

# Spkc

Stewards Pooi Kei College Newsletter

December, 2008



今年學校的其中一個主題是「Responsibility」，因此在這一期的校報裏，我們特意訪問了幾位老師和同學，邀請他們談談對「責任」的看法。不知現在手持校報的你又對「責任」有什麼想法呢？我以為，責任是在於盡本份行事。我們日常遇到的事情雖瑣碎，但能盡自己的責任、本份，也會令人感到愉快。不知其他的老師和同學對「責任」又有怎樣的看法呢？我很想知道呢！你想知道嗎？那麼趕快來看看吧！

賴瑩老師

Ms. Echo Lai

## 還我責任感

曾在報章上讀到以下幾則令人啼笑皆非的新聞：

- + 有一年輕人晚上騎腳踏車時被汽車撞倒，他沒有後悔自己不小心，也沒有向汽車司機索償，卻控訴腳踏車製造商，因為他們沒有在腳踏車上註明「晚上使用，當使用反光貼」。
- + 有一婦人在麥當奴買了一杯外帶的熱咖啡。到了停車場，因要取鑰匙開車門，而把杯子夾在兩腿之間時，一不小心被咖啡燙傷了，她控告麥當奴幹麼把咖啡煮得這般熱，想燙死人嗎？
- + 還有一在美國的老師被校董解僱，原因不單是他醉酒駕車，也因他被捕時竟然在男扮女裝！他事後卻反控校董會，理由是「性別歧視」！

上述新聞的當事人在出事後不單沒有好好檢討自己的問題，反而千方百計推卸責任，把過失推到別人頭上。

談到「責任」，很多人會立即感到很沉重，因為責任要「負」、要「承」、要「擔」！於是在惹來麻煩後，往往用「找藉口」、「卸膊」、「推莊」、「爛尾」、「死雞撐飯蓋」、「惡人先告狀」等等招數以求卸責。

當人害怕面對結果，或者想保護自己，又或希望在「危險時刻」置身事外的時候，便會逃避責任。但逃避責任只能帶來虛假的安全感，就像駝鳥在面對危險時把頭埋在沙堆裡一般。

逃避責任表面上像把問題暫時拋開了，但我們卻要付出很沉重的代價。慣性忽視問題的結果，就不會謀求解決問題的方法，因而逐漸失去自我反省和自我改善的動力，把自己困在重覆循環的錯誤之中，有時甚



至也為別人帶來不必要的痛苦。倘若逃避責任的風氣由個人蔓延至家庭以至社會，不但個人受到損害，嚴重者甚至能使家庭瓦解、社會失去公理和秩序。

究竟我們是否甘於逃避責任，永遠像駝鳥般躲在自己的世界裡呢？承擔責任的能力關鍵在於「選擇」。不少人都曾有此經驗：覺得被逼承擔的責任十分沉重，卻覺得自己選擇承擔的責任較為輕省。我們不能選擇每件事的結果，但對可以選擇面對事情的態度、選擇應對的方法，並且為此而承擔責任。

今年學校的主題之一是「責任感」，盼望同學們可以有更多機會學習承擔責任。能勇於承擔，我們的人格才會漸趨成熟、更具自信、不怕改變自己、不斷尋求進步的途徑，並且能夠與別人建立深厚、和諧的關係。

人生成功或失敗的轉捩點，在於能否擁抱責任，少一分藉口、多一分成就，在平凡的人生中，做一個不平凡的勇者。

袁彼得校長



# 培基福音雙週

9月30 — 10月10日是培基書院的福音雙週，主題是「尊貴的身份」

## 第一個星期

老師、團契職員與一眾基督徒同學在lunch time進行了祈禱預備週，祈求上帝帶領各個活動，並感動不同班級的同學接受福音。



還記得隻狗嗎？單憑眼睛看來決定真理？主耶穌就是真理！

## 第二個星期

星期一 Gospel Radio  
基督徒老師與學生暢談信仰



星期二 福音沙律 Gospel Salad  
綠黑紅白黃沙律，不同顏色的食物，代表福音的真義！

星期四 福音籃球  
比賽就如人生，打球也能見證福音大能！

星期五 早上Weekly assembly：Alpha course +  
Lunch：福音足球 + 校長見證分享  
首次的Alpha course，雖只有短短1小時，卻已有逾百位同學報名，參加星期五團契。



