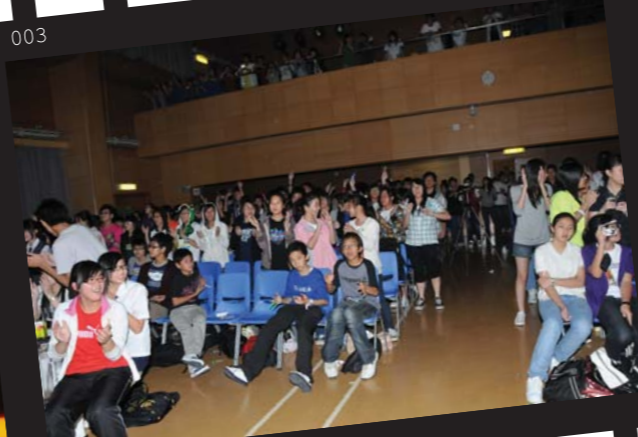
思源協會致送紀念品給培基書院

A commemorative gift was presented to our Principal, Mr. Yuen by the Fountainhead Association.



Charity May 2009

Charity Night
30.4.2009



001 They were questionable the best band that night, they sure "rocked the house".
002 Even Dr. Ruby Cheung and Mr. Chiu couldn't wait to show their talents.
003 The show is on, everybody make some noise! C'mon, scream and shout for charity!
004 Look who's in the house! It's the Blues Brothers!

Chau Kwan Yeung,
S4 Peace

This is the first time that our school has had a fund-raising event organized by students. We have learnt a lot of things that we couldn't learn from classes, and these skills can be used in the future to organize other big event. Also, this will be a start for our school to have these types of charitable functions.

Being a part of the Charity Night, is not just about having fun, it's all about "everybody's got talent"! This is a chance of a life time to show that you and I are special, unique, and irreplaceable. All you need is the passion and faith, and chances will come to you. Love SPKC.

Stephanie Tse Long Ying,
S4 Peace



005 We'll let the "Bar-B-Q", Show and tell you how to move. It you're 5 or 82, this is something you can do.
006 Here comes our lovely Dr. Chan with his awesome Tai-chi.
007 Half male-half female!?!
008 These F4 guys...just popped out of no where and started singing Jacky Chan's "Shampoo Song".
009 "難為正邪定分界"
Mr. Samuel Lui as the devil, Mr. Sam Ho as the hero

Charity Night, what a fabulous night. I would really like to take this opportunity to show my enormous thanks to all the performers and helpers for their passionate heart towards this show. "SPKC student, We're making history" It's going to be a night to remember A success for SPKC and for us all!

Charity Night is the most memorable experience I've ever had. It started my senior school life with something new while enhancing my knowledge. I am glad to see many of you who have participated in Charity Night. Lastly, thanks again for coming on that night.

Yiu po-ching, Angela,
s4 Joy

Lee sin-wah, Becky
S4 Faith



010 "Thanks! Thanks! Thanks! THANKS! MONICA!"
011 With Mr. Tse & Mr. Gerald's guitars, Mr. Cheung's beat, and piano by Mr. Tim Li, also the three awesome voices by Ms. Chan, Mr. Lam and Mr. Ng. THEY ARE UNDEFEATABLE!
012 Everybody get up on your feet and DANCE
013 They're going to tell you about a beat, that's going to make you move your feet.



中學生統計習作比賽(2008/09)由香港統計學會和教育局合辦，今年已是第二十三屆舉行這個全港性的比賽。今屆有63間中學，1021名學生參加，而參賽作品共229份，習作的題材圍繞香港多方面的民生和經濟狀況。香港神託會培基書院有三位同學在比賽中獲得了「新鴻基地產最佳專題習作獎」，同時，更榮獲「初級組冠軍」。他們分別是盧思齊、蕭哲晞和蕭婷勻同學。

