

SPKC

Stewards Pooi Kei College Newsletter
Learning Without Walls 07/08

SPECIAL ISSUE

2008 - Are you ready? Experiencing Voluntary Primary School in China?? Bridge to Yunnan - An Exploration on Dinosaurs, Energy and Satellite Technology Modern vs. Traditional?? Exploring Architecture and Culture in Huadong Australian Culture and Ecology Tour - Brisbane Gateway to European History and Culture - A study tour to Paris Study of Advanced Technology and Environmental Practice of Japan Japan Arts and Culture Exchange Programme Korea Culture, Religion and Soccer Exchange Program UK English Study and Cultural Tour 2008 Cultural Heritage in Two Cities- The Lost and Found Truth About Drugs Meeting the Coloured, Knowing the MR, Building the Parlor A Journey to Pinehill Village Rainbow Touch 2008: Holistic Leadership Training Journey Caring Musical Team M4 Leadership Training Programme Astronomy and Space Exploration Environmental Science & Local Heritage Journey Outward Bound 5-Day Youth Adventure Course Multiple Intelligence Training (M.I.T.) Olympics

Cultural Heritage in Two Cities- The Lost and Found Truth About Drugs Meeting the Coloured, Knowing the MR, Building the Parlor A Journey to Pinehill Village Rainbow Touch 2008: Holistic Leadership Training Journey Caring Musical Team M4 Leadership Training Programme Astronomy and Space Exploration Environmental Science & Local Heritage Journey Outward Bound 5-Day Youth Adventure Course Multiple Intelligence Training (M.I.T.) Olympics

Japan Arts and Culture Exchange Programme Korea Culture, Religion and Soccer Exchange Program UK English Study and Cultural Tour 2008 Cultural Heritage in Two Cities- The Lost and Found Truth About Drugs Meeting the Coloured, Knowing the MR, Building the Parlor A Journey to Pinehill Village Rainbow Touch 2008: Holistic Leadership Training Journey Caring Musical Team M4 Leadership Training Programme Astronomy and Space Exploration Environmental Science & Local Heritage Journey Outward Bound 5-Day Youth Adventure Course Multiple Intelligence Training (M.I.T.) Olympics 2008 - Are you ready? Experiencing Voluntary Primary School in China?? Bridge to Yunnan An Exploration on Religion and Soccer Exchange Program vs. UK English Study and Cultural Tour 2008 Cultural Heritage in Two Cities- The Lost and Found Truth About Drugs Meeting the Coloured, Knowing the MR, Building the Parlor A Journey to Pinehill Village Rainbow Touch 2008: Holistic Leadership Training Journey Caring Musical Team M4 Leadership Training Programme Astronomy and Space Exploration Environmental Science & Local Heritage Journey Outward Bound 5-Day Youth Adventure Course Multiple Intelligence Training (M.I.T.) Olympics 2008 - Are you ready? Experiencing Voluntary Primary School in China?? Bridge to Yunnan An Exploration on Dinosaurs, Energy and Satellite Technology Modern vs. Traditional?? Exploring Architecture and Culture in Huadong Australian Culture

Also Featuring:

Learning As We Go: The Game

LEWOWA Photography Competition 2007-08



Photo taken by 2 Grace (5) CHAN Ting Man Amanda (Winner of the Student Photo Contest)

School Address: 56 Siu Lek Yuen Road, Shatin Tel No.: 2345 4567 Fax No.: 2635 0100
Email: info@spkc.edu.hk Website: www.spkc.edu.hk/news/newsletter.html

校刊是株青苗

校刊是株青苗，它會不斷完善，隨著學校的成長，不斷吸收養份，茁壯成長。

在我去年開始負責校報編輯工作的時候，我的心裡面就有一個想法：我校的「學習無疆界」計劃是那麼的充實和多元化，學生在當中收穫豐盛，無論是對老師或是學生來說，很多美好的片段都是頗堪回憶的。這樣的一個重點學習經歷，只以尋常校報的其中寥寥數版來加以提及，實在是一種罪過。因此，專以報導「學習無疆界」為目的的這本特刊，便在學校的期許之下誕生了。

由這期校報開始，我們逐漸加強學生的參與——例如我們早在二月，就已邀請了許多學生攝影記者，為我們提供各個課程的照片；我們也舉辦了公開的攝影比賽（因此我們有了這個漂亮的封面）。我們希望在不久的將來，開始學生在文字編輯上的參與工作，希望校報在作為學校與外界的資訊橋樑之餘，更能成為學生成長、自我完善的實習基地。

校刊是株青苗，它將會見證培基的興盛，陪伴學生渡過充實的黃金歲月。

何頌晃老師

目錄 CONTENT

校長的話、編輯說	p.1
Principal's Message, Editor's Note	
巴黎歷史及文化探索之旅	p.2
Gateway to European History and Culture – A study tour to Paris	
澳洲文化生態探索—布里斯本	p.3
Australian Culture and Ecology Tour - Brisbane	
英國倫敦—英語遊學課程	p.4
UK English Study and Cultural Tour 2008	
日本文化及藝術之旅	
Japan Arts and Culture Exchange Programme	
日本先進科技探索及環保體驗之旅	p.5
Study of Advanced Technology and Environmental Practice of Japan	
南韓足球技術文化交流課程	p.6
Korea Culture, Religion and Soccer Exchange Program	
我和08奧運一起飛騰?	
Olympics 2008 – Are you ready?	
送暖人間—雲南民辦小學探訪之旅	p.7
Experiencing Voluntary Primary School in China—Bridge to Yunnan	
現代與傳統—華東建築及文化之旅	p.8
Modern vs. Traditional—Exploring Architecture and Culture in Hua Dong	
恐龍、能源及衛星科技探索之旅	
An Exploration on Dinosaurs, Energy and Satellite Technology	
遊戲·遊蹤	p.9-10
Learning As We Go - The Game	
天文及太空探索	p.11
Astronomy and Space Exploration	
雙城記之文物失落與保存	p.12
Cultural Heritage in Two Cities- The Lost and Found	
環境科學及地理遺產之旅	p.13
Environmental Science & Local Heritage Journey	
5天外展訓練課程	p.14
Outward Bound 5-Day Youth Adventure Course	
整全領袖訓練之旅	
Rainbow Touch 2008: Holistic Leadership Training Journey	
M4領袖培訓計劃	p.15
M4 Leadership Training Programme	
點只軟硬咁簡單?	
Truth About Drugs	
打破有色框框 建設融樂社區	p.16
Meeting the Coloured, Knowing the MR, Building the Parlor	
松嶺之旅	
A Journey to Pinehill Village	
愛心音樂劇團	p.17
Caring Musical Team	
M.I.T. 多元智能集訓	
Multiple Intelligence Training (M.I.T.)	
學習無疆界課程攝影比賽得獎作品	p.18
Winning pieces of LEWOWA Photography Competition	

PRINCIPAL'S MESSAGE

Well-rounded learning opportunities and other learning experiences are important components in both the overall education reform and the new Senior Secondary school curriculum. According to the new reform, a certain percentage of a student's total lesson time in school should be allocated to non-subject-based learning in school. The rationale behind is that students of the future generation should obtain diversified learning experiences for whole-person development in their school life.