# 團契職員對福音週的感想

在整個福音週，我十分感恩。因為我看到很多同學也聽到福音和見證，一切也很順利。我希望神繼續在同學身上工作，叫他們決志信主。

Alvin 4Joy

今次的福音週令我認識神的大能，也經歷了神的許多恩典。我很高興神賜給我一群這麼好的同伴，大家互相扶持，互相代禱。

Angel 4Joy

在今年的gospel week，我非常開心，因為有多機會服侍神，我還看到了神的大能。在第一天，我們有機會跟大家分享見證，這真是一個很難得的機會，同學們也能清楚明白我們的信息，這一切都要將榮耀歸給我們在天上的父。

Amanda 3Faith

在這次福音週，我真的很感謝神賜給我一個勇敢的心，令我可以在眾人面前宣傳及敬拜。我從前是個膽小的人，但經過祈禱後，我這弱小的人經歷了神的大能和恩典。

Sam 4Joy

## 今年培基學生團契

### “Chosen-ian”的由來

「你們是蒙揀選的族類，是君尊的祭司、聖潔的國民，是屬神的子民，為要叫你們宣揚那召你們出黑暗入奇妙光明者的美德。」彼得前書二：9

*Chosen* — 蒙揀選；*-ian* — 人

十二位基督徒同學，雖然沒甚麼特別之處，但他們願意接受神的揀選，今年在學生團契榮耀神、服事人！

各位基督徒同學，其實蒙揀選的絕不止他們！只要你願意認識神、服事人，你們也可參加逢週五放學後的學生團契。



歡迎登入我們 *CHOSEN-IAN* 的 XANGA  
[http://www.xanga.com/spkc\\_fellowship](http://www.xanga.com/spkc_fellowship)

#### 團契職員：

Sam 4Joy (團長)  
Angel 4Joy (團長)  
Tony 4Grace  
Amanda 3Faith  
Suki 2Love

#### 核心成員：

Nick 4Grace  
Jeremy 4Grace  
Alvin 4Joy  
Christopher 4Grace  
Anna 3Joy  
Yoyo 2Grace



# 培基書院學生領袖就職典禮

感謝主讓培基書院日漸成長，學生們亦開始有能力擔任學生領袖的崗位。為表示學校對一班學生領袖的支持，亦鼓勵同學勇於承擔崗位內之責任，學校於10月3日舉行了培基書院第一屆學生領袖就職典禮。學生領袖單位包括領袖生、圖書館領袖生、班會主席團隊、學會主席及社幹事。在領袖代表介紹過其崗位職責後，領袖們都懷著興奮雀躍的心情接受校長、副校長、沙田區警長並教會傳道人之授章。我們衷心祝願同學們能在本年的崗位上盡心盡責，實踐培基學生自治文化的傳統，同時下一年度有更多的同學能參與其中，為我們的學校各個組織盡一分力。

薛家玲老師



校長訓勉



學生司儀



領袖代表



授章儀式



學生敬拜隊



SPKC Club Chairperson 08-09



SPKC House Committee Member 08-09



SPKC Class Chairperson 08-09



SPKC Librarian Team 08-09



SPKC Prefect Team 08-09

# Teachers' Sharing

綜合人文科  
林子慧老師

關於我……

我是培基書院的一名「新鮮人」，同學們喜歡稱呼我作Miss Peggy。我大學時主修歷史、副修英文，所以你們一定認為老師是我畢業後的第一份工作吧！其實，我任職老師前也曾在航空公司工作過，這個答案讓大家有點意外吧！至於興趣方面，我熱愛旅遊、音樂與看電影，曾到過不少地方，故挺貪吃的，各式京滬點心、台灣小吃也是我的最愛呢！如果大家有興趣了解我更多，歡迎來找我聊聊哦！

責任是……

什麼是「責任」？為何那麼重要？因為每個人都是獨特的，在不同的環境中，都會扮演著不同的角色。對於我個人而言，我認為首要的是妥善地完成自己的份內事，履行應盡的義務，如學生必須努力學習、尊師重道、守時等。同時人是生活在群體當中的，故亦應肩擔起社會角色，不只做有益於己的事，亦要做不損害他人的事，顧及對他人的影響，我認為這也是責任的一部分。

English Language Department  
Ms. Rachel Li

About me...

Hi students, I'm Miss Rachel Li, a new teacher in SPKC this year. I teach form two English. Having been teaching here for 3 months, I find the students here nice and passionate. The learning atmosphere here is well-established; most of my students are willing to learn.

Responsibility is...