統計學專題研習奪冠

助提升社會觸覺

得獎隊伍向逾百師生分享專題研習成果



師生正製作電腦圖表以闡釋有關數據

融匯跨科知識 發揮團隊精神

三位同學認為參與這項比賽，令他們獲益良多。在知識方面，由於習作的題材與校內科目如通識和人文學科相關，故令他們可以深入探討和了解經濟、社會和民生的相互關係。另外，這是三位同學第一次參與大型的統計學研究及撰寫報告書，所以對他們在研究、分析和寫作技巧三方面都有所得益。在比賽的過程中，他們更能夠發揮團隊精神，明白領導和分工的重要性，如盧思齊同學負責分配和協調工作；蕭哲晞同學負責處理、分析數據和繪畫圖表；蕭婷勻同學負責撰寫報告和排版。

關心社會時事 向當權者獻策

有感於香港醫療事故頻生，所以三位同學以「香港醫療及衛生情況的轉變」為題，探討香港的醫療質素、醫療開支、內地孕婦來港產子、人口老化和貧富懸殊等問題，如何為醫療體系帶來壓力。同學更希望可以藉此向政府的決策者提出意見，使香港的醫療體系更為完善。他們建議政府應該更靈活有效地運用有限的公共資源，幫助香港的弱勢社群。

師長解難 同學互勉 艱苦換取成果

提到在過程中遇到甚麼困難，蕭婷勻同學直言大家花了四個月的時間了解題目及相關的政策，再進行搜集、處理、整合、分析大量數據和撰寫報告，同學要兼顧學業和比賽，所以比較辛苦。另外，由於當中涉及大量的專有名詞和政府政策，同學實在難以明白，故要向老師多多請教。最後就是同學之間也有爭執和意見不一的時候，但幸好大家都可以互相諒解和鼓勵，所以才獲得這個獎項。



1. 得獎隊伍與師長合照 (左起：黃智君老師、蕭婷勻同學、蕭哲晞同學、盧思齊同學、袁彼得校長及梁以豪老師)

2. 得獎隊伍與主禮嘉賓合照



2.

Gospel Sunday

Christianity is a musical religion. As a worshipper and a music lover, I really enjoy the moment of singing hymns with others. Recently, I've been in love with a Mandarin hymn called "We Become A Family" (我們成為一家人):

我們成為一家人
(Copyright: Heaventunes International)

我們成為一家人，因著耶穌，因著耶穌，成為神兒女。
我們成為一家人，因著耶穌，因著耶穌，成為神兒女。
因著耶穌得潔淨，因著耶穌入光明，因著耶穌同享復活的生命，
同享生命的喜悅，同在主愛中連結，因著耶穌同受豐盛的產業。
我們成為一家人，因著耶穌，因著耶穌，成為神兒女。
我們成為一家人，因著耶穌，因著耶穌，成為神兒女。
因著耶穌同敬拜，因著耶穌蒙慈愛，因著耶穌彼此恩慈來相待。
或在喜樂中歡唱，或遇苦難同哀傷，因著耶穌同渡人生的風浪。

This year, I got a number of chances to share hymns in school. The most special one was Gospel Sunday on May 31. Sunday, to Christians, it is a day to meet together at Church and worship the Lord; to a family, it is a day to spend time with our beloved and enjoy family life. So, why did people choose to come back to school on Gospel Sunday? Just like what the hymn is describing, we become a family because of the Lord. Because of the Lord, we share and enjoy every moment. I still remember the picture of everybody dancing and singing hymns together on that day. It is fun to see

some students singing hymns and dancing in order to wake themselves up when they were feeling very sleepy.

Are you the ones who danced with the Teacher Worship Team and your family for the Lord on Gospel Sunday? I hope we, your family in the Lord, can be your support whenever and wherever you are!