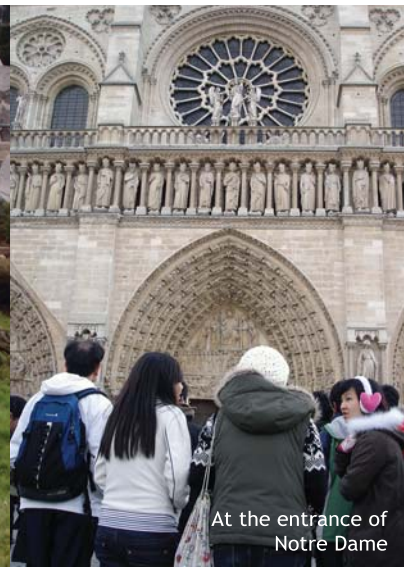
The Learning Without Walls (LEWOWA) program of SPKC aims to create a space to provide experiential learning opportunities for students. It is a school-based program and is designed to meet the learning needs of our students. This year, we have organized over 20 programs ranging from adventure training, service learning, exposure to advanced technologies, arts and sports, cultural exchange, and other experiential learning. Teachers had put a great deal of effort in designing educational elements, monitoring students' learning, and helping students generate their learning products. I am pleased that many students are presenting their work in this newsletter. The school also requires students to input their learning experiences into the new i-portfolio system. I hope students' experiences from LEWOWA could become an important process geared towards their personal development.

全方位學習和其他學習經歷都被認為是香港教育改革和新高中課程內非常重要的元素。在教改的文件中，學生必須在學校教育中參與適當百分比的其他非學科的學習經歷。其背後原則，就是希望促進學生不同方位的學習，從而在學校得到全人的發展。

培基書院的「學習無疆界」活動，目的在創造學習空間、並為同學們提供體驗學習的機會。它是一項校本項目，是按本校同學的學習需要而設計的課程。學校在本年度組織了超過二十項的活動課程，由歷奇訓練、社區服務、接觸最新科技、體藝文化、文化交流、到其他體驗學習，內容和範圍都很豐富。老師們都花上很大的努力，為各項活動設計充實的學習元素，在過程中要促進學生學習，也要協助學生將各項觀察體驗組織成各種學習成果。透過這份刊物，我很高興學生能報告和表達他們的學習經歷。除此之外，學校也要求所有學生將學習無疆界的經歷輸入新設的電子記錄內。我期望同學們在學習無疆界的學習經歷，可以促進和充實我們的個人成長。



Walking through the trenches of the First World War



At the entrance of Notre Dame

What can Paris offer to Hong Kong students? Well, when history, art and culture come to life in front of your own eyes, the experience is mind-blowing. Throughout our 9-day tour to Paris, 27 SPKC students visited numerous spots of historical significance, ranging from Versailles, Musée du Louvre, Musée d'Orsay, des Invalides, Arc de Triomphe to the outskirts of Paris, Somme. As we recognized monuments of the French Revolution, names from the Enlightenment, relics from the Napoleonic Era, and ruins of First World War, our indescribable awe allowed us to grasp the true impact of history on our world, and value of studying our past. Many of us also discovered for the first time the mysteries and wonder of art as our guides inspired us to draw ourselves into paintings, sculptures, and architecture. Our excitement continued throughout our exchange programme with two local secondary schools. Attending lessons all in French was not an easy task! The warmth and passion in learning were among the many things we could learn from our French friends! The trip to Paris was truly an eye-opener to a vast world beyond our textbooks.

Ms. Joanie Yeung



Familiar hat and coat but the person is history



When I listened to the history of Notre Dame de Paris, I was very surprised that such a little church could have such long history. Every painting had its history. I felt myself compelled to know more about these stories, the people and sculptures.

Sara Sung, 3G



Reading the inscriptions on the soldiers' graves



Museum of architecture

I love this trip very much because I met some new friends from the French school. The most important is that I learnt a lot from the trip. It increased my passion towards Paris and History.

Fiona Wong, 3H

The place that left me with the strongest impression was the Somme. Although many bullets had once passed through the air during WWI, now it looks very peaceful and joyful.

Ben Lei, 3G

Gateway to European History and Culture - Study Tour to Paris

Mr. Wan's imitation of a local fish!



New Aussie mates

Australian Culture and Ecology Tour



There is an old English saying "Travel is the best education" and the recent Australian study tour showed the clear benefits of travel. The aim was to introduce students to the Australian way of life and ecology. From the moment the doors to Immigration at Hong Kong International airport closed, English was the medium of all communication and the occasional commands of "English please!" from teachers served as gentle reminders for students to practise their skills. Highlights of the trip included: seeing the whole of Brisbane from Mt. Cootha spread before us, spending time on the beautiful beach at Stradbroke island, going to the home of the "Crocodile Hunter", Steve Irwin's "Australia Zoo" and seeing Australian wildlife, learning about film stunts at "Movie World", sleeping [or trying to!] whilst being watched by the sharks swimming over the tunnel at "Underwater World", the excellent presentation given by a group of our students to the Form 1's of Nambour Christian College [including a Cantonese lesson], lunch at Mr Derbyshire's house and meeting the famous dog Nobby, talking to locals as part of daily projects, visiting a World Heritage site on Mt Tambourine and seeing the glow-worms, learning about Australian farm life and most importantly learning about each other. Students gained a lot from their experiences and were able to grow individually and as a group. They learnt an important lesson that they do have good English language skills and can communicate and survive well. We learnt about each other and about our many talents [including finding an accomplished Rapper in our midst!] The teachers, Ms Yuen, Mr So and Mr Derbyshire were proud to have been part of such a programme and to be associated with some fine students who were a great credit to SPKC.