Apart from studying, our school is also a place for personal development. The school theme this year is responsibility and harmony. From my observation in these few months, the students are able to establish a harmonious environment in SPKC, they get along very well with each other. Nevertheless, no one is perfect under the sun. It would be better if our students can be more responsible when working, as it is a crucial and basic quality of a student. Here I have a quote to share with you, it is a reminder for me to be devoted to my studies and work when I was still a student:

<< I am only one, but still I am one.  
I cannot do everything, but still I can do something;  
and because I cannot do everything,  
I will not refuse to do something I can do. >>  
-- Edward Everett Hale

# Responsibility

中國語文科  
楊小惠老師

關於我……

「車辚辚，馬蕭蕭……」杜甫的《兵車行》是我第一首唸的唐詩。三歲時，爸爸為我打開文學之門。年幼的我，當然不明白戰爭的殘酷，更不可能體會杜甫憂國憂民的情懷，但詩歌抑揚頓挫的音調，教我著迷不已。自此便與文學結下不解緣。高中的時候，我修讀理科，幸好「中國文學」是必修科——詩經、楚辭、唐詩……在冰冷的數學符號和化學元素外帶來點點溫暖。我可以隨意穿越時空，與李白為友，與劉姥姥結伴遊大觀園。文學多姿多彩的世界令人陶醉，認識越多，欣賞越深。與同學分享我所喜愛的文學，是我的心願。

責任是……

「責任」是甚麼？人是群體動物，在群體中，每個人扮演著不同的角色，履行附帶的義務和分內的職責，這做是責任。梁啟超認為人生最苦的事，是責任未了；而責任完了，就是人生第一件樂事。（《最苦與最樂》）學校今年的其中一個主題是「責任」。準時上學，認真學習，完成師長託付的任務，是學生的基本責任。同學們，你想得到快樂嗎？讓我們齊來做一個盡責的人吧！



比我年長兩歲的哥哥，樣子和我差不多呢！



綠社社長  
4P 周君陽

責任是一種非常重要的東西，每個人在不同的階段都有不同的責任，而做人也可算是一種責任，所有人都應該要為自己所做的事負責。我現在需要盡學生的責任，當然也不單是只有這個責任需要去完成。在這一年，我擔當起一個重要的角色，那就是學校四社的其中一位社長，而我則需要盡我的責任去擔當好這個職位。在這個世界人類是要彼此依靠才能夠生存的，所以其實每個人都應該盡自己的責任，所有事情才能變得更加有意義。要記住一點，那就是自私的人最終只會自己害自己，而做一些有利於別人的事，最後自己反而能夠得益，這就是責任的重要性。



Monitress

Wong Wui Ying, Sandra 5Joy (32)

Being responsible is essential for everyone, especially students. We're all learning to become more responsible everyday in school, from handing in work on time, to participating in meetings. It is a principle that we must embrace in order to gain success in life and work. The most important aspect of taking responsibility is learning not to blame others, and try to consider our own faults first. Also, try not to make excuses for yourself, because we should always take responsibility for everything that we do.



Chairperson, World Awareness Team  
Jiang Jia Wei, Vivian 3 Peace (15)

"Responsibility" seems like an easy topic to talk or write about, but it isn't. My dad always told me to be a responsible person, because that will help me to get an easy life. For me personally, responsibility is something that is both easy and difficult. For example, when we're at school, we're students, and therefore we need to be responsible for our studies. Such as handing in homework on time, to have enough preparation before the examinations or U.T., etc.



On the other hand, irresponsibility will also get you into trouble. Have you ever tried working with an irresponsible person? If yes, then you would know the feeling when one of your group mates hands in their work late. It is really annoy that he/she will cause your group's marks to be down and to avoid this, your group mates and you end up doing the work that the irresponsible person is supposed to do. Irresponsibility isn't limited to school work, what if those people were irresponsible socially? The results of that could be just as terrible. So, start to learn to be a responsible person and do the things that you ought to do.

數學科  
梁以豪老師

責任是……

「引以自豪」這四個字，正是我名字的來源。從名字也可看到，父母對我的期望不小。記得讀小學時每次測驗考試後，母親總追問我表現如何。尤其數學科，她要求我把草稿紙給她看，讓她替我驗算一下。這麼嚴格的要求目的只有一個，就是有朝一日我能讓他們引以自豪。希望同學將來學有所成，足以令父母及培基書院的老師們引以自豪。為了達到父母、老師的期望，同學們或會感到責任重大。為何責任總落在你們身上？因為  
"With great power comes great responsibility"

Captain, Christ House Cheering Team  
Anson Leung 2Joy (18)

This year, responsibility is one of our school themes. Responsibility is very important to everyone, without responsibility, there would be a lack of discipline. As we grow older, we students must carry more and more responsibilities, and by being responsible, we're learning to become a well scheduled and organized person. This will help us in the future, in finding jobs and such. So in conclusion, we students should put responsibility as our top priority and try our best in becoming a responsible person.