Ms. Ripple Chan

第十一屆 全港中小學普通話演講比賽2009

「第十一屆全港中小學普通話演講比賽2009」為「語文教育及研究常務委員會」本年推廣普通話的活動之一，由新市鎮文化教育協會主辦，今年共有超過一千二百名學生參加。

本校中三和平班的江佳維同學代表學校參加新界區初中組的比賽，表現出色，勇奪比賽的金獎。



今年是我第二次參加全港性的普通話演講比賽，剛開始，真的想不到可以得獎，本來以為今年會停留在複賽的程度，但居然有機會晉身總決賽，真的十分感謝每天都陪我練習的梁老師和在最後指點我的楊老師。

通過這次的比賽，我開始漸漸體會到演講的樂趣。演講，其實並不如我們想像般的困難，在剛開始構思「09前瞻」這個題目時，我實在想不出什麼好點子，但後來，自己慢慢琢磨，開始瞭解到，如果要在三分鐘把所有可能發生的事情一一講完，真的不可能，那為何不把其中的一件事來做詳細的分析呢？

這次比賽雖然是結束了，但我對於演講的興趣，卻是剛剛開始。我會繼續努力，透過思考、觀摩等方法，提升自己的演講技巧，在未來，我會做得更好！

江佳維（中三和平班）

2009 全港中小學普通話歌唱比賽

「2009全港中小學普通話歌唱比賽」為「語文教育及研究常務委員會」本年的另一項推廣普通話活動，由香港教育專業人員協會普通話組主辦。

本校中二喜樂班的梁思行同學和中二恩典班的曾懿璋同學代表學校參加中學初級合唱組的比賽，奪得季軍。

這次是我第二次代表學校參加這個普通話歌唱比賽。雖然有了一點經驗，但我和懿璋今年都不敢抱太大的期望，因為今年的對手比去年的強。

總決賽那天，在出場比賽前的一刻，我和懿璋在後台禱告，求耶穌與我們同在，幫助我們在舞台上可以做到最好。最後，耶穌不但賜我們平安，叫我倆在舞台上能自然的發揮，祂還賜福我們，讓我們奪得比賽的季軍。真的感謝主耶穌！

梁思行（中二喜樂班）

從練習到錄音，從初賽到複賽，再從複賽到總決賽，這個過程歷時三個多月，期間，我們學會了許多東西，比如唱歌技巧、演繹技巧、台風、合作.....雖然練習的過程辛苦，但我還是享受的，因為我真的很愛唱歌。

另一方面，透過這項比賽，我和思行認識了新朋友呢！從去年到今年的比賽，有一對雙生姊妹與我們碰頭多次，比賽後，大家成了朋友，很開心呢！

曾懿璋（中二恩典班）



SPKC's 0809 International Awareness initiatives International Collaboration Team

Year 0809 has been an eventful and edifying year for SPKC'ers to engage in various global educational initiatives in school campus. Let's do a recount of all the events!

November 2008: International Awareness Week (I.A.W.)



Between November 24 and 28, SPKC held its first I.A.W. under the theme "A World of Diverse Needs, A World of Diversity". A series of special activities were conducted in school which special guests outside school were invited to take part in the week of the programme.

One highlight throughout the week was the Intercultural Forum between SPKC and International Christian School (ICS) in the English Zone. Students of different ethnic and cultural backgrounds from the two schools were invited to be the panel members to discuss on the topic "Harmony under the Same Roof". Using the panel members' first-hand experience on cultural differences, the one-hour in-depth discussion had shed much insight to the audience on the floor about living in a society of diversity.

To include multiple perspectives on the needs in developing countries, Rotary Club's visiting ambassadorial scholar Brendon Johnson from the USA gave a special sharing to selected S.3 and 4 classes in English oral lessons about the needs in South Africa, where he volunteered last summer. Hong Kong-born missionary Sarah Cheung, whose testimony was featured in the movie Paradise Love Song (天國戀曲) was also invited to share on her missionary experience in Cambodia. Last but not least, a "Racial Harmony Talk" was given by an officer from the Hong Kong Government's Racial Relations Unit on the lives of racial minorities in Hong Kong. The topic was later expanded upon to become this year's LEWOWA programme "Broadening Horizons --- Minorities in Hong Kong". Read our

newsletter special edition on LEWOWA for more sharing about that programme!