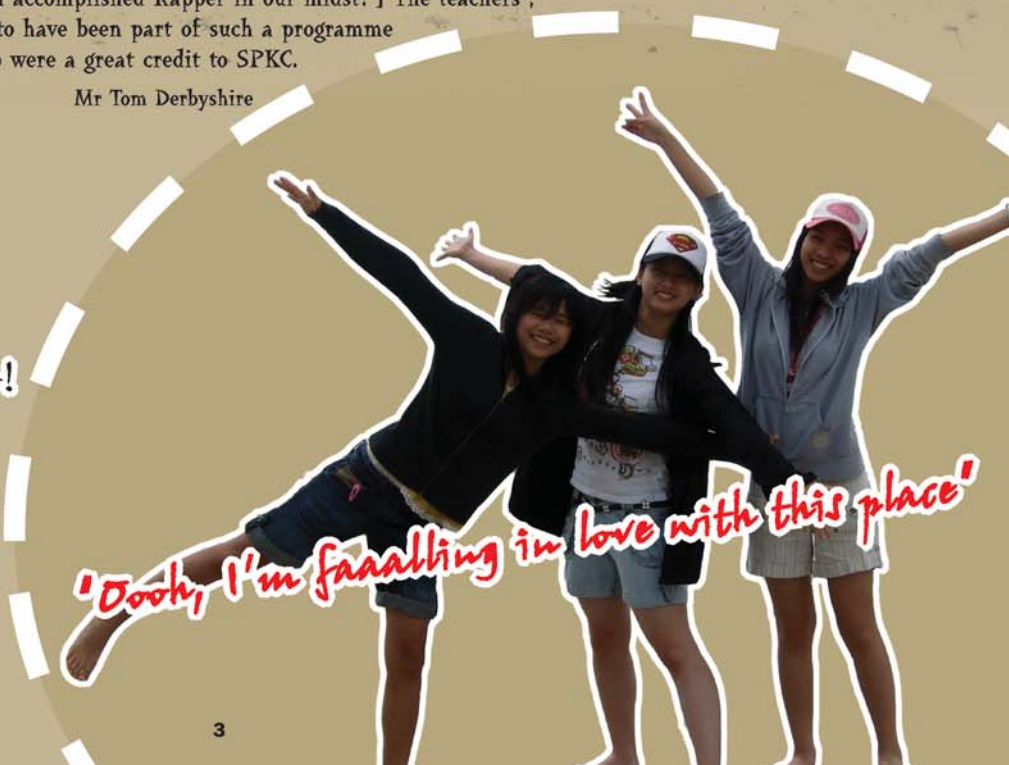
Mr Tom Derbyshire



Two schools, two cultures; together!



Reach for the sky... together!



'Oooh, I'm faaalling in love with this place!'

UK English Study and Cultural Tour 2008



"The power of 'certification'" featuring our teacher Kerry



Big Ben, Trafalgar Square, Tower of London, the Changing of the Guard, such traditions, such a learning experience; that was the thought in my mind when I reflected about this trip. During this trip, I lived in a home stay, and it was very exciting since it was the first time for me to live with a British family. It really taught me to be considerate to those I was living with and to think of the others before we think for ourselves. Other than the food, I found there were many interesting differences between the Chinese and the British; for example, the treatment of guests. My host parent actually wanted to charge me £5 for the usage of their washing machine, whereas a Chinese host would never even think of asking their guest of such a thing! We spent a lot of time visiting museums like the Natural History Museum, Imperial War Museum, Science Museum, British Museum, and many more. These trips helped us learn about the British and also other ancient cultures. I myself learnt a great deal about Roman British and Ancient Egyptians. I can hardly wait for next year's LEWOWA, where I hope to learn just as much as I did this year.



The Ladies: student reporter Vivian Jiang, along with new friend Maud, and Natalie Ng (2P)

"Look mom, we're in London and our shoes are clean!"



"Excel'ing" with Principal Judy Loren.

2 Peace Vivian Jiang



Students explore the public art found on the street



Making the Natural Flower Press Craft



Student's Work: Natural Flower Press Craft



EDO-Tokyo Museum

Japan Arts and Culture Exchange Programme
日本藝術文化交流之遊



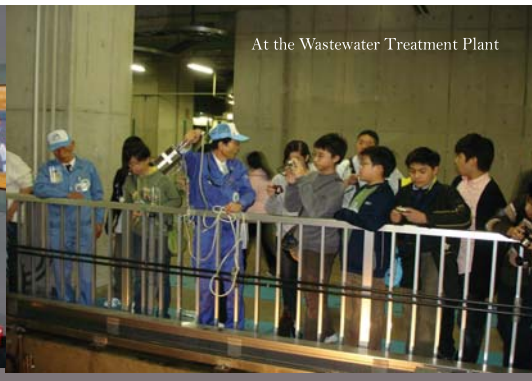
Get a taste of it!

Japan Arts and Culture Exchange Programme

During the 5 days trip to Tokyo, we took a quick look of the contemporary art in Japan. We traveled around Roppongi Hills and visited the Mori Art Museum, 21_21 sight...etc. And, we explored the public art on the streets and got a taste of the animation making process at the Ghibli Museum, where it was interesting because there were no photos allowed. We found all these experience exciting. One of the most interesting things was the washi souvenirs that we made, which are actually dried kozo trees, which is then made into paper or bookmarks as souvenirs, we each had a chance to make our own, and to bring it home as present for our loved ones. We were also very impressed by the grandeur of the House of Councilors, which serves as the Parliamentary Minister's meeting place; basically it is where all the big decisions are made for Japan, that's truly exciting. There were so many things to be impressed by, but in the end, we felt the food was what really won us over; memories of the fresh, delicious Japanese cuisine will always remain in our minds, as we can still savor those beautiful flavors on our taste buds.

Ms. Helen Yip

Photos taken by 2 Peace Sophie Lau and 3 Peace Anne Fung Shu Yan



At National Museum of Emerging Science & Innovation

At the Wastewater Treatment Plant



Group photo at the airport

"I learnt a lot of new things during this study tour. I learnt about how to produce a car, how to repair an airplane, a new way of generating electricity and the culture and features of Japanese society. ...I would recommend this wonderful program to all of you."

2 Grace (15) Lai Long Fung

The most notable thing I learnt in this journey is how to save yourself from natural disasters, because the district of Hong Kong is in the the sub-torrid zone and out of the seismic belt. Therefore I have never experienced the damage of a nature disaster before.

4 Peace (5) CHIU Sung Him

"This Programme was excellent because I could see lots of things that I love to see and I was very excited since I haven't experienced them before. For example, in the Tokyo Gas Wonder Ship they built a roof top garden and they installed pipes under the floor and put some insulating materials on the roof top to keep the temperature indoor cool. In conclusion, the overall arrangement of this program was great and excellent and nearly perfect."