# 生命教育週

本年度的生命教育週於11月20日至11月24日舉行，主題為「和諧校園」，希望透過是次活動，讓學生明白到建立和諧校園的重要性。

我們籌備了不同的活動，包括「午間攤位——校園事件簿」，讓同學了解欺凌行為背後的各種原因，以及同學遇到欺凌行為時的解決方法；「午間攤位——扭蛋製作」，同學藉著愛心創意，製成一個個精緻扭蛋裝飾品，把學校的和諧精神宣揚至社區，共同建立和諧、關愛的社區；週會時段更設講座分享，即場訪問同學對於欺凌行為的意見，引導同學反思自己看待欺凌事件的態度，最後讓同學承諾共同努力建構和諧校園。

是次活動進行得相當順利，同學們反應踴躍，氣氛熱烈。盼望同學透過是次活動，能真正了解在學校裏，建立和諧共融學習氣氛的重要性。

劉秀芝老師

來，我們一起合照，這才是和諧校園！



週會大家都在分享感受。



看，我們多專心！

我們的成果！



很認真地看校園事件簿，想想，有什麼回應？



喂！為何偷看我的回應？！



寫呀寫，寫呀寫，寫下我們的感想。



大家一起學扭蛋！

SPKC is proud to be in the international team of Rock Our World again this academic year. Rock Our World is an international project engaging schools around the world in the form of learning interchange, video conferences and collaborative music compositions. As we have nine SI students joining our team, we have the highest intake so far in our past three rounds of participation.

The theme for this round is GO GREEN as schools meet with each other to discuss pressing current issues of global warming and environmental protection. Our teammates include students from the USA, Canada, New Zealand, Japan, Poland, Peru and Italy! In addition environmental issues, our students have also enjoyed sharing about things they concern about most, ranging from school uniforms and lunchboxes to pop music.

This round, Rachel Leung (3L) and Jessica Chan (3G) represent China in the collaborative music composition part of this global project. Using a software called Garageband, Rachel and Jessica receive a song from another country every Thursday, and add a new instrumental track to the song (each country is responsible for one instrument of the song). After the tracks have travelled all around the world, a new song is created! Together with students from USA, Canada, Japan, Poland, Italy and New Zealand, Rachel and Jessica have composed 5 different songs with a lot of 'international favors'!

Ms Joanie YEUNG



# Introducing SPKC's World Awareness Team!



This September marked the beginning of our new student club – the World Awareness Team. Following Rock Our World video conferencing club, World Awareness Team is the second club in SPKC dedicated to cultivating our students' international perspective through after-school activities. We started with a cozy group of 12 students this year, and its members meet regularly on the first Thursday of every month to have different activities. Meanwhile, the club is getting busy with various projects such as the World Awareness display board updates, activity room decoration, and a special outing to the Hong Kong Cultural Centre to check out the exotic Thai Khon Dance performance at the New Verison Arts Festival! Sounds fun? Hesitate no more and join the club!

Club's flyer



忘不了！

SPKC

忘不了，培基第四屆的陸運會

忘不了，十月二十七至二十八日

忘不了，健兒們在跑道上盡力的影子

忘不了，啦啦隊員們大聲為社打氣的情形

忘不了，大家努力投入陸運會每一個項目的身影

忘不了，忘不了！

Created by - 3 Joy: Ng Yuen Lam, Cherry 3 Love: Lee Ting Fong, Flora 3 Grace: Chan Wing Kay, Rebecca / Kwong Yin Ming, Tommy / Shum Wing Sang, Wing 3 Peace: So Pak Yin, Daniel / Vivian Jiang Jiawei

紅社今年緊追黃社，拿下第二名，不知紅社社導師Ms Bonnie Lam在比賽開始前，對自己社的表現是否感到滿意呢？

“滿意，我也對自己社有百分百的信心，我相信所有紅社的同學都有充分的準備這次的陸運會。”那麼，她認為自己社在那方面最有可能拿獎呢？“啦啦隊一定有機會拿獎，因為我們用了很多時間和精力來練習。”