Apart from external guests, several CCA clubs also helped out during the I.A.W., including the Radio Broadcasting Team which shared on "gender inequality", the School Choir and Worship Team which gave a lunch-time performance of God's love for the world, Students' Fellowship which held a week of prayer meeting for the world's needs, and the School Library which held the Global Awareness Book Exhibition Week.

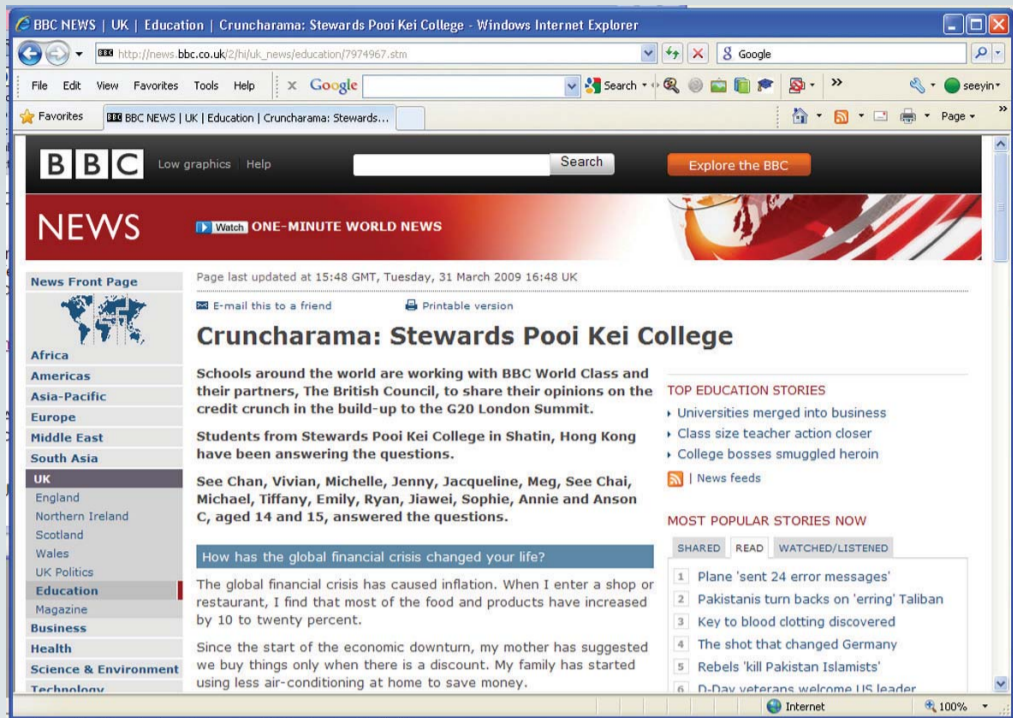
Ms. Christina Tung

ICS basketball Game

On May 7th, 2009, we were very fortunate to receive our neighbors from down the road, International Christian School (ICS) for our annual friendly basketball game. Last year, we had a chance to visit our ICS friends in their indoor gym as the weather did not allow us to play at our outdoor court. This year, we were blessed with beautiful sunny weather, as well as nice breezy winds as our boys and girls competed in a fiercely competitive basketball game. Both sides showed a lot of heart and courage during the game, and students from both schools stayed after to interact with one another, which was wonderful to see. Seeds has been sown, bridge foundations has been built; hopefully, this will be the beginning of a long lasting friendship between the students of both schools.

Mr. Gerald Li





3 Peace comment on G20

As the financial tsunami continued to haunt many countries and world leaders, 3 Peace students wrote to BBC about their own experiences of the crisis here in Hong Kong. They also called for tougher determination, more international cooperation and practical solutions from our world leaders during the G20 London Summit in April 2009. Their comments were published on BBC as part of an international school project named 'Cruncharama', in which students' comments were viewed by various political leaders such as British Chancellor of the Exchequer, Alistair Darling!