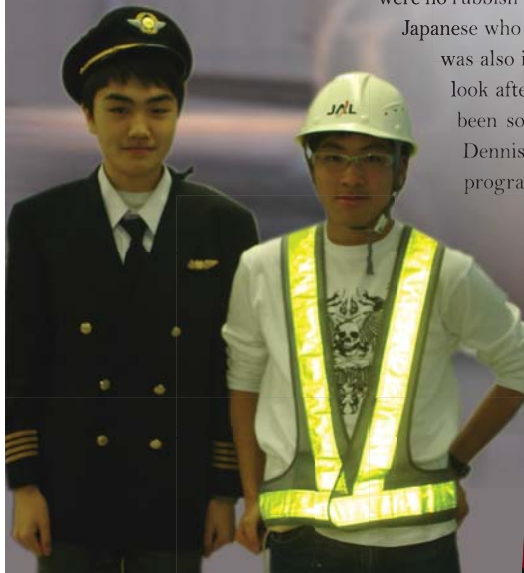
2 Joy (28) Tam Dik Yeung

Study of Advanced Technology and Environmental Practice of

Japan

The LEOWA trip has been a very memorable one. It was a very good opportunity for me to get to know the students better. We spent a lot of time together, from having breakfast together in the hotel, going on excursions as well as visiting a lot of museums. It was an eye-opening experience as we were introduced to the latest technology as well as the environmental practices in Japan. It was also interesting to see that there were no rubbish bins in Tokyo but the city looked so clean. I admire the civic-mindedness of the Japanese who will actually carry their rubbish and dispose of it only when they got home. I was also impressed with our student leaders Hymn, Carlos and Kenrick who helped to look after the junior form students. Last but not least, our program would not have been so successful without the support of Mr. Ringo Ng, Miss Jess Tsang, Mr. Dennis Wong and all those who were involved in the coordination of the program.

Ms. Cynthia Ng



At Japan Airlines

In this Learning Without Walls Program, I learnt many different things, such as football skills; also the culture, religion, and living habits of the Korean people. In terms of religion, I learnt about the major Korean religion, which is Christianity. For example, they speak aloud when they pray. They were very nice and warm towards us. Also, I learnt about their living habits and the language that they speak, which is Korean. I had learnt some simple Korean like "On-ya sei-yo~" means "How are you?", and "Ne" means "yes". Their living habits were special too. They will give their seats to the elderly when they travel by any public transport. They have a habit to leave their newspapers above their seat so that the other people can take it. My football skills also improved a lot during this trip. We had a football match with some children (from their "Under 12" group) in a football club. Although they are shorter and smaller, they were more skillful, stronger and had better team spirit than us. Their coach said that these children were the best in the "Under 12" group in their football club. They were very nice and we can see that they were not playing at their highest level, but they still could beat us by 4-0. This experience showed us just how much stronger these Korean children were compared to us.

Wong Tsz Hin Vincent 3 Peace (34)



Korea Culture, Religion and Soccer Exchange Program



我和08奧運一起飛騰

「我和08奧運一起飛騰」，我們到底要去哪裏？
北京，是舉辦2008年奧運的地方，是次活動便是要讓同學感受奧運的氣氛。現在，就一起看看我們的旅程吧！
我們到北京市什刹海體育運動學校參觀，最令同學嘆為觀止的，一定是看到只有五、六歲的小朋友在練習體操。看到幼小的他們，在單槓上練習不同的動作，接受教練嚴格的教導，很多同學都自愧不如。可惜，校內不准拍照，否則大家便可看看他們的英姿了！
許安琪老師



上圖為北京奧運倒數的計時器。



是尖水球比賽，由中國對澳洲？結果……唉？



同學在胡同內乘坐三輛車，感受老北京的文化。



我們的同學跟廣渠門中學的同學一起上課。看看他們的笑臉，便知道他們已經打成一片了！



雖然北京團只有短短六日，但竟「有幸」遇上沙塵暴。不想滿嘴沙的話，看看同學怎樣做啦？





- ① 我們眼中已過時的文具，已教當地小孩知足
- ② 或許力有不逮，小孩子依然咬緊牙關，無阻對學習的熱忱
- ③ 眼前的一堆堆垃圾，便是我們到訪貧民窟門口
- ④ 「他們三人不知怎麼摸的，光站在這兒，別妨礙老師授課啊！」穿黃色外衣的小女孩暗付
- ⑤ 一、二、三，笑——培基學生任小老師，於教導當地小學生英語後合照
- ⑥ 健總：「禮物這麼多，應如何派發？」
穎笙：「哪用問，派給表現最好的吧！」



身在福中應知福

「身在福中不知福」，這句俚語未免過於說教。我以為將「不」改作「應」，更易使人明白及接受。「身在福中應知福」，這句話對前往昆明探訪的同學而言，感受應頗深。

一處四季如春的城市——昆明，背後的淒酸，教人動容。眼看博誠雙語學校的小學生勤奮用功，感受貧民窟悲涼而孤寂的氣氛，細聽一個個可嘆故事……一幅幅香港人不能想像，甚至不能明瞭的畫面，至今依舊蕩漾緬懷。

尤幸學生反省甚多，亦懂施予。深冀「身在福中應知福」這顆種子，透過是次課程埋在學生心田，並茁壯成長。

蕭春霖老師



⑤

⑦

⑥

④

③

②

①

現代與傳統—— 華東建築及文化之旅

「中式建築有甚麼特色？」當我在行前簡介會提出這個問題的時候，似乎沒有一位同學能給我答案。身處中國人社會，我們的身邊充滿了許多中式建築的元素——茶樓的布置、寺廟的外觀、圍村的簷蓬……可是我們有沒有停下來真正地欣賞過它們，想過它們美在何處？
沒有NDS，只有湖光山色；沒有電視，只有動人水鄉；沒有足球籃球，只有中國建築美學，以及穿插其中的文化氣息。
中式與西式、新與舊、傳統與現代、小村鎮與大都會——在對照與臨摹之中，同學們漸漸建立起了一個中國人的文化審美觀。
何頌冕老師

華東圍大合照



同學們聚精會神地做功課



上海老廟一景



烏鎮水鄉風情

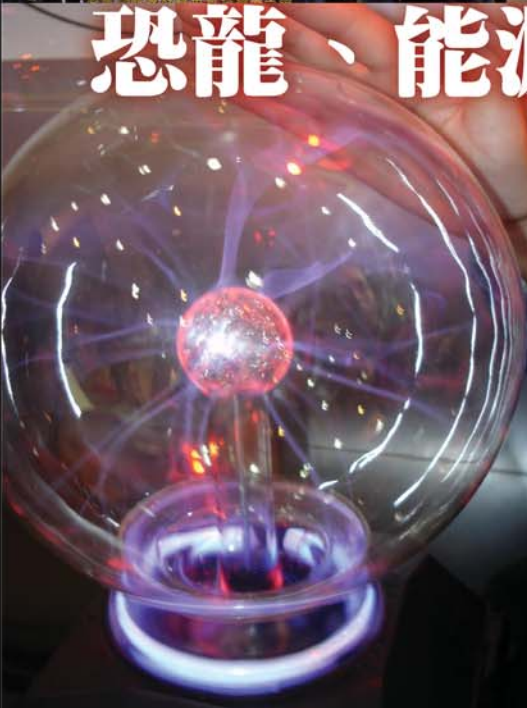


恐龍、能源及環保科技 探索交流之旅

河源是一個貧窮但是全世界發掘出最多恐龍化石的地方。不告訴你，你可能不會猜到發現第一顆恐龍蛋的是一個十三歲的男生，希望我的學生也能抱著無限的好奇心去探索。同學們透過這次交流團便可以親身觸摸甚至發掘出恐龍蛋化石，並透過當地人、事、物體會貧窮人的需要，明白他們如何在逆境中自處。正所謂讀萬卷書行萬里路，用不上數千元又可以離開香港，學習課本以外的知識，真是物超所值。
張翡翠老師