藍社今年的陣容相當強勁，每逢有運動員將近終點，社員都會為他們大聲打氣。那麼，社導師又對自己的社有信心嗎？

“有，有90%的信心。但至於滿意程度，就要看社員的表現了。我覺得我們藍社今年最有可能拿的獎項是啦啦隊和社際接力賽”不知 Ms Ripple Chan 認為社導師在社中的職責是甚麼呢？“我覺得社導師是幫同學打雜的”但是，她卻十分享受社導師的工作。

## Saviour Priest King Christ

King house 今年是四連冠，不如來看一下在開始前，社導師對自己社的看法——

“我對今年的黃社相當有信心，我相信黃社今年一定可以爭取到四連冠。同時，我也對黃社今年的陣容相當滿意，我覺得社員的實力都相當強勁。而我們黃社最有可能奪取的獎項是在比賽方面。”當被問及是否享受運動會時，社導師也說十分享受、開心。Ms Sit 認為社導師的職務是鼓勵、帶動同學。

陸運會中，綠社啦啦隊的表現可是十分的出色，有可能是因為看台較近終點的緣故吧！不過，相信綠社社導師並沒有料到，綠社今年的啦啦隊隊員會這麼努力吧！

“我對綠社有100%的信心，因為健兒的陣容十分強勁。我也十分滿意同學們的表現，甚至其他社的領袖生選讚綠社的同學乖。”綠社社導師Ms Stephanie Chu認為，成績並非最重要，最重要的是應有運動精神。