2 Faith's sharing on H1N1 in Hong Kong

How have Hong Kong students experience the Swine Flu? Five S2 Faith students, Chloe Ma, Katie Sin, Harry Tang, Elliot Yau and Matthew Yip, represented Hong Kong in the BBC World Class Project in sharing with students from Germany, India, USA, Japan, Kenya, UAE and Nigeria about their experience of the H1N1 Flu in Hong Kong. Their sharings were chosen and published! You may read their stories via:

http://www.bbc.co.uk/worldclass/your_stories/20090513_swine_flu_outbreak.shtml



WorldRockers

We have 14 students joining the Rock Our World Project, an international video conference project which brings schools of different countries together for video chats, collaborative learning, music compositions and sharing. This year is our 3rd round with Rock Our World. Our themes included environmental protection and cooking. We have had a total of 12 video conferences with schools from USA, Peru, Nepal, Poland, Japan, Australia and New Zealand. Two of our members, Jessica Chan of 3Grace and Rachel Leung of 3Love were involved in music compositions with schools from USA, Germany, Peru, Mexico and Italy!

A Chat with Will Smith

Through connections in the Rock Our World Project which also included New Village Leadership Academy in California USA, SPKC was invited to participate in an one-on-one online interview with famous Hollywood actor Will Smith! Representing Asia, four SPKC students (Leo Chan, Anson Chung, Jacqueline Hsiao, and Michael Williams of 3 Peace) discussed the issue of tolerance and discrimination in Hong Kong with Will Smith. The interview was part of a ceremony for the Simon Wiesenthal Center (Museum of Tolerance). Will Smith (who was one of those being honoured this year) was to have interviews with students in schools from different countries and SPKC is privileged to be one of them!

We shared issues of intolerance and discrimination in Hong Kong society, including Hong Kong people's attitude towards the Indonesians, the Mainland immigrants, and the Japanese. Will Smith then challenged us to think more deeply by raising the issues of individual responsibilities, family backgrounds, and respect and tolerance towards people who are different from us. SPKC was honoured to be the representative of Asia in this most worthwhile interview, which turned out to be so inspiring and challenging!



杏林子

生之頌歌

杏林子是我最喜歡的其中一位作家。最近預備早會時，重讀杏林子的作品，那充滿生命力的文字，一再激勵我，於是這次為校報寫稿，我決定寫她——杏林子。

杏林子本身就是生命的鬥士。她原名劉俠，由於她未足月便出生，身體瘦弱，母親希望她將來強壯一點，所以給她起名叫「俠」。十二歲時，非常活潑好動的她，突然患上了「類風濕關節炎」。這是一種免疫系統失調的病，身體的關節不斷受到侵蝕、發炎，陸續損壞、變形，她從此失去健康，失去求學的機會。劉俠十六歲信主，十七歲開始用文字發表作品，病痛的煎熬並沒有把她打倒，身體的衰殘沒有讓她退縮，反而磨練出堅忍樂觀的性格。她歌頌生命，把痛苦化成祝福，以筆為千萬心靈寫出勇氣和希望，帶來激勵和安慰，讓灰心的人得到鼓勵、使畏縮的人勇敢地走在人生路上。為了紀念故鄉陝西扶風杏林鎮，也感念照顧她的醫護人員，劉俠為自己取了筆名「杏林子」。

第一次接觸杏林子的作品，是《杏林小記》，那是她為慶祝與病魔奮戰廿五週年紀念而作。我記得那天捧著《杏林小記》，一口氣讀完六十多篇杏林子進出醫院的經歷和見聞，我終於明白什麼是「愛不釋手」的感覺了。「小記」每篇不過五、七百字，但說的都是人生大道理。杏林子說醫院就是社會的縮影，小小的病床就是人生的舞台。生老病死、悲歡離合、愛恨恩怨不斷交替演出。她以幽默的筆觸