「恐龍團」記趣

還記得小學期間有一段時間醉心於閱讀考古學的書籍，曾經想過長大後要當考古學家，到各地去發掘不同種類的古物。這次帶領同學們到河源市博物館參觀，能夠目睹成千上萬隻恐龍蛋化石，同學們的心情十分興奮。此外，在博物館旁的恐龍化石修復工場裡，我們有幸親手將恐龍蛋和恐龍骨化石從土石層中挖出來，並將珍貴的恐龍蛋抱在手中，這樣難得的體驗真教人一生難忘。
張明儀老師



LEWOWA

LEARNING AS WE GO

Safely Home! 104

Left Passport at Hotel, Go Back 3 Spaces! 83 84

Family Emergency, Go Back to SPKC! 85 86

Broke the Roles, Miss a Turn! 87 88

Brought a MP3 Player, Move Back 5 Spaces! 100 98 97

Taking Care of Others, Move Up 2 Spaces! 96

Helping Teacher, Roll Again! 79 78 77

Stayed Awake All Night, Miss a Turn! 75 76

Traffic Jam, Miss a Turn! 71 72

Got Lost, Miss a Turn! 68 69 70

Got Lost, Miss a Turn! 57 56

Thief! Move Back 5 Spaces! 49

Food Poisoning, Move Back 3 Spaces! 45

Woke up late, Move Back 3 Spaces! 31 32

Woke Up on Time, Move Up 3 Spaces! 28

Always on Time, Move Up 3 Spaces! 22 23

Passport Problem, Go Back to SPKC! 6 7

Being Polite, Move Up 3 Spaces! 4

Starting Point

103 102 101 99 95 94 93 92 91 90 89 88 87 86 85 84 83 82 81 80 79 78 77 76 75 74 73 72 71 70 69 68 67 66 65 64 63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1





天文及太空探索

你有想像過，四十多支天文望遠鏡整齊並排的景像嗎？又或是可曾試過，抬起頭呆站一小時，等得頭都差點轉不動，就只是為了一睹雲層背後的滿天繁星？「天文及太空探索」課程的同學便曾親身體會以上的經歷，更能親自裝嵌和操作屬於自己的天文望遠鏡！

同學在這個課程中，帶着望遠鏡上山下海，從探索宇宙年齡的秘密，到身體力行去觀測夜空，最後還要製作登月機械車執行任務，理論與實踐兼備。同學還有機會身穿太空衣，一嘗扮演太空人的滋味呢！

鍾燕菜老師

In this 7-day cultural programme, we have all went through a reviving journey from the past to the present, from Hong Kong to Macao. Our journey began with learning about the current policies of heritage preservation in Hong Kong. Then we broke away to the streets, searching for the cultural heritages hidden in the city, for example the Ping Shan Heritages, the Kom Tong Hall, the Victoria Prison, the Western Market, the Wan Chai Pak Tai Temple, the Blue House Cluster and the Wan Chai Market. We were surprised by all the stories behind these buildings.

On the journey, we spent two days in Macao roaming around in the "Historic Centre of Macao" to appreciate their living representation of the city's historic settlement. We were amazed at how much Macao cherished her historic legacies when revisiting our own practice in Hong Kong.

At the end of the journey, we felt that Hong Kong definitely needed a way out of the myth of development and paid more effort on preserving our unique cultural heritages.

Mr. Patrick Yu

Cultural Heritages in Two Cities - The Lost and Found



Chinese Temple ~ Japanese Style Fence ~



We found our five-star home ~



Seeing the world through the lens ~



Wan Chai Market - One of the two Bauhaus-style building left in HK



Saved from lost - Ruins of St. Paul's



Kom Tong Hall : "I am surrounded by tall buildings!!"

環境科學與地理遺產之旅

LEWOWA是一個令人心身舒暢而又可以學習的一個活動。今年，我參加了環境生態及地理遺產之旅，在這個活動中，每天經常發生很多有趣而又難忘的事。

馮美思老師

第一天：(東龍島)
東龍島是在香港的東面，那兒有海蝕洞和炮台遺址博物館。最令人嘆為觀止的，是在這個獨一無二的東龍島上，竟然有一個和韓國濟洲島差不多的地方！

這便是海蝕洞，看大自然的力量有多大！



第二天：(大澳)
大澳是一個位於大嶼山西北面的小漁港，有香港威尼斯之稱。以前的居民都是靠種鹽為生的。那裏的食、住、行，都跟市區有所不同：他們吃的是海產，住的是棚屋，而交通工具是單車。大澳還有三寶，就是鹹魚、海味和蝦醬，不少同學買了一些作為手信呢！最令我深刻的就是午飯時間，訪問了一位在大澳的餐廳工作的姨姨，她對我說：「我的丈夫已經走了，但是我不會因此不喜歡大澳。」想必大澳收藏了很多美好的回憶。

這個便是香港東龍島上的濟洲島，你覺得像不像呢？



又平又靚啊！



這是真的!!!



第三天：(尖鼻咀)
尖鼻咀是在米埔后海灣的拉姆薩爾濕地，是一個觀鳥的好地方。那裏的鳥多不勝數，有小白鷺、牛背鷺、大白鷺、池鷺、夜鷺等。這兒還有不少植物，例如白干層(甩皮樹)、台灣相思、薇金菊(心形葉)等。由於我沒有望遠鏡所以我使用導遊的單筒望遠鏡，我對導遊說：「噢！那裏有一隻鳥在地上，是不是受了傷？」導遊說：「可能病了或死了吧！」人類真的要保護大自然！



心心相印

第四天：(蒲台島)
蒲台島在香港最南的地方。這裏有著名的蒲台學校、巫氏鬼屋、棺材石、摩崖石刻、僧人石、靈龜上山石、燈塔、南角咀和佛手岩。蒲台學校分別有小學和中學，都是在山上的，在那裏的學生是多麼辛苦才可以上學！而巫氏鬼屋由於海盜洗劫，日久失修，令人覺得毛骨悚然。靈龜上山石是在僧人石旁邊。靈龜好像正在上山去，在燈塔上，我便可以看得一清二楚了。這個燈塔也告訴船長已經來到香港海域的範圍了。而南角咀是全香港最南最南的地方，在那裏，可以看見香港的海景，十分舒服。佛手岩原本是一塊石頭，但是因為長期風化，所以才成為現在我們看見的佛手形狀。

好舒服啊!!