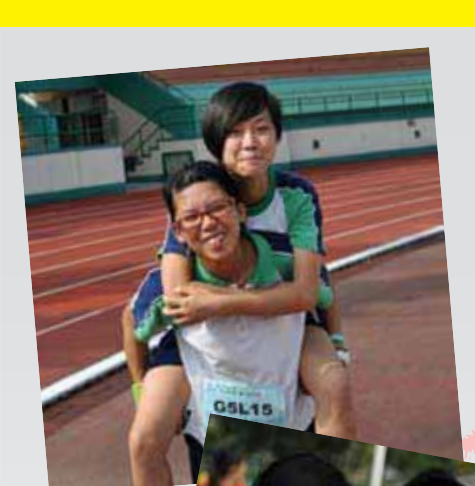
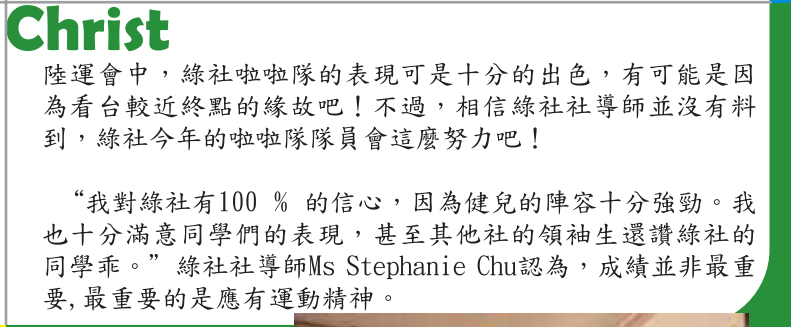
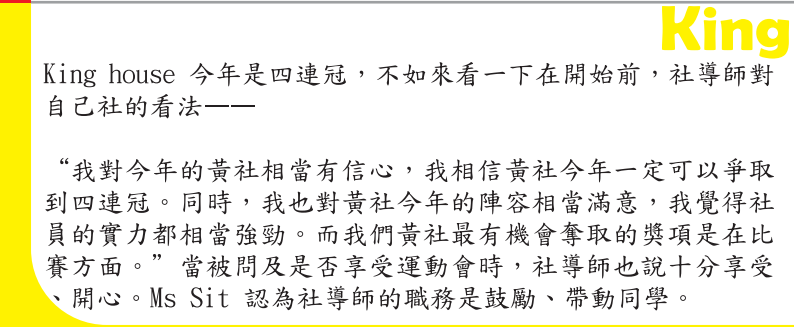
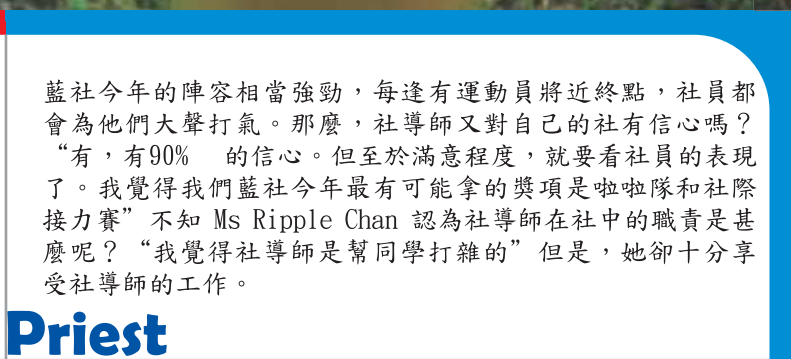
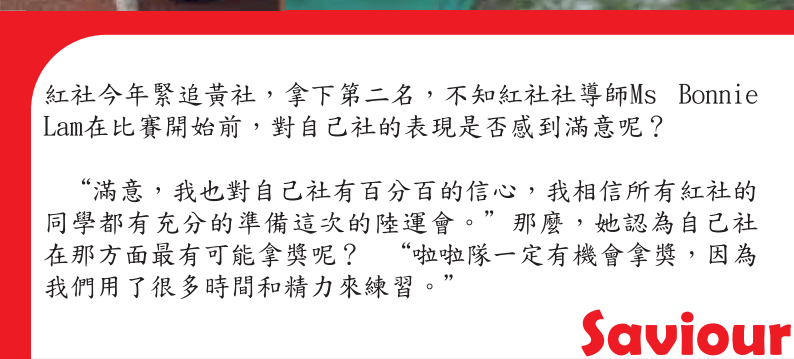
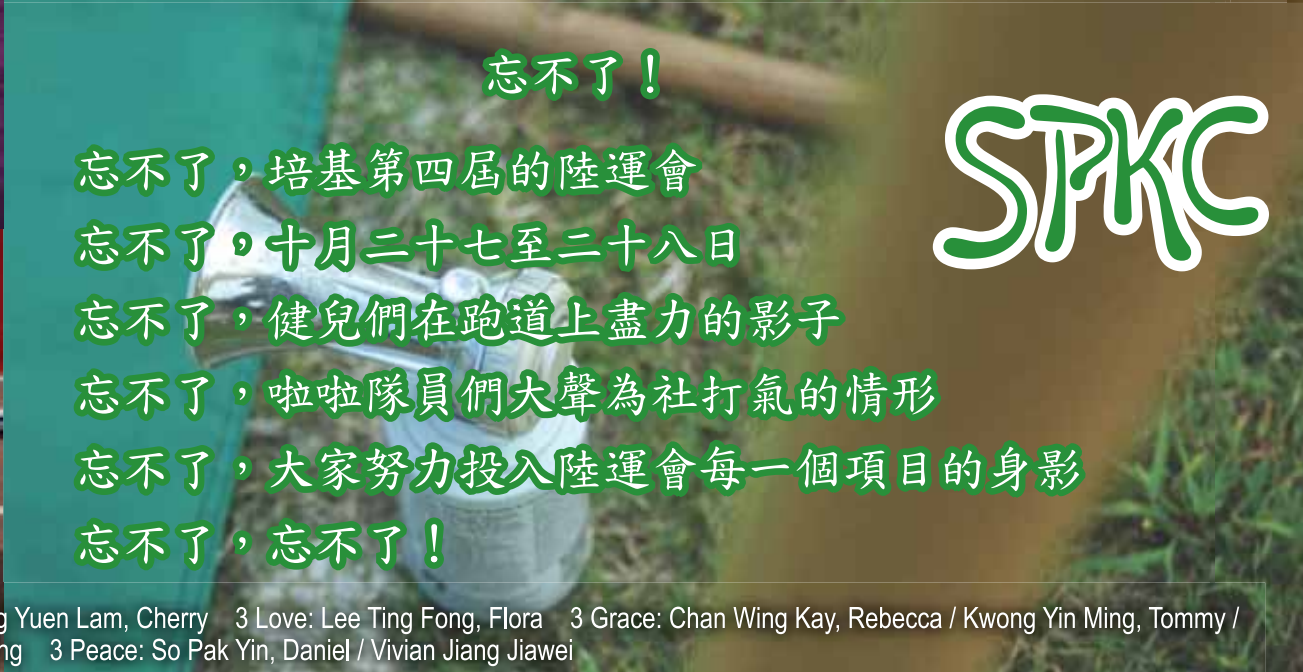


社導師專訪(紅社)  
楊小惠老師

今年楊老師是第一年參加我們培基的陸運會，屬於紅社的楊老師似乎十分喜歡自己的社。不如來看一下，她對這次陸運會的看法吧！

“首先，我要感謝神賜給我們一個這麼好的天氣和場地。而紅社這次的實力不錯——不過其他社也不差——所以，我覺得紅社仍有機會奪得全年總冠軍。”而當問楊老師覺得紅社哪一方面較強時，她個人認為，紅社的實力較平均，但啦啦隊和社際接力賽卻更勝一籌，同時，她也希望紅社啦啦隊隊長可以讓同學更加主動，更加投入地去為社員打氣。