寫生、寫死、寫生死之間的歡樂與痛苦、期待與絕望，淚中有笑，笑中有淚，讓我們感受生命的脆弱與無奈，也體會生命的毅力和堅忍。從她的文字，你很難想像她因疾病所承受的苦痛，你只會看見她因著信仰而展現出的活潑生命力。她說：「苦難猶如一張濾網，將生命中的雜質一點點濾去，剩下的便是清澈如水。」

杏林子的作品以散文為主，最近我重溫的是《生之頌》一書。我最喜歡每一篇散文的最後都附上一篇禱詞，文字優美，發人心省，讀著，讀著，洗滌心靈，自有一種恬靜，一種平安。以下是一篇我很喜歡的禱詞：

(一)

主，教導我，
教導我別做一個自私的人。
別讓我把歡笑隱藏在心裡，
別讓我把歌聲吞嚥在喉中，
別讓我的雙手只為自己禱告。
在我面對一張愁苦的脸、
一對乞援的眼時，

主啊！
別讓我視若無睹，
轉身不顧。

因為，主啊！
在人生的旅途上，
我也曾軟弱，
需要他人扶持；
我也曾孤單，
需要他人陪伴；
我也曾淚流滿面，
需要他人了解安慰！

分享的快樂是加倍的，
分擔的擔子是輕省的。
我的主，

教導我在得到之前，
先學會付出的功課。

你喜歡這篇禱詞嗎？在《生之頌》一書內，還有很多富啟發性的禱詞，這些雋永清新的文字，必定讓你愛不釋手。

杏林子用生命寫下愛的故事，成就一闕生之頌歌。

中國語文科
科主任
楊小惠老師



ENGLISH DEPARTMENT UPDATES

DRAMA PROGRAMME

For the first time at SPKC all students from Forms 1 to 4 had the opportunity to have Drama as an integrated part of the school curriculum. All were taught drama skills such as script-writing, presentation and performance. Form 1 developed their drama based on ideas and themes developed in their groups; Form 2 adapted scenes from "Romeo and Juliet"; Form 3 developed their productions based on their novel "Narnia" and Form 4 wrote, performed and recorded radio programmes on "Teenage Issues". Overall the programme achieved its aims in developing students' confidence in using English and in developing drama skills. It also managed to unearth some exciting, creative talent which we hope to nurture in the coming years.



ENGLISH DEBATING

2008 /2009 has been a remarkable year for English Debating. A total of nine debates were held, we entered two competitions; the Sing Tao and the NESTA / SCMP and we only lost one debate all year, to the eventual semi-finalists of the Sing Tao, Wah Ying College. Membership, too, has grown from last year to over 25 students. Recently we had our first Form One debate on the motion: "This House Believes A Woman's Place is in the Home". The Affirmative side were all boys and the Negative all girls so it was a very lively and interesting affair with the Affirmative coming out as the winners. The students who represented the school in the competition did the school proud and we look forward to next year with great expectations.

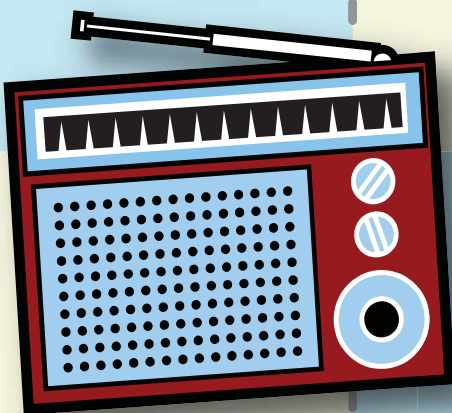


SPKC RADIO TEAM

This has been a busy year for the Radio Team, since the completion of the Radio station, our team has been busily putting all of the fine equipment to good use. Keeping to the tradition, we've been having our radio shows every Tuesday and Thursday. Further more, the students this year have taken it to the next step; from being told what to do, to taking charge of things like management of the station, allocation of manpower, and the organization of structures and rules for the station. The managers and producers of our station has even provided assistance in the S.4 Radio Drama program by providing technical support for each and every one of the S.4 groups (since every S.4 is involved in this project) who needed to do recording for their shows. They often sacrificed their own free time to serve the school and also their fellow students.