你看見指甲嗎？



鳥龜也爬山啊！



你看見海豚嗎？



第五天：(海豚)
中華白海豚原名印度太平洋駝背豚，拉丁學名叫 *Sousa Chinensis*，是一級瀕危動物。那天，同學都表現得很興奮，因為我們看見很多海豚。中華白海豚媽媽是粉紅色的，但是中華白海豚BB卻是啡黑色的。外國的中華白海豚的壽命平均40歲，但香港最年老的也只有38歲，可見，在香港生活的中華白海豚的壽命比較短。在香港，牠們要面臨海水污染、漁民濫捕、挖泥及重型航運等威脅。我們實在要保護和愛惜牠們。



捉到水蛇？可以開餐喇！



你祝我唔到！

透過不同的歷奇任務(如跳碼頭、行山、夜行等)，小伙子們都變得成熟了，他們漸懂得分配自己的時間、明白團結精神的重要及增強了不少的自信心。以下便是其中兩位學生的體會：

五天外展訓練課程 整全領袖訓練之旅

騰雲駕霧……在霧中……「如霧起，暗暗蓋起身邊你……」



一行人上刀山，落油鑊……



「在學習無疆界課程裏，我參加了5天外展訓練課程。這個課程不但有趣，而且使我獲益良多，令我學懂了很多我以前不懂的技能/東西。在這艱辛的五天中，我學懂了：

- 守時，在約定的時間前到達約定的地點。
- 團結，大家一起合作完成任務。
- 以前不懂的技能，如：划獨木舟、攀石、紮木筏等等……

雖然在訓練期間，有不小的挫折，但是我卻從不放棄，堅持到底」

1 Joy (22) 冼芷昕

當LEWOWA各課程的遴選結果公佈後，很多同學不約而同地走到我身旁，苦苦哀求地說：「Miss Cheng，可否多給我一個位置參加rainbow touch?」那時我感到莫名其妙，這個「彩虹之體驗」究竟有甚麼吸引之處呢？難道是刺激萬分、閃避不了的「閃避球」？抑或是突破界限、難以想像，由培基書院徒步跨山到突破青年村之旅？又可能是令人畢生難忘、騰雲駕霧的「大東山夜探」？無論是甚麼活動、在甚麼地方、或是與誰一起，我想答案是當中的同學能突破自己的信心，勇敢地接受無限的挑戰，儘管叫苦連天都要硬著頭皮去面對，最後能得到如「戰勝世界」的成功感，這是無可比擬的。

鄭文茵老師



魯賓遜漂流記



行行重行行，與君不分離！
四圍黑漆漆，我無眼睇喇。

「這次學習無疆界，我學會了很多東西。

學會了要堅持不放棄，我們行山走得很辛苦，很累但又要堅持走下去，到了山頂後，感覺很滿足，即使辛苦都是值得的。

我學會了忍耐，去露營的時候，滿身都是汗水，但又不能洗澡，感覺很嘔心...還有下山的時候，周邊都是牛糞，我們都是小心翼翼地走，以免「踩地雷」。

我學會了勇敢，以前的我是有畏高的，所以跳碼頭對我來說，是一個很大的挑戰。

我還學會了看地圖，雖然綜合人文科曾學了，但今次能學以致用，我覺得很有趣。

這次我認識了很多朋友，也明白到朋友的重要，因為當你行山的時候跌倒了，最需要的不是藥水膠布，而是有一個人來扶你一把。這五天，我覺得我上了人生寶貴的一課。」

1 Love (19) 林綺琪



培基雜技團七命行鋼線



你我手牽手，點解腳震震……



樂在其中……



猜猜是什麼？

點只軟硬簡單？



香港青少年濫藥的數字正在不斷上升，培基同學對毒品的認識有多少？我們希望透過這個課程，讓同學更加了解毒品的禍害，宣揚遠離毒品的訊息。

在這個七天的課程中，同學們進行了多個活動，包括資料搜集及匯報、參觀及探訪、話劇演出等。其中令我們覺得最深刻的算是探訪位於長洲的正生書院。這是一間為曾經犯事青少年而設的基督教學校，學生除了上課外，還須負責煮食、清潔、學校維修等工作，從而培養學生的責任感及建立正確的人生觀。

在探訪的過程中，培基的同學都可以感受到他們改過及重新做人的決心。當他們分享信主經過的時候，我們都深受感動呢！

曾文慧老師



同學們參觀金鐘賽馬會藥物資訊天地



正生書院的同學為我們表演茶道



同學們在搜尋資料後進行匯報



攝於南丫島的巴拿巴南丫島訓練之家



同學們在校內進行破冰遊戲，互相認識

M4 Leadership Training Programme



Big challenge!



Learning the good factors from different leaders.

No fear! Go ahead!

“ARKA!” Most of the students stood still, looking completely drained. It was the first day in the dance room at school.

“ARKA!” All students clapped their hands and stepped their feet rhythmically and enthusiastically. It's the last day at the ferry pier after the 6-day M4 Leadership Training Programme.

What a miracle!

On the first day, only a few students took the initiative to share their ideas with others. In fact, the vast majority remained silent and did not collaborate with each other. I was slightly disappointed at their performance and low team spirit but I kept cheering myself up, telling myself that it was exactly why they needed this programme.

On the last day, it was a whole, new picture. All of them loved sharing their feelings and thoughts with others. All of them were pleased to appreciate, serve, support and cheer for each other. I was absolutely amazed by their apparent change. I wished that their parents were also there, witnessing their children's growth.