楊老師希望明年陸運會可以有一個大些的運動場，這樣不但同學們可以開心些，同時，全場的氣氛也能更熱鬧。



# Athletics Meet



## Cheering Team

今年，紅社Cheering Team 拿了第一名，而當我們問紅社啦啦隊隊長Michelle感想時，她說其實這次可以得獎，也相當來之不易。

“有些同學經常在訓練時跑來跑去，要我們大聲叫他們認真點！在訓練時，喉嚨真的叫得很痛。有些時候，我們還突然遇到一些小意外，讓我們措手不及，不知如何是好！但藉著神，我們終於克服了困難，獲勝了。真的十分感謝主耶穌一路上陪著我們，讓我們有決心走到現在，並支持我們，正是因為有神的幫助，我們才拿到了第一名，真的十分感謝神！”



## 破大會紀錄者

5 Grace 莫錦喬同學

“其實我並沒有特別準備這次的陸運會，只是，這段時間，因為練習足球，而做了很多體能方面的鍛煉。我相信，這次的比賽之所以可以拿這麼多獎項，是因為神的帶領，還有父親的遺傳。”

3 Peace 黎子婧同學

“在比賽前我十分擔心，但因為我也有做足準備，所以也還好。當然最後可以拿到這些獎項和女子乙組全場冠軍，還是因為神的帶領，同學的支持，希望明年仍然可以取得好成績”

## 師生接力訪問 Mr. Tang



在這次的師生接力賽中，Mr. Tang 帶領的隊伍拿了第二名，問及感想，Mr. Tang 說他真的十分感動，因為和他同組的學生Crystal 其實在當天的比賽中，腳已經受傷了，但她仍然不放棄比賽，努力到最後，這給了他們全組的隊員相當大的鼓勵，讓他們更加團結，努力。



## 學生訪問

3 Joy Alex Chan



在這次運動會中，我拿了兩個獎，一個銅牌和一個金牌。很開心，我並沒有退步，然而遺憾的是，我也沒有太大的進步。但很感謝老師辛苦為我們安排這次運動會，連這樣緊密的賽事也安排得有條有理。最後，我要感謝一班風紀即使在烈日當空的環竟下維持治安。

## 學生感想

今年的陸運令我很能夠感受到濃厚的氣氛，每個社都各自為自己的社員打氣，雖然我參加的項目很少，而獎項更不值一提，但是我還是很開心，因為我能夠為我的社出了一分力！我認為每年陸運最令每個人雀躍的事就莫過於啦啦隊跳舞比賽了，每個社都表演得十分精彩，相信每個人都付出了不少的時間和努力才有

今日的成功。不過相信今次陸運會最辛苦的人是為我們服務的老師、校工和紅十字會了！他們默默地為我們服務，十分值得我們去表揚，沒有他們的幫忙，相信陸運會也不會成功的。相信今次的陸運會令大家都留下了深刻的印象。

# TOWARDS A MEANINGFUL LIFE

## What is a “Meaningful Life”?

How to live a meaningful life? Many people spend their whole lives searching for the true meaning of life. However, there are no definite answers. One may identify the purpose of life with the pursuit of material possessions. Others may view the meaning of life as the pursuit of psychological pleasure. From my point of view, the fulfillment of one’s life goal is the most blessing path to a meaningful life. More specifically, nothing is more precious than making your dreams come true.

## Maslow’s Hierarchy of Needs

Maslow’s (1943) Hierarchy of Needs Theory proposes that human behavior is driven by personal needs. In his model, there are five stages of human needs. Physiological needs form the first level. It is associated with the growth needs for survival like food and warmth. Safety needs

form the second hierarchy. It is the attainment of personal security and well-being. The third level is the accomplishment of social needs which include friendship, intimacy and family relationship. The fourth pursuit is esteem needs. In this level, individuals are motivated to achieve self-esteem enhancement and personal achievements. The highest hierarchy relates to self-actualization needs. Self-actualized individuals tend to strive for personal growth and peak experiences, realize personal potential and enjoy self-fulfillment.