The growth of the Radio team is also noted; after a busy, hectic year, we experienced the growing pains of a newly established team, with members leaving as well as a tremendous amount of students who has offered their services to the team. In retrospect, what we've seen this year, is exactly what we planned to see.

Well done, SPKC Radio team! Good show!



SENIOR STUDENT SHARING



I was a new student of SPKC in 2008-2009, and was repeating form 5. As a newcomer and observer of my new environment, I saw that this school does provide most of the vital learning materials a student has to absorb in their growing stage, such as: life-learning facilities like SPKC Radio, linguistic clubs (German, French Clubs), great facilities such as the

Student Performance Centre. As a form 5 student I believe the College provides a suitable syllabus and passionate teachers to assist us to face the HKCEE. Much appreciated were efforts made to help us such as the opening of the study centres at LG after school until 8pm, and the extra tutorial lessons everyday after study leave. These arrangements assisted all students all from form 1 to form 5 to become all-rounded individuals and hopefully this will benefit our future Form Sixes and Sevens.

On the other hand, there were also some extra inter-school activities that helped to broaden our horizons, like the inter-school oral practices with five other schools at Kwok Tak Seng Memorial Secondary School before the HKCEE. This activity was really helpful in helping us to gain confidence when speaking to total strangers and to speak English more fluently when it comes to the real examination.

In addition, at SPKC teachers and students can develop a friendly relationship, where students can always seek help from them or share their little secrets with them. This made me feel very comfortable and I hope that I can get even more wisdom from this school, not only academic but valuable skills for life. However, I always say to myself, 'Don't ask what the school can give to you, it's about what you can give to the school and learn from it.'

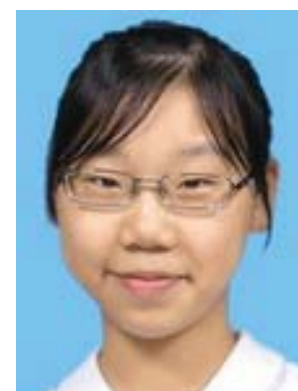
Above all, Stewards Pooi Kei College let me know that there's harmony, discipline and wisdom filling up every classroom and corridor.

Roxana Li, S5 Love

S.3 WRITING SAMPLES

Excerpt from Natalie Ng's (3 Joy) Frankenstein – Chapter 9: Our Happy Ending

I was at the end of the corridor which led to our room when I heard a terrible scream. I knew it was Elizabeth. 'No!' I yelled, I ran as fast as I could to the room. I felt that people behind me were looking at me, but I ignored them. What I cared was whether Elizabeth was alive or not. I was fearful and nervous. When I pushed the door of our room, I was afraid to see what happened in the room, I pulled out the gun which was always carried with me and stepped into the room....



Excerpt from Tiffany Chung's (3 Peace) Frankenstein – Chapter 9

When Elizabeth saw me, she ran to me quickly and cried. 'Oh! Victor, it was really terrible. Few minutes ago, when I was ready to sleep, I heard some sound from the window, so I woke up. Then I saw a huge body climbing through the window and coming towards me with a scary face. I was very frightened, so I started to scream loudly. When the man heard my scream, he quickly climbed back through the window and ran away. It was really frightening. Do you know what is happening, Victor? Who was the strange man?' asked Elizabeth.

I did not say anything for a few minutes and wandered around the room. Finally, I looked up at Elizabeth, and said, 'Well! My dear Elizabeth, now that we are married, we should not keep any secrets, right?' 'Of course! Wait, doesn't it mean you are keeping a secret?!' asked Elizabeth. I nodded my head and thought for a while...