I'm pretty sure everyone in this programme can still remember the following verse:

“Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity.”
(1 Timothy 4:12)

Ms. Ivy Man



「打破有色框框 建設融樂社區」

穿起民族服的姑娘，多漂亮！我們的女同學很羨慕呢！



輪椅競技賽



怎會又是我輸了？

紋身？是少數族裔的民間藝術！



不同膚色都可以成為好朋友！



洗衣？同學還得向愛容工場的學員請教！

透過這個課程，學生近距離地與兩個看似與我們關係不大的群體接觸，他們分別是香港的痲痺患者和居港的南亞裔人士。

在香港痲痺協會的安排下，我們探訪了愛容工場中的學員，我們的同學更與工場的學員一起工作（包裝、釘裝、洗衣……）、一起繪畫、一起打機、一起吃飯；同學還領一些學員出外逛街、買零食。最令同學難忘的，是與學員進行小小運動會。在這小小運動會中，最精彩的项目就是輪椅競技賽，同學都各有不同的體驗。坐在輪椅上被推的同學說並不是如想像中那麼舒服自在，反而心裡感到有點怕；負責推輪椅的同學又發現要好好控制一輛輪椅並不容易。活動後，同學都承認之前對痲痺患者有點誤解，現在不同了，有了認識，同學開始懂得接納和幫助他們。

另一方面，在這個課程裡，我們到了本港兩所積極為居港的不同族裔提供教育服務的學校，協助宣傳消除種族歧視的信息，並與校內的南亞裔學生進行交流。透過活動，同學對南亞裔人士的認識增加了，明白他們只是外表與我們中國人有點不同、生活文化與我們香港人有點不一樣，但其實大家都是一個普通人，不必存在偏見和歧視。在交流的過程中，同學很驚訝南亞裔同學的主動、熱情和親切，更驚訝的是他們竟能說出一口流利的廣東話。

通過這次課程，同學對香港的痲痺患者和居港的南亞裔人士有了多一點的認識，並開始思考共融的理念。我們深盼同學將來能以行動去實踐「打破有色框框、建設融樂社區」。

梁建欣老師

A Journey to Pinehill Village

I am quite impressed by LEWOWA because SPKC students can walk outside their classrooms and have contact with the whole world. This year, Miss Cherry Po and I were responsible for the programme 'A Journey of Pinehill Village'. That is just what the school's theme says 'Serving Heart', we were pleased to serve a group of disabled young orphans, who were unable to be independent and could not rely on their parents since they were usually abandoned by their families. Their situation is really a tragic. We all showed a great deal of sympathy for them.

Students in our group were looking forward to the programme. Unfortunately, because of the influenza and class suspension, for safety reasons, the whole schedule was suddenly changed. We felt very disappointed but immediately Miss Po and I rearranged the whole programme with the help from Dr. Law, teachers, District Councilor Chan Man Kuen and social workers. Students were arranged to prepare some handmade gifts for the orphans, attend a few training sessions and talks held by some experienced volunteers and social workers. Also, they interviewed the residents in Kwong Yuen Estate.

The change was unexpected. At first, I was not satisfied with it as I thought God really wanted me to serve the disabled. However, I found that God actually wanted us to learn a lesson: our inborn preference is to keep watch for somebody or something in the highest or lowest social hierarchy. It is the same case in serving others. We would automatically sort out the target groups which are usually disabled, kids and the elderly. For those who are in the middle, we are often not so aware of them.

A genuine "Serving Heart" is willingness to serve all people no matter who they are. Perhaps there are lots of people in need around us but we haven't discovered them. Therefore, I really thank God for giving us a chance to be concerned about our community through the programme and think of what "Serving Heart" is again.

'For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life.' (John 3:16)
May all of us learn from our God!

Ms. Ripple Chan



It's a bun, can't you tell?



Working hard, or hardly working?

Although we can't be there, we put our thoughts into handy-work for those children in Pinehill.



Caring Musical Team

The aim of this programme is to develop students' talents in performing arts and to encourage them to use their talents to serve others. Students are trained as actors, actresses, musicians, dancers and acrobats. Then they needed to create a musical and perform in the Fanling Hong Chi Association for mentally handicapped people.

Before the final performance, students went to a 2-day camp at the Chinese YMCA - Wu Kai Sha Youth Village (Ma On Shan centre). They were also given training and visited some centers related to performing arts. Below are shown some photos which were taken during the programme. Let's take a look at them.

Ms. Christine Wong

Through playing games, students get to know more about skills in drama and performing arts.



Some students are spinning plates; some students are wearing costumes. They are having their rehearsal for the final show.



We are on a visit to the Bethanie Campus of the Hong Kong Academy For Performing Arts (Pokfulam centre).

Students are singing musicals under the lead of Mr. Lui. Some of them are also responsible for playing musical instruments.



Aren't the photos beautiful?

This programme is very meaningful. In this programme, students not only learn more about performing art, but also people in need, their own talents, and how do they use their talents to serve others.

Multiple Intelligences Training (M.I.T.) was an opportunity for students to discover their own abilities and talents through trying different activities. M.I.T. was a 5-day journey that saw students exercising every physical and mental muscle in diverse activities such as pop-jazz dance, artwork, service work, drama, juggling, and outings. If students are to discover more about themselves, then the opportunities to discover are essential. Who knows what talents and interests students will discover in themselves if given the chance? Take pop-jazz dance as an example. Not only did students manage to learn an entire dance routine quickly, but a few eager participants expressed interest in further pursuing dance as a hobby. My best wishes to them!

Mr. Rickie Hung
Dance to the max!

M.I.T.