## My Understanding of a “Meaningful Life”

Life is full of challenges and promises. In understanding and realizing your personal goals, you will be motivated to face challenges with energy, faith and hope. In line with the theoretical framework of Maslow (1943), goal realization and self-fulfillment have become enduring motivators of my behaviors. It is believed that goal-oriented self-fulfillment facilitates self-improvement, self-enrichment

and self-enhancement. In addition, goal fulfillment is the most direct approach to diminish the differences between real and desired (ideal) self-representations of a person. In sum, the greater the congruence between your desired and real self-representations, the more you will be satisfied with your life, the fuller the purpose of life you will experience.

## My Reflection

The key to living a meaningful life is attempting two goal-oriented approaches. First, I enjoy enriching myself by exploring the world. Second, I treasure the quality of my relationship with God. They are the easiest paths to quality and to a meaningful life.

## Message to SPKC Students

Dear SPKC students, make good use of your time for learning! Don’t miss any opportunities that you may come across! To enrich your life experiences, start to prepare for a goal-oriented future and to lead a meaningful life!

Vice-Principal  
Dr. Ruby Cheung

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## Reference

Maslow, A.H. (1943). A theory of human motivation. *Psychological Review*, 50, 370-396.





## ENGLISH AMBASSADORS



The 2008-2009 English Ambassadors were recently presented with their badges by our Principal, Mr Peter Yuen. The Ambassadors have an important role in promoting English in the school and in helping in the operation of English Zone .SPKC is proud of these young people who truly show their "serving heart".

## ENGLISH DRAMA COMES TO SPKC



For the first time in the school's history , all Form 1 and 2 students are taking a drama course integrated into their studies in school time. The 10 week course which aims to set a basis for further study of drama under the NSS curriculum involves the teaching of a range of drama skills and will also be of great value in developing students' English language proficiency and confidence in speaking. At SPKC we have some very talented students and we look forward to seeing their productions next year.



## SING TAO ENGLISH DEBATING COMPETITION



SPKC has again entered its English Debating Team in this year's 24th Sing Tao Hong Kong Schools' English Debating Competition. 64 schools will be competing this year and SPKC hopes to repeat its very creditable performance of last year where it reached the last 16. This year's team comprises Juniors Ronny Au and Jacqueline Hsiao and Seniors Jessica Tam, Roxana Li, Benedict Kung and Amy Chan. They have a big challenge as they will be debating mainly against sixth formers from some of the best schools in Hong Kong. Good luck ! Go SPKC !

## SPKC RADIO PROGRAMME AT RTHK



On Saturday, November 8 SPKC Radio recorded its second programme on RTHK3's " Teen Time " with Alyson Hau. Presenters Angela , Ivy , Sammi [Form 4] and Jacqueline and Karine [Form 3] took the interesting theme of " Identity" and talked about teenagers' struggles to find themselves and of the pressures they face in the world today. They also offered some good advice: be yourself, listen carefully to those you trust, follow your dream but be realistic. The students performed very professionally and the programme will be broadcast in the next few weeks.



## SPKC RADIO LIVE TO YOU...



Our school Radio Station, SPKC RADIO, is now operational and programmes have been presented twice a week. Special guests have been our Principal Mr Yuen and new teachers ..... and .....

The Club is very popular and is divided into producers and presenters. Training programmes have been conducted to handle the technical aspects and it is very rewarding to see students managing and operating the station. A formal opening is planned for December.



### Ms. Ivy Man

It is absolutely an invaluable experience for me to work with our NET in the Debate Club this year. Last month, we held our first debate at lunchtime and all the participants enjoyed it very much. During the preparatory stage, the debaters in my group were extremely busy but they could still 'squeeze' some time to prepare their standpoints and think of some possible rebuttals to challenge their opponents. When I first heard of their ideas, I was totally speechless. Dear fellow students, if you would like to know more about debate, feel free to attend our next meeting!



## Teacher's reflection

– 2008/09 Inter-team Debate Competition



New and exciting things were happening back in October, where we held the first ever friendly debate, between some up and coming debaters. The two teams were led by Ms. Pinky Ng and Ms. Ivy Man. Both teams showed great pride and dignity as they engaged in a battle of words, reasoning and eloquences. Here are some thoughts from our two trainers.

### Ms. Pinky Ng

"If the truth were self-evident, eloquence would be unnecessary." – Marcus Tullius Cicero

To debate is to sail in heavy weather. Sailors are well-trained, fully equipped and gutsy.

To debate is no less fun than playing an RPG. You take a side and you defend your stands on whatever circumstances. Think quick. Respond quick. Hits or misses. You look over your teammates and back each other up as one man down, the whole team down.

To debate is to fall in love with yourself. Recognize your own hard work. See yourself shine on stage. Admire your opponents' effort and performance. And knowing you have overcome a big challenge.