Artwork in the making

Teamwork + Artwork = Beautiful Collage

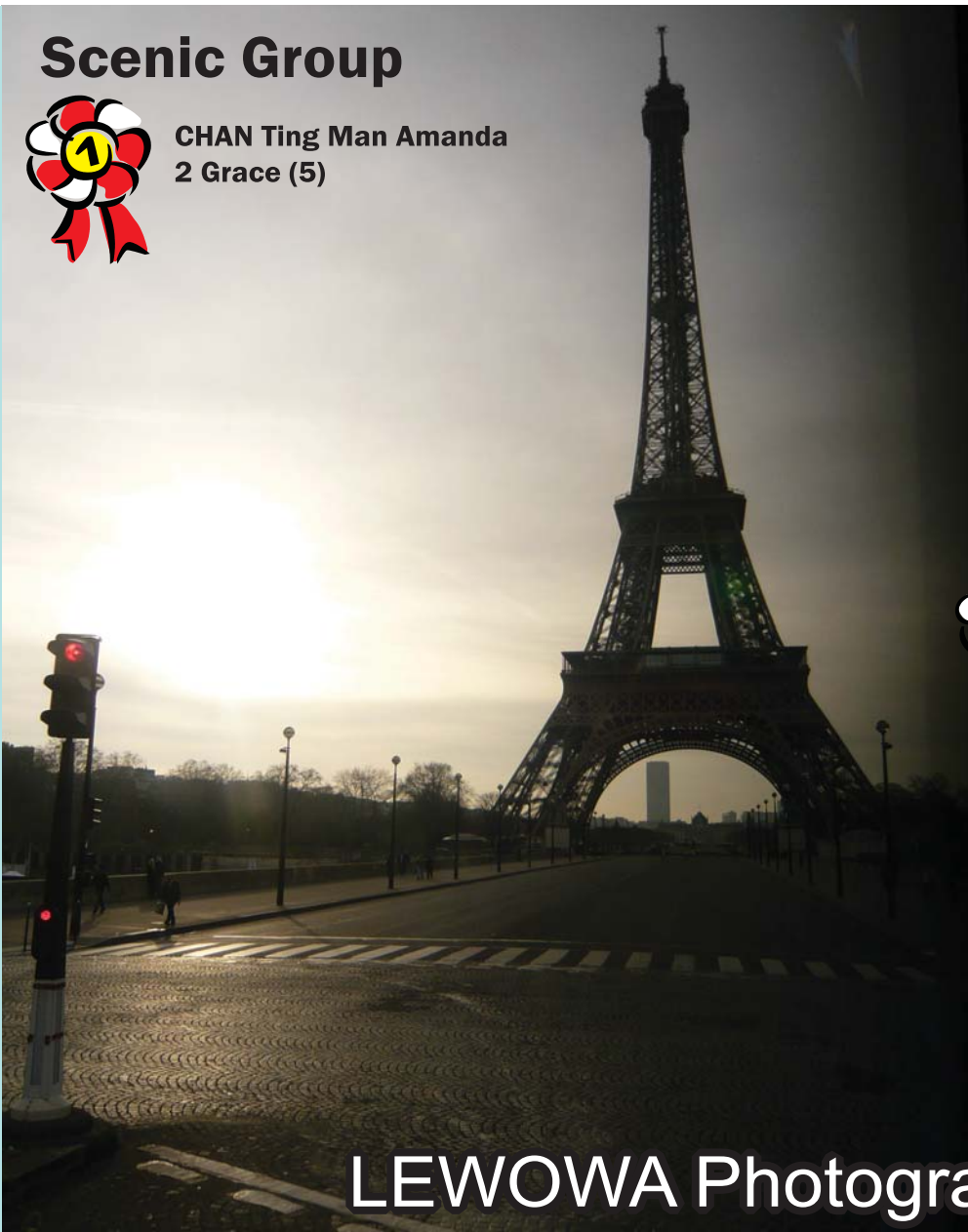
Look at the juggling props we've made!

Teacher, thanks for the wonderful dance lessons!

Scenic Group



CHAN Ting Man Amanda
2 Grace (5)



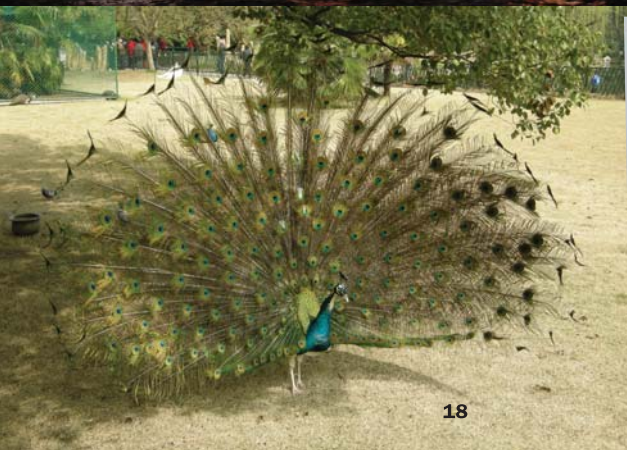
LEE Wang Hey 4 Grace (10)



SUNG Hong Yiu 3 Grace (29)

LEWOWA Photography Competition

Good Photos From Teachers





CHUNG Cheuk Sum 3 Hope (12)



LEE Wang Hey 4 Grace (10)



Portraits Group ▲ ▶

LEUNG Lok Sze 4 Grace (12)

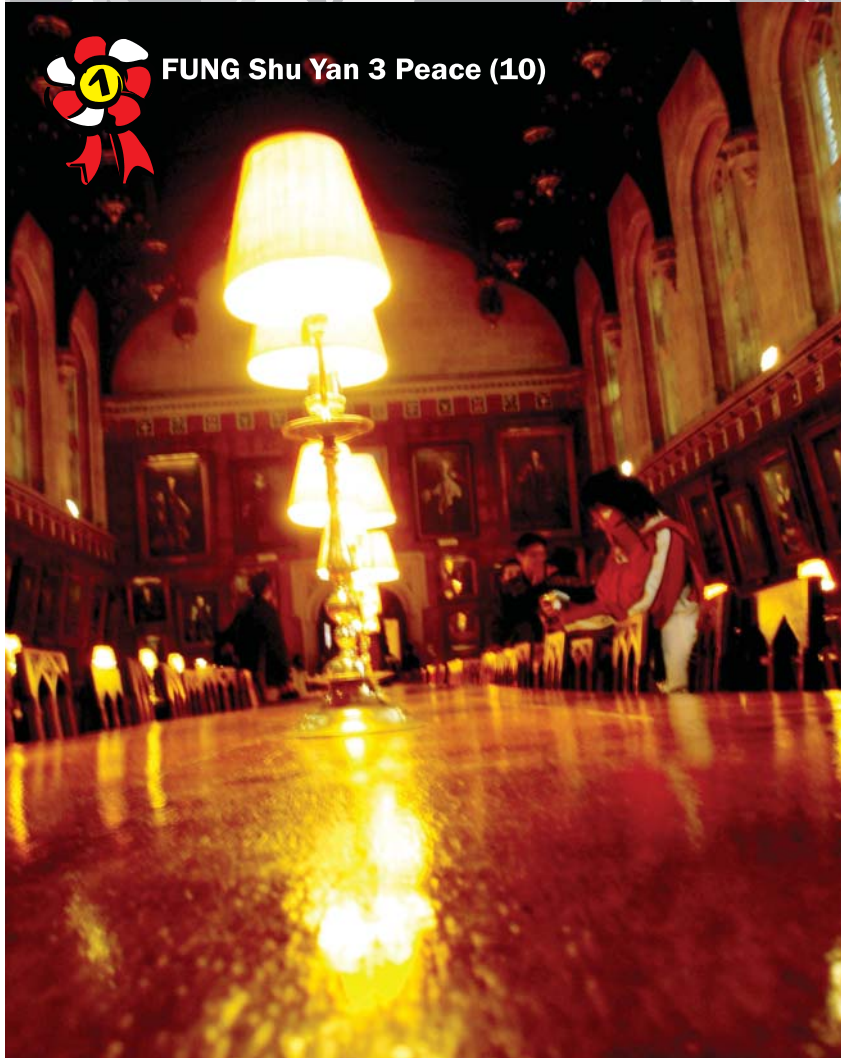


LEWOWA Photography Competition

Artistic Group ▼



FUNG Shu Yan 3 Peace (10)



LEE Wang Hey 4 Grace (10)



LO See Chai 2 Joy (21)

